

Find information and support Family Information Service

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SurreyFIS SurreyFIS

surreycc.gov.uk/fis

PROFESSIONAL

I need some advice with a family – the teenage son has ADHD and very challenging behaviour. He has refused to engage with mental health services.

He is struggling at school. He struggles with his mental health and targets his parents during angry outbursts

Send a shortlist of parenting support groups on FIS directory

PARENTS

Use the Local Offer website to signpost parents to information pages about school support

Use the FIS directory to find local parenting courses on parenting teenagers

Send list of local youth groups for teenagers with ADHD, listed on the FIS directory

HELPING A FAMILY WITH THEIR SON'S
CHALLENGING BEHAVIOUR

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Send a list of organisations which offer emotional support to parents (through helplines or counselling) who have a child threatening suicide

Send details of a youth support programme which supports young people who refuse to engage with mental health services

Use the **FIS directory** to send a shortlist of services that support young people with mental health

TEENAGE SON

Use the FIS directory to send a shortlist of services that offer 1:1 and group help to disengaged young people

Use the FIS directory to link to services which provide activities for young people with challenging behaviour