

# The *Reminiscence* collection

*Memories are made of this...*



**SURREY**  
COUNTY COUNCIL

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# Welcome

Welcome to the catalogue of Reminiscence material held by Surrey County Council Libraries.

The Reminiscence Collection is designed for anyone in Surrey who is supporting someone with dementia or memory impairment. It contains a wide range of materials, including books, DVDs, games, flashcards, activities, jigsaws, music and artefacts, all aimed at evoking memories and stimulating discussion and conversation.

Some materials have been gathered into Themed Reminiscence Boxes. These boxes contain a selection of different items on a specific theme (e.g. Wartime, Family Life, Seaside). They are designed to make it easier for you to choose a selection of items without having to go through the whole catalogue.

The Collection is kept at Woking Library. It can be viewed by appointment only. To book an appointment, please email [libraries.programme@surreycc.gov.uk](mailto:libraries.programme@surreycc.gov.uk).

## Reminiscence Borrower Library Card

Users of the Reminiscence Collection can have a designated Reminiscence Borrower library card that allows loans of up to 30 items for up to 6 weeks. Items may be renewed as long as they have not been reserved by another borrower. A Reminiscence Borrower can be an individual caring for a family member or friend at home, or a care worker/activity organiser working in a care home.

To obtain a Reminiscence Borrower library card, an individual or care worker must take the following identification to any Surrey County Council Library:

- An individual will need proof of their home address – e.g. a driving licence or utility bill.
- A care worker/activity organiser will need 2 items of identification – proof of home address (e.g. driving licence or utility bill) and also workplace ID which includes the work address, such as an ID badge or letterhead.

The service is free of charge to registered Reminiscence Borrowers. Reminiscence Collection items can be borrowed on a standard library card, but, in this case, normal reservation and overdue charges will apply.

The borrower is responsible for all items borrowed, and charges will be made for loss or damage to any Reminiscence Collection item.

## Borrowing items

All Reminiscence stock is on the Surrey Libraries' catalogue and can be borrowed by reserving it in one of the following ways:

- The easiest option is to reserve items directly from the online version of the Reminiscence Collection Catalogue – just click on the item you want to reserve, and you will be taken to the Surrey Libraries' catalogue entry, where you can reserve the item using your library card number and PIN.



- If you have printed a copy of the Reminiscence Collection Catalogue from our website, you can browse and then reserve items of your choice via our online catalogue at [www.surreycc.gov.uk/libraries](http://www.surreycc.gov.uk/libraries), by entering the title or the reference number of the item. (You will need your library card number and PIN)
- By emailing [libraries@surreycc.gov.uk](mailto:libraries@surreycc.gov.uk) and asking for items to be reserved for you.
- By visiting your nearest Surrey library in person and speaking to a member of staff.

If you are reserving items by phone or email, it will be helpful to quote the item reference number, which appears to the right of each entry in the Reminiscence Collection catalogue.

## Collecting items

When requesting Reminiscence materials, please remember to specify which library you would like to collect them from. It is assumed that items will be collected from the Surrey library where registration took place unless otherwise specified.

Requested items will be sent to your chosen Surrey library. When the items arrive at this library, you will be notified by email or by text message that they are available to collect.

## Returning items

Items can be returned to any Surrey library – it doesn't matter if this isn't the library from which you collected the items. If you have borrowed one of the reminiscence materials that contain multiple items, i.e. a Themed Reminiscence Box, please ensure that all items are included in the box before returning it to your library.

**Queries or concerns:** In the event of any queries or concerns please contact:

**Library Information Service: 03456 009 009 (option 6)**

**Email: [libraries@surreycc.gov.uk](mailto:libraries@surreycc.gov.uk)**

# 1 Themed Reminiscence Box Collections

These boxes have been created around a specific theme and is designed to make it easier for you to choose a selection of items without having to go through the whole catalogue. All you need to do is to reserve your chosen box by entering in the reference number assigned to the box.

