

Adults, Wellbeing and Health Partnerships Information and Engagement Team

Monthly briefing

Information correct as of 22 May 2025

Breaking the silence: supporting male victims of domestic abuse in Surrey

Reigate and Banstead Borough Council, working in partnership with other key stakeholders, is leading a campaign to raise awareness that men can experience domestic abuse too.

Domestic abuse affects people of all genders. While women are disproportionately affected, it is important to recognise that men can experience domestic abuse too and they often face additional barriers to seeking support. Tragically, domestic abuse-related death reviews in Surrey have highlighted cases where men, feeling isolated and unsupported, have taken their own lives. They may hesitate to reach out due to stigma or fear of not being believed and this silence can have serious consequences.

Raising awareness of support services is crucial and reaching out for help is a sign of strength. Surrey's domestic abuse services provide confidential support for anyone affected by domestic abuse, regardless of gender. Your Sanctuary also offers a specialist male service tailored to men's needs. Mental health support is equally important, as abuse can lead to anxiety, depression, and suicidal thoughts. Local mental health services and charities are also available to help men recover and rebuild their lives.

Further information about <u>supporting male victims of domestic abuse in Surrey</u> is available online. Alternatively, to find out more about the campaign, please contact:

• Email: communitypartnerships@reigate-banstead.gov.uk

Book now for Managing My Health event

Surrey People's Group is working together with Pro-Active Community and Include on an event during Learning Disability Week. It is taking place on 20 June 2025 at Woodhatch Place, Reigate.

The event is for people with learning disabilities and will include workshops, a marketplace and refreshments.

The event is supported by Unum.

Date: 20 June 2025Time: 10am to 3:30pm

Where: Woodhatch Place, Cockshot Hill, Reigate, RH2 8EF



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The event is to provide accessible information and skills for adults with learning disabilities focused on managing their health. Free entry, food and refreshments provided.

Places are limited, so it is advised to <u>book a place to attend the Managing My Health event</u>, as soon as possible.

Voluntary Sector Frailty Awareness Training

Frailty Awareness Training is designed for voluntary sector staff working with older people, vulnerable adults, or in a community care setting.

This free and interactive session will equip people with essential skills to:

- identify and assess frailty to take timely and effective action
- promote person-centred care and improve communication with families and carers
- manage frailty proactively with strategies that enhance physical and mental well-being
- strengthen practice with insights into legal, ethical, and safeguarding principles

The training dates and locations are as follows:

- Thursday 10 July 2025, 2:00pm to 4:00pm at Haslewey Community Centre, Lion Green, Haslemere, Surrey, GU27 1LD
- Tuesday 15 July 2025, 2:00pm to 4:00pm at Rowleys Community Centre, Victoria Road, Cranleigh, Surrey, GU6 8NT

Registration for the Voluntary Sector Frailty Awareness Training is available online.

For any questions, please contact Amber Linell:

• Email: a.linell@vasws.org.uk

New interim chief executive announced for CSH Surrey

Tom Smerdon has been appointed interim chief executive of CSH Surrey, effective from June 2025, following the announcement of the retirement of Steve Flanagan who has led CSH Surrey since 2018.

Tom, director of strategy and sustainability at Ashford and St Peter's Hospitals NHS Foundation Trust, brings expertise in strategic development and collaboration. He will serve for six months while a permanent chief executive is recruited.

Further details about the <u>interim chief executive appointment for CSH Surrey</u> is available online.



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New campaign from ADASS

Care Can't Wait is a new national campaign from ADASS (Association of Directors of Adult Social Services) that aims to raise awareness about what adult social care is and how it enables millions of people to live their life on their own terms.

This powerful new campaign features stories from people who draw on a range of care and support to live and work independently. These stories highlight what's possible when care works well, and why we need urgent reform, so that more people can get the support they need to live the lives they want to lead.

Further information about the Care Can't Wait campaign is available online.

National Audit of Care at the End of Life (NACEL)

The National Audit of Care at the End of Life (NACEL) is a national comparative audit of the quality and outcomes of care experienced by the dying person and those important to them during the last admission leading to death in acute hospitals, community hospitals and mental health inpatient providers in England, Wales and Jersey.

