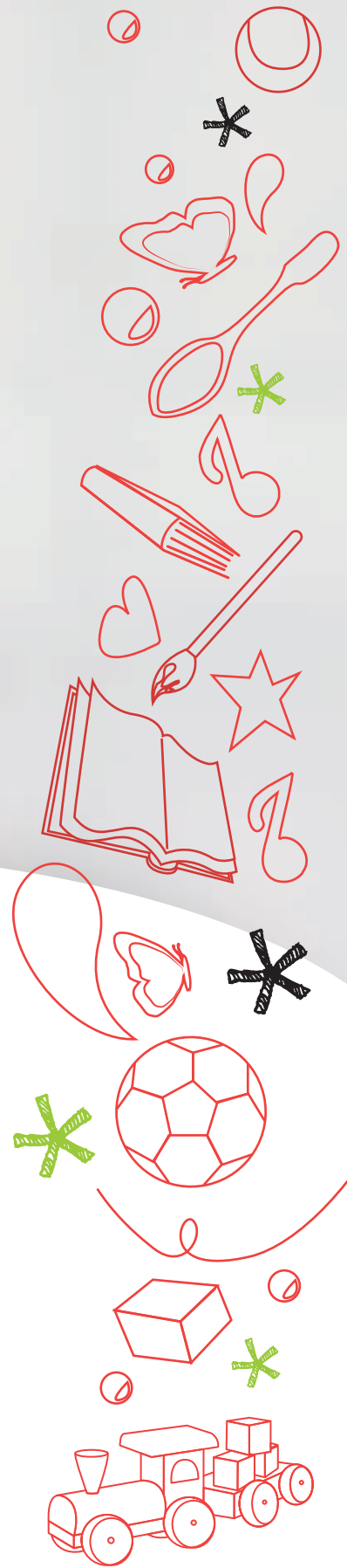


# 18 to 24 months

## \* \* Move with me \* \*



### PHYSICAL DEVELOPMENT TIPS

- Provide toys with wheels for your child to push and pull.
- Give your toddler opportunities to practice taking off their clothes.
- Play ball games for kicking and throwing.
- Provide lots of opportunities for your child to climb up and down stairs.
- Go for walks outside on different surfaces.
- Provide many and varied books for your toddler to practice turning pages.
- Provide lots of different types of materials to make marks with or in, such as pudding, whipped cream, shaving cream, lotions, sand and mud, thick short marker pens.
- Provide large surfaces for making marks on.
- Sing finger rhymes together such as Round and Round the Garden (if you don't know this rhyme, look it up on YouTube).

18 to 24  
months



## "what I like"

- I like to move independently.

## "what I can do"

- Turn pages of a book, several at a time.
- Run.
- Use a spoon to scoop.
- Take off my clothes with help.
- Kick a large stationary ball forward.
- Draw a horizontal line.



## \* Did you know?

Your child learns by using all their senses to explore the environment inside and outside.

This leaflet is from a series of seven, each leaflet covers a different age range, from birth to four years plus. Children develop at their own rates and in their own ways. The ages are suggestions of typical ranges of development. If you have any concerns about your child's physical development, speak to your GP, health visitor, or someone at your Sure Start Children's Centre.

You can find all the leaflets and links to other useful websites online at

[www.surreycc.gov.uk/earlylearning](http://www.surreycc.gov.uk/earlylearning) 

