



Surrey Family Information Service

Talking Time: Baby

Set 1 of 2

These cards have been designed to help you support your child's learning. You can do this any time and most of the activities will only take a short amount of time.

Children learn best when they are playing - so have fun!



For more ideas, click on the Every Child a Talker link on the Surrey Family Information Service homepage

www.surreycc.gov.uk/fis

Quality time

Meal Times





Talking Time:

Baby

Blowing bubbles

Children of all ages love bubbles, you can use shop bought bubbles or make your own.

Blow bubbles for your baby and watch how they react. Share their enjoyment and copy the sounds they make.

Bubble recipe

- 600 ml of water
- 150 ml of washing up liquid
- 2 tablespoons of glycerine (available from the chemist)



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Talking Time:

Baby

Moving to music

Everybody enjoys listening to music whether it is nursery rhymes, classical, pop or music from around the world.

Moving to music is a great way of letting your baby express themselves. Hold your baby in your arms as you move to the beat. Being held will make them feel secure. The beat will remind them of the heartbeat they felt and heard when they were inside the womb.

Even young children will copy your movements, such as clapping hands if you are close enough for them to see. You could sing:

Pat-a-cake, pat-a-cake baker's man
Bake me a cake as fast as you can
Prick it and pat it and mark it with B
And put it in the oven for baby and me



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Talking Time:

Baby

Playing games

Playing games with your baby can be fun and will help them to learn about taking turns. Choose a game that doesn't take too long.

Playing games with your baby can be simple. They drop a toy, you pick it up and give it back to them and then repeat this.

When your baby can sit up, roll a ball to them, for your baby to roll back, or build a block tower together.

Play rhyme games with your baby such as Round and Round the Garden, Pat-a-cake or This Little Piggy.

This little piggy went to market
 This little piggy stayed at home
 This little piggy had roast beef
 This little piggy had none
 And this little piggy went wee, wee,
 wee all the way home



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Talking Time:

Baby

Messy play

Babies love to get messy and use all of their senses to explore the world around them. Let your baby know it's okay to be messy. It's a good idea to try this before bath time.

Sit your baby in the high chair and let them play with some mixture on their tray. Let them get used to the feel of something different on their hands.

Don't worry if some of the mixture ends up in their mouths as this is how babies explore.

Use any of the following mixtures:

- Jelly
- Cooked pasta
- Cooked rice
- Mashed potato
- Gloop (mix cornflour or custard powder and water until it is stiff, it will become more liquid when handled).

Copy the actions and noises your child makes as they explore. This will help them to interact and tune into sounds.



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Talking Time:

Baby

Play dough recipe

1 cup of plain flour

1/2 cup of salt

1 tablespoon cream of tartar

1 tablespoon of oil

1 cup of boiling water mixed with food colouring

Mix together the ingredients and knead until smooth, it will keep in a sealed container in the fridge.

Talk about all the things you can do with playdough, use words like squish, squash, stretch and roll.



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Talking Time:

Baby Cooking

A bib will help keep your baby clean. Babies need to explore their food.

- Let your baby see, smell and touch their food. This will help them to learn about it.
- Praise them when they start to feed themselves.
- Let them watch when you are cooking. Tell them about what you are doing.
- Give older babies a plastic bowl and a spoon to play with while you are cooking so that they can copy you.

Did you know that encouraging your baby to eat hard foods when you are weaning them is good for their speech, as it develops the muscles in their mouths?



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Talking Time:

Baby

Washing hands

It is really important for babies to learn how to wash their hands and it can be fun too.

After changing your baby's nappy and before and after a meal, wipe their hands with a clean flannel or a baby wipe. Talk to them about what you are doing.

When you are cleaning your baby's hands say a rhyme.

Round and round the garden
Like a teddy bear
One step, two step
Tickle you under there!
Search on You Tube to see the actions.



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Talking Time:

Baby

Eating together

Having meals together helps babies understand how to take turns and join in the conversation.

- Turn off the TV or radio as this will encourage everyone to talk.
- Talk to your baby as you're feeding them.
- Your baby will love to listen to voices as people talk around them.

Talk about what you can see and what the baby can see.

Describe the food your baby is eating. Count spoonfuls as you feed your baby.



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Talking Time:

Baby

Washing up or stacking the dishwasher

Make washing up into a game for your baby. Keep it fun and take the opportunity to chat.

As they watch you wash up or stack the dishwasher, talk about what you are doing and the sounds they can hear such as the running water.

Use words such as:
splish, splash, clink, clunk, drip, swoosh, beep.

Blow bubbles with the washing up liquid and water for your child to see.

Bubble recipe

- 600 ml of water
- 150 ml of washing up liquid
- 2 tablespoons of glycerine (available from the chemist)



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