The <u>NACEL Bereavement Survey</u> is a survey for the friends and family of someone who died between 1 January to the present. The aim of the survey is to give those close to the person who died, an opportunity to share their views on the care and support provided. All feedback will remain anonymous.

Further information about the NACEL Bereavement Survey is available online.

Latest news from Healthwatch Surrey

The <u>Healthwatch Surrey May 2025 Insight Bulletin</u> focuses on thanks and praise for GP practices, NHS dentistry, GP practices and how patients do not feel listened to, along with the lack of communication about waiting times, causing stress for many in hospitals.

They also highlight how they have affected change by sharing their Quarterly Impact Report.

Reports Healthwatch Surrey has published since their last bulletin include:

- What we're hearing about EMED's provision of non-emergency patient transport in Surrey Heartlands
- Understanding the self-funder journey to living in a care home March 2025
- What we're hearing about East Surrey March 2025
- What we're hearing about The Molebridge Practice March 2025
- What we're hearing about Glenlyn Medical Centre February 2025



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 What we're hearing about people with mental health needs in acute hospital trusts -February 2025

Community Mental Health Survey 2025 and insight from 2024 Survey

Surrey and Borders Partnership NHS Foundation Trust (SABP) is currently in the development stage of the Community Mental Health Survey 2025 (CMH25) and is seeking to conduct stakeholder and service user interviews.

CMH25 provides an opportunity for service users to share feedback on their recent experiences with NHS community mental health services. The data collected is used by the Care Quality Commission (CQC) in its assessment of mental health trusts in England. NHS community mental health trusts use the survey findings to evaluate their performance in service quality and user experience, identifying areas for improvement.

If you are aware of service users who would like to contribute, SABP would greatly appreciate their involvement. Service users can register their interest as follows:

• Email: volunteer@surveycoordination.com

Further information about the service user interviews is available online.

The latest survey of people using community mental health services has found that some people are not able to access care when they need it.

Over 14,000 people were asked about their experiences of community mental health services finding that 40% of the people who responded said they were waiting too long for care. A third of people (33%) waited three months or more for their first treatment and 4 in 10 people said they did not receive any support while they waited.

Results from the annual survey are used to build an understanding of the risk and quality of services. The <u>community mental health survey results for individual local trusts</u> are available online.

Eat Well, Spend Less (EWSL) course 2025

Runnymede Foodbank is holding its next <u>Eat Well, Spend Less course</u> on Tuesdays from 10 June 2025, 10am to 12:45pm. This free four-week course will teach people how to cook good food and enjoy a healthier lifestyle. For more information and to book a place, please contact Runnymede Foodbank as follows:

• **Telephone**: 01932 943056

• Textphone via Relay UK: 18001 01932 943056

• Email: eatwellspendless@runnymede.foodbank.org.uk



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Catalyst Support online chair yoga course

Catalyst Support is offering a six-week course of 45-minute online chair yoga classes, suitable for all abilities. Taking place from Thursday 5 June 2025 to Thursday 10 July 2025, the classes aim to connect to the body and breath through slow, mindful movement.

For registration, please contact Catalyst Support via:

• **Telephone**: 01276 409415

Text: 07919 541424

• Website: catalystsupport.org.uk

Looking for Surrey's missing carers

With around 120,000 unpaid carers living in Surrey, many are not accessing the support available locally. Action for Carers Surrey is trying to get more unpaid carers to come forward for help. Around Carers Week (9-15 June 2025), they will be trying to find the missing carers who are not yet signed up for support.

The charity offers a wide range of entirely free services and activities, covering practical, legal, financial and emotional matters. From help with benefits forms and advice on rights, to support groups, practical care, wellbeing events, free days out and more, people will find all the support they need, helping them feel less alone, more informed and hopefully more positive about the future.

Further information about Surrey's missing carers can be found online.