***Please note that the content may vary slightly depending on availability.***

## Themed Reminiscence Box 1: 1940s

Ref: 03536328

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1940s:

- Movie-star Portraits of the 40s [Book]
- Sounds Nostalgic: voices from the 40s & 50s [CD]
- Many Happy Returns 1940s [Flashcards]
- Family Christmas in the 1940s and '50s [Book]
- Bing Crosby – Unique [CD]
- The Sea Hawk [DVD]
- The Big Sleep [DVD]
- Eldersong Volume 1 [Book & CD]
- Let's Talk [Activity cards]
- Daily Mirror of your Decade, 1940s [Book]



## Themed Reminiscence Box 2: 1950s

Ref: 03536329

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1950s:

- The 1950s Scrapbook [Book]
- 1950s Household [Memorabilia Pack]
- Decades Discussion cards: 1950s & 1960s [Flashcards]
- All Shook Up: A Flash of the Fifties [Book]
- Calamity Jane [DVD]
- You know you're a Child of the 50s [Book]
- 1950s, Britain in Pictures [Book]
- Memories of the 1950s Shopping Basket [Jigsaw]
- Read all about it! Coronation 1953 [Newspaper]



## Themed Reminiscence Box 3: 1960s

Ref: 03536330

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1960s:

- Daily Mirror of your Decade, 1960s [Book]
- Memories of the 1960s Shopping Basket [Jigsaw]
- 1960s Scrapbook [Book]
- Decades Discussion cards: 50s & 60s [Flashcards]
- 1960s Britain in Pictures [Book]
- 100 Hits of the 60s [CD]
- Refraze: 1950s-60s, Pop Edition [Activity]
- Great Escape [DVD]
- Breakfast at Tiffanys [DVD]
- Read all about it! Moon Landing 1969 [Newspaper]



#### Themed Reminiscence Box 4: 1970s

Ref: 03536331

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1970s:

- Daily Mirror of your Decade, 1970s [Book]
- Memories of the 1970s Shopping Basket [Jigsaw]
- Elvis: 2nd to None [CD]
- For the Record: 50s, 60s, 70s Edition [Activity]
- Decades Discussion cards: 70s & 80s [Flashcards]
- Top 5 [Activity]
- Frost Nixon Watergate [Information DVD]
- Tinker Tailor Soldier Spy [DVD]
- Cars we Loved in the 1970s [Book]
- 1970s Britain in Pictures [Book]



#### Themed Reminiscence Box 5: Wartime

Ref: 03536332

This Box contains a selection of items from the Reminiscence Collection based around the theme of Wartime:

- Victory Cookbook [Book]
- London at war: eight historic views [Memorabilia Pack]
- Singalongamax – Max Bygraves [CD]
- Make Do & Mend [Book]
- Home Front: documents relating to life in Britain, 1939-1945 [Memorabilia Pack]
- The Dam Busters [DVD]
- Churchill in Quotes [Book]
- Treasured Memories [Activity]
- Surrey on Film, 1914-1953 [DVD]
- War on the home front: experience life in Britain during second world war [Book]



#### Themed Reminiscence Box 6: Family Life

Ref: 03536333



This Box contains a selection of items from the Reminiscence Collection based around the theme of family life:

- Remember When ... [Book]
- Everyday Life [Flashcards]
- Family Life in Pictures [Book]
- Memory Bank: Fetes, Fairs & Fireworks [Activity]
- Reminiscence Card Album – Home Album [Flashcards]
- Visit to the Barber [Jigsaw]
- Weekends At Home [Sensory board]
- Top 5 [Activity]
- Call to Mind [Activity]
- At Home: Aquapaint with water [Activity]



### Themed Reminiscence Box 7: Seaside

Ref: 03536334

This Box contains a selection of items from the Reminiscence Collection based around the theme of seaside:

- Paddling in the Sea [Jigsaw]
- Sailing past the Jetty [Jigsaw]
- Beside the Seaside in Pictures [Book]
- Tactile Square: Seaside [Activity]
- At the Beach [Jigsaw]
- Reminiscence Card Album – Holiday Album [Flashcards]
- Seaside Days [CD]
- Memory Bank – Holidays [Activity]
- At the Seaside: Aquapaint with water [Activity]



### Themed Reminiscence Box 8: Nature

Ref: 03536335

This Box contains a selection of items from the Reminiscence Collection based around the theme of Nature:

