



One-minute guide

Your child's 2-year integrated review (27 months)

What is the 2-year integrated review?

When your child turns two, you will be offered two development reviews

- One by members of the health visiting team, often referred to as the health and development review. The health and development review will often take place when your child is around 27 months of age.
- One by your child's early years setting, (nursery or pre-school). This is often referred to as the progress check at aged 2.

What is the purpose the 2-year integrated review?

The purpose of the 2-year integrated review is that all parties, (yourself, your child's early years setting and the health visiting team), work together to review your child's progress, health, and development. The 2-year integrated review allows any emerging developmental concerns to be identified and particular support or advice offered to your child at the earliest point.

What should I expect from my child's health and development review?

The health and development review at age two is part of the Healthy Child Programme. Health visitors gather information on a child's health and development. Parents complete an ages and stages questionnaire (ASQs) prior to the appointment. These are screening tools that assess your child's developmental progress and make it easier to identify a child's strengths as well as areas where they may need support. The review will take place at a Family Centre, clinic or community building and will last one hour. Usually this is a group assessment (up to 6 children), run by community nursery nurses and they will chat individually to parents. If the child already has an identified additional need, these checks/assessments will still be offered on a 1:2:1 basis with a Health Visitor. The health visiting team will review the questionnaires and the progress check from your child's childcare provider, if they attend one. During the review parents can discuss other areas of their child's health, such as:

- growth, healthy eating and keeping active
- managing behaviour and encouraging good sleeping habits
- dental health
- keeping your child safe
- vaccinations
- hearing and vision

They will also ask your child to carry out some simple exercises and use all supplied information to check that your child is progressing as they should be. If they feel that your child needs more

