

Frimley Health and Care

Surrey Heartlands

Surrey and Borders Partnership NHS Foundation Trust

Dementia plan 2022 to 2027



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In this Easy Read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are <u>blue and underlined</u>. These are links which will go to another website which has more information.

Introduction



Surrey County Council and the NHS have written a plan for services used by people with **dementia** in Surrey.



Dementia is a disease in the brain. It affects your memory and behaviour.



This plan is for the years 2022 to 2027.



Dementia Strategy Action Board

We worked with the Dementia Strategy Action Board in Surrey to write this plan.



The Dementia Strategy Action Board is a group of:

- Carers who look after people with dementia.
- Staff from different services.



They talk about what should be in the plans for dementia services.



We listened to the ideas of people with dementia, their carers and the organisations we work with before we wrote this plan.

Our vision



Our vision is what we would like things to be like in the future for people with dementia.



We would like people with dementia, their carers, and their families to:

• Live in a community that welcomes and supports them.



• Know where to go for information and help.



• Have access to all the support they need to be able to live a good life.



• Have support at the end of their life.

Our plan



There are 5 parts to our plan.







Part 1: Stopping people from getting dementia.

We want to let more people know about dementia and what it is.

We will do this by:

• Sharing information about things you can do that will help protect you from getting dementia.





- Making sure everyone has access to information about dementia that is easy for them to understand.
- Improving support for people who are more likely to get dementia in the future.











Part 2: Helping people who have just been told they have dementia.

We want to improve help for people who have just been told they have dementia.

We also want to make sure that everyone has access to dementia services. We do not want anyone to be left out or ignored.

We will do this by:

- Making sure our dementia staff are available to all people in Surrey.
- Supporting **Dementia Connect.**

Dementia Connect is a help and information service for people who have just been told they have dementia.

• Making sure people with learning disabilities are being checked for dementia.



Part 3: Helping people with dementia to live well.

We want to help people with dementia to live a happy and good life.



We will do this by:

• Having local groups across Surrey that help people with dementia.



 Thinking about using new technology to help support people with dementia to live in their own home.



• Supporting people under the age of sixty five who have dementia - like offering them **supported living.**

Supported living is where you get help to live in your own home.









Part 4: Supporting the care of people with dementia.

We want to work with local communities to make sure people with dementia are getting the care they need.

We will do this by:

- Making sure people with dementia know about local groups that can help them.
- Making sure people with dementia have help in an emergency.
- Supporting carers of people with dementia.





- Offering people with dementia personal care in their home.
- Offering people with dementia a room in a care home or supported living.





Part 5: Supporting people with dementia to live for as long as possible.

We want to make sure people with dementia live independently until the end of their life.

We want to support them with end of life care.

We will do this by:

- Making sure people with dementia are comfortable and their needs are met.
- Making sure everyone has access to end of life care.
- Working with different services to give people with dementia the best care.
- Making sure dementia services staff have the skills they need to give the best care.

How we will make this plan work



We are making sure that dementia strategy action board members have responsibility for checking that the plan is working well.



New ways of working

We will be looking at new ideas and new ways of working that are being tried in other parts of the country.



We will be thinking about whether to try these new ways of working in Surrey.



Listening

We will make sure all health professionals listen to what people with dementia and their carers are saying.



Information

We will carry on giving good information about dementia.

For more information



You can read our strategy in more detail by clicking on this link: <u>Surrey's Dementia Strategy</u>

If you need more information please contact us by:

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