- In the Garden in Pictures [Book]
- Tactile Square: Gardening [Activity]
- Garden Memorabilia [Memorabilia Pack]
- Flight of Fancy [Jigsaw]
- In the Garden in Pictures [Book]
- Tactile Square: Gardening [Activity]
- Garden Memorabilia [Memorabilia Pack]
- Forest Day [CD]
- Natural World: Aquapaint with water [Activity]
- Rainy Days [CD]



### Themed Reminiscence Box 9: Childhood

Ref: 03536336

This Box contains a selection of items from the Reminiscence Collection based around the theme of Childhood:

- 1960s Childhood [Memorabilia Pack]
- When I were a Lass.... [Book]
- When I were a Lad .... [Book]
- Childhood: a film with images & music [Information DVD]
- BrainBox: Inventions [Activity]
- Dumbo [DVD]
- TV Cream Toys [Book]
- Memory Bank: Schooldays [Activity]
- Attic Playtime [Jigsaw]
- Snakes & Ladders [Activity]



### Themed Reminiscence Box 10: Animals & Wildlife

Ref: 03536337

This Box contains a selection of items from the Reminiscence Collection based around the theme of Animals & Wildlife:

- Countryside in Pictures [Book]
- Nature Stencils [Activity]
- Pets in Pictures [Book]
- Animal Bingo [Activity]
- Wildlife [Jigsaws]
- Farm Animals [Jigsaws]
- Talking Tile [Activity]
- Match a Pair of Birds: memory game [Activity]



### Themed Reminiscence Box 11: 1920s-1940s

Ref: 10493884

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1920-1940s:

- Faces that live forever [Postcards]
- Bygone Days 1 [Postcards]
- 1930s Scrapbook [Book]
- I hear Music [Activity]
- Judy Garland [Jigsaw]
- Humphrey Bogart [Jigsaw]
- It Happened One Night [DVD]
- Oklahoma [DVD]
- Voices of Yesteryear [CDs]
- The Golden Age of Shopping 1910 – 1940 [Book]



### **Themed Reminiscence Box 12: Hollywood Greats**

*Ref: 10493888*

This Box contains a selection of items from the Reminiscence Collection based around the theme of Hollywood greats:

- Marilyn Monroe [Jigsaw]
- Marlon Brando [Jigsaw]
- Hollywood Classics [Postcards]
- Hollywood Greats [Postcards]
- Some Like It Hot [DVD]
- The African Queen [DVD]
- Match the Film Title [Activity]
- Famous Faces: Talking & Remembering [Flashcards]
- Quiz Book for Groups: Famous People [Activity]
- Reminiscing: Remembering the movies [Activity]

### **Themed Reminiscence Box 13: Christmas**

*Ref: 10493892*

This Box contains a selection of items from the Reminiscence Collection based around the theme of Christmas:

- Santa Claus on the 24th [Jigsaw]
- Winter Snow [Jigsaw]
- Special Delivery [Jigsaw]
- Rock & Roll Bingo: Christmas Hits [CD]
- Christmas past [Memorabilia Pack]
- Wartime Christmas [Book]
- Talking Tiles [Activity]

### **Themed Reminiscence Box 14: Hobbies & Leisure**

*Ref: 10493896*

This Box contains a selection of items from the Reminiscence Collection based around the theme of hobbies & leisure:

- Vintage memory Game: Ladybird Covers [Activity]
- Time of our Lives: Memories ...1920s & 1930s [Book]
- Leisure Time [Flashcards]
- Link and Think: Hobbies [Activity]
- Magnetic Scene – the Sewing Box [Jigsaw]
- A Stitch in Time [Jigsaw]
- Magnetic Scene – the Baking Cupboard [Jigsaw]
- Shopping in Pictures [Book]
- Style Me Vintage [Book]
- The Toolshed: Aquapaint with water [Activity]

### **Themed Reminiscence Box 15: Transport**

*Ref: 10493900*

This Box contains a selection of items from the Reminiscence Collection based around the theme of transport:

- Starts with ... Words Beginning with... [Activity]
- 3:10 to Yuma [DVD]
- Golden Age of Steam Trains [Memorabilia Pack]
- Talking Tiles [Activity]
- Marvellous Machines: Aquapaint with water [Activity]
- Boats [Jigsaw]
- Behind the wheel: romance of the motor car [Book]
- Music for motoring [CD]
- Classic Wind-Up Toy Train

