



Personal, social and emotional development checklist

- This checklist must be used alongside the Early Years Outcomes and Development Matters in the Early Years Foundation Stage
- It can be used by a key person to support children's PSED
- It can be shared with your colleagues to develop practice
- Consider the range of ages and stages of all children in your setting
- Consider the learning style of boys and girls
- It can support you to identify what is working well and what you can do next
- It will support you in providing an environment that promotes the Characteristics of Effective learning.

Date: _____

Within your everyday routine did you.....	Yes/no	Comments/what can we do next?
Meet and say goodbye to your key child?		
Spend unhurried, playful 1-1 time with them? (Remember: boys and girls react in different ways)		
Sing a song or say a rhyme? (At different times of the day. Share a book)		
Recognise and share in something they did? (Remember to acknowledge positive social behaviour)		
Help them to solve a problem? (Remember to encourage them to use communication/words or provide words for non-talkers)		
Talk about feelings...yours and theirs? (Remember to name different emotions)		
Support them in making choices? (Do you know what their interests are?)		
Encourage them to try something new? (Remember to offer challenge in everyday experiences, for example putting own shoes on)		
Notice who they played with and encourage interactions with their peers?		
Give them a hug, have a giggle and a snuggle!! (Show them you enjoy their company)		
Encourage them to gain confidence in becoming independent? (Give them time to do things by themselves)		
Have a chat with parents?		

Use these useful websites: [What to expect when?](#) [Surrey Early Years - Learn with me](#)