



One-minute guide

Domestic Abuse: Safety Tips

Child Contact

- If unhappy about child contact arrangements, write a letter to the other party and try and reach an agreement that works for everyone. If children are of an appropriate age, include them in the decision making.
- If unable to come to an agreement, then seek legal advice as soon as possible.
- If there are concerns around contact, then this can be stopped whilst further information and advice is sought.
- Consider 3rd party support – this should be someone impartial and who is able to focus on the best interests of the child and is unlikely to side with either parent.

Signposting

- Gingerbread - <https://www.gingerbread.org.uk/>
- Child Law Advice - <https://childlawadvice.org.uk>
- www.onlymums.org
- www.onlydads.org
- Parenting Plan [Parenting Plan - Cafcass - Children and Family Court Advisory and Support Service](#)
- 2house app - Help separated parents communicate and become organised for the wellbeing of the children - [Divorced parents web & mobile app \(2houses.com\)](http://Divorcedparentsweb.com)



SURREY