

Surrey People's Group meeting minutes



Held on 2 March 2022
from 10:30am to 12 midday
At Woodhatch Place and via Zoom

Meeting summary



Welcomes and introductions

Welcomes and introductions were made.



News

Due to what is being currently discussed in the news regarding Russia and Ukraine. If you are worried at all we want, you to know that:



- You can talk to staff if you are worried.
- You can talk to parents / friends / family if you are worried.
- Easy-Read resources will be shared to support you.
- Remember everything you hear, is not always true.
- We need to be kind to each other.



Digital Initiatives – Mikoto Najajima and Non Hill

healthwatch
Surrey



Mikoto and Nom are from Surrey Heartlands and they would like people to share their stories about using digital technology and when they have used it to help if you were unwell, taking care of your house or to make new friends.



Digital technology means things like:

- Equipment, for example: computers, laptops and smart phones
- 'Tools' you use, for example: web sites, apps and other software.



The team want to hold focus groups, your stories will help to **find the best technology and tools** to help you.

The team will make sure your answers are not shared other than with those that work for Surrey Heartlands.



Your personal data will not be shared.

You do not have to answer any questions you don't like.

Feedback from the group



- When talking to health professionals using technology it can feel like they are not 'hearing you'.
- WiFi issues, a lot of people said they prefer to meet their GP's in person.
- Prefer to see their GP's in person as it is easier, and you get a better outcome and a better explanation.

If you would like to give further feedback or take part in the focus group or interviews, please email:
imogen.osborne.surreycc.gov.uk

General

Learning Disability England

Learning Disability England is bringing people and organisations together to create a movement for change where people with learning disabilities, families, friends and paid supporters come together on an equal basis.



The Conference is 15th, 16th and 17th March all via zoom. If you are not a member you can ask Helen Guest for tickets as she has booked 10 for each session.



Targets for the Spring

Feedback from the group:

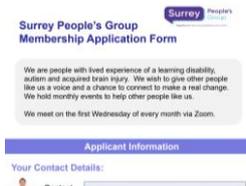
- To see cherry blossom trees.
- Active Prospects did a 33k challenge and raised £360!!
- To lose weight
- Eat more vegetables
- To keep fit
- To see and connect with people now.



The month of March

Mothering Sunday – Mother's Day is on Sunday 27 March! The group talked about what they were doing for Mother's Day. A reminder that this may be a difficult time for some, so please be kind.

Membership Forms



Surrey People's Group have produced a membership form, this has been attached onto the email with the minutes. Please ensure that you fill this out and send to: ldcommunications@surreycc.gov.uk



Action: Helen to resend the Membership Form.

Face to face meetings



Everyone agreed that they enjoyed meeting face to face again and that they would like to do this more often.



We had some feedback that people found a face to face and zoom meeting together quite confusing as you could not always hear what people were saying.

We may do alternate meetings, once zoom meeting and then the next month will be face to face. We will confirm the lay out of our next meetings soon.

2022 Tree of Thanks



Helen Guest, Active Living explained that they have planned a 2022 Tree of Thanks. The purpose of this tree is to think of something you are thankful for, and produce a label, the labels will be laminated and put in a central location or somewhere within the service. You can add a blossom too to bring colour

Next Meeting



- For our April meeting we will be focusing on Easter and festivals, planting and vegetables, recipes and ideas for health and sports, accessibility for venues for adults with disabilities - theatres, restaurants.
- We would like everyone to reach out to five people they think would like to attend the group and invite them to come along to our meeting.