Citizens Advice Runnymede and Spelthorne drop-in service

Citizens Advice Runnymede and Spelthorne are holding their <u>drop-in advice service</u> from May to July 2025. They offer help with money, benefits, housing or employment problems. Attendees should be aware the drop-in service is limited to 15 minutes of initial explanatory advice, and they are unable to complete forms, such as PIP. A telephone appointment will be offered if more detailed advice or form filling is required.

'Preparing for adulthood' co-produced report

'Preparing for adulthood', is a new co-produced report from Think Local Act Personal (TLAP), exploring how to ensure a smoother process for people.

It shares practical recommendations based on what people said really matters:

clear and timely information



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- · early planning
- being seen as a whole person
- real choice and control

Baseline dementia assessments for people with learning disabilities

The Community Teams for People with Learning Disabilities (CTPLD) carry out baseline dementia assessments for people with Down's Syndrome over the age of 30. It is important to understand people's current functioning so that if concerns are raised in the future they can be compared, helping to diagnose dementia more quickly and effectively.

GPs, carers or self-referral can all be done via a referral form that can be accessed from a local CTPLD.

East Surrey:

• **Telephone**: 01372 216 280

• Textphone via Relay UK: 18001 01372 216 280

• Email: ctpldeast@nhs.uk

West Surrey:

• **Telephone**: 01932 587 080

• Textphone via Relay UK: 18001 01932 587 080

• Email: rxx.ctpldwest@nhs.net

Stanwell walk-in vaccination sessions

The Alliance for Better Care is offering walk-in COVID-19 vaccination sessions for residents aged 75+ and those who are eligible based on NHS criteria, with no appointment necessary. Sessions will be available at the Stanwell Family Centre (activity room), Hadrian Way, Stanwell, Staines-Upon-Thames, TW19 7HE on Tuesday 3 June 2025, Tuesday 10 June 2025 from 10am to 2pm, and on Tuesday 17 June 2025 from 10am to 12pm.

Eligibility for any of the vaccinations, can be confirmed by turning up to speak to a member of the team or by calling 119.

Further <u>information about the walk-in COVID-19 vaccination sessions</u>, including more dates and venues is available online.



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Latest from Care Quality Commission (CQC)

Health and social care support for people with dementia

The CQC has just published their <u>Dementia Strategy</u>: a review of the experiences of people with dementia and how health and care services are responding.

The number of people being diagnosed with dementia is increasing. In February 2025, nearly half a million people in England had a dementia diagnosis.

The likelihood of developing dementia, becoming an informal carer or both in a lifetime in the UK is 55% (around 1 in 2).

For this report, the CQC has looked at what people's experiences of living with dementia when using health and adult social care services, including the experiences of families and carers.

Patients Association webinar

Sir Julian Hartley, Chief Executive of CQC, will be taking part in a webinar to talk about his vision for re-building a trusted approach to regulation. He will also discuss his approach for leadership, and how regulation can help drive services to improve.

The event is being run by the Patients Association, an independent patient charity campaigning for improvements in health and social care for patients. It will be hosted by their Chief Executive, Rachel Power, from 9:30am on Friday 20 June 2025.

The webinar is free and is open to healthcare providers, patient advocates, policymakers, and anyone who uses care services.

Further information about the <u>Patients Association webinar</u>, including how to book a free place is available online.

Final opportunity to take part in Surrey County Council's Countryside Visitor Survey

Residents and visitors are being encouraged to take part in a survey designed to help understand how they use and enjoy Surrey County Council's countryside spaces.

So far, Surrey County Council has received some fascinating insights including:

- 66% of people travel to a countryside space by car
- 70% visit to improve mental health
- 65% consider litter and dog waste to be the biggest issues affecting the countryside

The Explore Surrey Countryside Visitor Survey is open until Friday 30 May 2025.



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Current open Surrey County Council consultations

Find all open Surrey County Council consultations on Surrey Says.

Submitting an article for the Adults, Wellbeing and Health Partnerships Information and Engagement Team Briefing

If you would like us to include an article on behalf of your organisation in the next edition, please email: asc.engagement@surreycc.gov.uk

Please note that we are unable to include attachments when we circulate the briefing, so please ensure that any documents that you wish to reference are uploaded to your own organisation's website or a partner website.

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