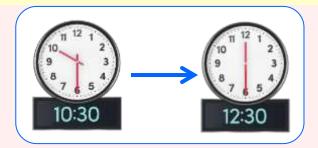




# Learning Disability Partnership Board Minutes





Chaired by Anna Waterman on Teams.

### At the meeting we talked about:



 Partnership Board Terms of Reference



NHS 10 Year Plan



Local updates

# **Partnership Board Terms of Reference**



Amanda talked through the Partnership Board Terms of Reference.



The terms of reference are reviewed once a year.



This was an opportunity to look at this together at the meeting.



Members agreed the terms of reference.



If you can read the terms of reference for the <u>Learning Disability Partnership Board</u> on our website.

# NHS 10-year plan



Amanda gave a brief introduction about the NHS 10-year plan.



The Department of Health and Social Care is a team in the Government that runs the NHS.



The NHS has some problems.



It needs to change so people can get the health and care services they need.

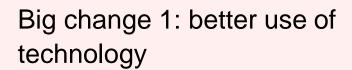


But they need to learn from people's personal experiences and hear ideas.



Amanda explained the 3 areas the government want to focus on.





Big change 2: move some care from hospitals to communities

Big change 3: do more to stop people getting ill

Members were split into 3 break out rooms to talk about 1 of the 3 big changes.





The feedback from this work will be submitted to the NHS 10 year plan for the Learning Disability Partnership Board.

# Big change 1: making better use of technology



Hopes about technology:



More use of video appointments to make it more flexible, save time, and travel.

It will save Doctors time as well.



Using tech that is simple to use and accessible.



Making sure it is clear and easy and shared with the right staff.



### Fears about technology:



In video calls with doctors the person is not always visible. Medical staff may speak to a carer / family and not see the person at all.



Technology can be hard to use and might stop people using it.

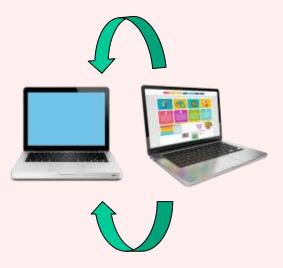


Appointments should be available in person and online, need to be able to choose what is best for each person.



Some digital systems are not accessible for people with learning disabilities. Apps are very hard for people to use.

### The first 3 technologies to get should be:



 Digital systems that talk to each other or information available all in one place. Would help with reasonable adjustments.



 Video appointments to help people who struggle to travel to appointments. Making sure there is a choice to have in person too.



3. Better access to technology for NHS staff- accessibility to tech for staff is important so that they could use it when they are going around the hospital to support.

# Big change 2: moving more care from hospitals to communities



Community healthcare is better for some patients.



It will allow hospitals to look after people who are very sick or who need help fast. Good things about moving care from hospital to communities





Community services will be local and more friendly.



More space in hospitals.



Quicker accessing community healthcare



Less stressful environment.

Bad things about moving care from hospital to communities



Community services need to do better in providing accessible information.





For example, information about medication being in easy read and pharmacies hearing loops.



Worries about waiting for hospital appointments.





Hard to know who does what, when there is a lot of change.

### Good things about virtual wards:



People will be more comfortable at home.



Free up hospital beds for people that need it.



In hospital staff wearing masks makes it hard to understand what they are saying.

### Bad things about virtual wards:



Pressure on family carers to learn new technology. Many are older people.



Wearing technology can be uncomfortable. What if things go wrong?

# Big change 3: preventing sickness not just treating it



When people are well, they are less likely to need hospital which is better for people and the NHS.



Community services can really help in this area.



Culture is important. For example, using food as a treat.



Learning about the right food and education needs to start at a young age.



Have the side effects of weight loss injections for people with learning disabilities been researched?

# Things the NHS should focus on to stop people from getting ill:



Giving better guidance on healthy lifestyle.

Information including public health information must be accessible and in easy read.



Understanding that people with learning disability may have a mental health need too and need treatment.



Make sure people have their annual health checks and health action plans.

### **Local updates**



The technology strategy has started their reference group.



Amanda said we will be voting about electing a chair for the West and East Surrey People's Group.





We are running two separate groups. The next meetings are 24 January and 7 February.



We are talking about the NHS 10 year plan at both meetings.

We will submit feedback from both meetings on behalf of Surrey People's Group.



Action: Narmadha to make sure Lisa and Angela check they are on the mailing lists.



Christina said she wanted to share some news which made her happy. She said that Surrey Choices have been able to help people to get jobs in Nandos.



Yasmin said Surrey Coalition has now got some National Lottery Funding.

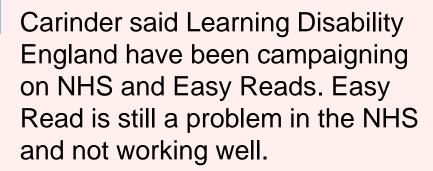


They are hoping to put on multiple sports events at the YMCA once a month.



It won't be just sports, but a variety of other creative activities like craft work.









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Emma Langdon said there is Carers Job Fair taking place at Camberley Theatre on Wednesday 26 February 2025.





If people are looking for work and training opportunities or looking to have a chat. If people want to come along.



If people prefer a quiet time to come to the event, come towards the end of the session.

# **Next Meeting:**

March

13





Next meeting: Thursday 13 March 2025 at Pine and Plane, Woodhatch Place and Microsoft Teams.

# Members who came to our January 2025 meeting

#### Co-Chairs

Anna Waterman- Head of Commissioning

#### People with a learning disability

Carinder Malhi

#### Family Carer Representative

Susan Seery

#### **Provider Organisation Representatives**

- Jade Vallance- Director of Care, Active Prospects
- Christina Earl- Head of Innovation and Business Development, Surrey Choices
- Yasmine Broome- Involvement Lead, Surrey Coalition
- Alix Lewer- Head of Include.org
- Emma Langdon- Disability Employment Advisor, Job Centre
- Dexter James, Surrey Choices

#### Surrey County Council representatives

- Amanda Aldridge- Engagement and Partnership Officer
- Narmadha Kothandapani- Senior Business Support Assistant
- Tom Moore, Senior Comissioning Manager

# Members who came to our January 2025 meeting

#### Surrey County Council representatives

- Paul Baker, Senior Manager for Transitions
- Simon Abbot, Senior Manager for People with Learning Disabilities and Autism
- Fadzai Tandi, Director of Disability Services
- Melanie Randall, Carers Practice Advisor with Learning Disability and Autism West

#### Health Representatives

- Jane Owens, Surrey Healthwatch
- Fi Bovino, NHS Surrey Heartlands Transformation Lead
- Lauren Bowller, Learning Disability Nurse at Royal Surrey
- Lisa Ryland, NHS Surrey Heartlands
- Angela Dobbyne, NHS Surrey Heartlands ICB
- Rachel Higginson- British Sign Language Interpreter
- Carrie Moorhouse- British Sign Language Interpreter