

To find out more about our services contact your Council



Telephone: 01372 474552
Website: www.elmbridge.gov.uk



Telephone: 01372 732000
Website: www.epsom-ewell.gov.uk



Telephone: 01483 505050
Website: www.guildford.gov.uk



Telephone: 01372 204500
Website: www.molevalley.gov.uk



Telephone: 01737 221030
Website: www.reigate-banstead.gov.uk



Telephone: 01932 425865
Website: www.runnymede.gov.uk



Telephone: 01784 446389
Website: www.spelthorne.gov.uk



Telephone: 01276 707659
Website: www.surreyheath.gov.uk



Telephone: 01883 722000
Website: www.tandridge.gov.uk



Telephone: 01483 523088
Website: www.waverley.gov.uk



Telephone: 01483 755855
Website: www.woking.gov.uk

Community Support Services across Surrey

A guide to services in Surrey supporting older or disabled residents in the community.

Sometimes we all need a little help. Your local Council provides services which can assist you in staying independent at home and improve your wellbeing. This guide gives a brief overview of our support services and details on how to contact us.

Meal Services

- Meals can be delivered at home up to 7 days a week for as long or short a period of time as required.
- A nutritionally balanced hot lunch and dessert can be provided with the option of a tea service and, in some areas, a breakfast service.
- Dietary and cultural requirements can be catered for at no extra cost.
- Frozen meals can be delivered in some areas.
- Hot lunches are available at our Social Centres for the Community.

A delivered meal service runs in all Boroughs except Mole Valley and Reigate and Banstead.

Elmbridge provides Meals on Wheels to residents in Leatherhead, Bookham and Fetcham. Epsom and Ewell covers Ashstead. Tandridge provides Meals on Wheels into Horley.



See inside for details of our services and how we can help support you

Community Alarm

- Help is available at a touch of a button, 24 hours a day, 365 days a year.
- Additional Telecare sensors such as smoke alarms, fall detectors and electronic pill dispensers are available.
- Contact your local Borough or District Council for information on introductory offers.



GPS Alarms are available across Surrey for residents who feel vulnerable out in the community or become unsure of their whereabouts.

Community Transport

- Dial-a-Ride is a door to door accessible transport service which enables you to visit family and friends, attend appointments, go shopping and access clubs and venues.
- Centre Transport offers door to door transport to and from our Social Centres for the Community.



A number of Boroughs offer a Community Cab service. This is a smaller adapted vehicle offering travel to locations locally or further afield.

Social Centres

Social Centres for the Community are caring environments that can offer the opportunity to socialise, exercise and take part in a wealth of activities.

- Arts, crafts and computer training.
- Exercise classes for all abilities.
- Hot lunchtime meals.
- Outings and events.
- Hairdressers, beauty services and chiropody.



Dementia and memory loss

- Advice and support relating to memory loss and dementia is available at Wellbeing Centres across Surrey.
- Specialist day care and respite sitting services are available in some areas.
- Telecare equipment and the Community Alarm can help support those with memory problems to live independently at home.
- Support, activities and social events for carers.



Around the home

Providing an advice service for older, disabled and vulnerable residents helping them to stay safe, warm and independent in their own home.

Services include:

- Caseworkers to help identify any repairs or adaptations needed.
- Advice on applying for financial assistance.
- Provide adaptations including level-access showers, stair lifts, extensions, ramps and railings.
- Handyperson Service.
- Energy efficiency advice and improvements.



Specialist support groups

Specialist support groups are available throughout Surrey.

Specialist groups support people living with conditions such as Parkinson's, stroke and Alzheimer's. Exercise classes are available in some Boroughs to support people with these conditions and people in recovery from illness.

For further details about support groups in your Borough, contact your local Council (details overleaf).