### **Themed Reminiscence Box 16: Movement & Mobility**

*Ref: 10493904*

This Box contains a selection of items from the Reminiscence Collection based around the theme of movement & mobility:

- Toss 'n Talk About Me Ball [Activity]
- Gently Does it: Seated & Standing Exercise [DVD]
- Light & Lively [CD]
- Track Maze [Activity]
- Gentle Exercise & Movement [Activity]
- Seatworks: keep fit while you sit [CD]
- Motor Activity Board [Activity]
- Dance & Movement for older People [Book]

### **Themed Reminiscence Box 17: Greatest Hits**

*Ref: 10493907*

This Box contains a selection of items from the Reminiscence Collection based around the theme of musical hits:

- Musical Bingo [Activity]
- Match the Song Title [Activity]
- 50 Years of British Pop [CD]
- Singalongamax – Max Bygraves [CD]
- Walk Right Back [CD]
- Say it With Music: music games & trivia [Activity]
- 50 Classic Pub Songs [CD]
- Spot the Intro: CD music game [Activity]
- Musical Quiz [Activity]
- Classic Gold: Pop Trivia [Activity]

### **Themed Reminiscence Box 18: Sensory 1**

*Ref: 10493908*

This Box contains a selection of items from the Reminiscence Collection based around the theme of touch, smell, sound and emotions:

- Auditory Memory for inferences [Activity]
- Indoor Sounds [Flashcards]
- Sharpen your Senses [Activity]
- Everyday: Aquapaint with water [Activity]
- Koosh Balls [Activity]
- Talking Tiles [Activity]
- Memory Garden: bereavement healing cards [Activity]
- Smell Box [Activity]
- I Hear Memories- Volume 1 [Activity]
- Le Loto Des Odeurs [Activity]

### **Themed Reminiscence Box 19: Sensory 2**

*Ref: 10493911*

Reminiscence Themed Box This Box contains a selection of items from the Reminiscence Collection based around the theme of touch, smell, sound and emotions:

- What Makes Sense? [Activity]
- Emotions [Flashcards]
- Sharpen your Senses [Activity]
- Loves: Aquapaint with water [Activity]
- Koosh Balls [Activity]
- Talking Tiles [Activity]
- How Does It feel? Tactile Dice [Activity]
- Smell Box [Activity]
- I Hear Memories- Volume 1 [Activity]
- The Smell: Fruits & Their Aromas [Activity]

### **Themed Reminiscence Box 20: Sport**

*Ref: 10497896*

Reminiscence Themed Box This Box contains a selection of items from the Reminiscence Collection based around the theme of sport:

- Sport & Leisure [Flashcards]
- 100 Years of Cricket [Book]
- Football in Quotes [Book]
- Sporting Knowledge Board Game [Activity]
- Childhood Sports [Reminiscence cards]
- Host Your Own Race Night DVD Game [Activity]
- Memory Bank: Sporting Fun [Activity]



## 2 Information & Support Books

### A Creative Toolkit for Communication in Dementia Care

by Karrie Marshall

Overflowing with creative activities, this toolkit will help carers and relatives support and communicate effectively with people with dementia. Portraits, parlour games, puppets and more can be used to build relationships with people who may no longer be able to rely upon words and memories.

Ref: 10957123

### Activities for Older People: A Practical Workbook of Art and Craft Projects

by Brian W. Banks

Specially designed to meet the needs of the elderly in residential care, this book provides a whole range of activities in the creative field yet requires no prior knowledge of arts and crafts.

Ref: 10477291

09844503

### Activities for Older People in Care Homes

by Sarah Crockett

A handbook for successful activity planning. Written by an experienced activity coordinator this book is an indispensable companion for others in this role.

Ref: 10165560

10826087

### Alzheimer's: Caring for Your Loved One, Caring for Yourself

by Sharon Mooney

This book covers the most recent developments in the knowledge of this disease. The author offers practical, intelligent advice for caregivers.

Ref: 09844513

### A Practical Guide to the Mental Capacity Act 2005: Principles in Practice

by Matthew Graham and Jacqueline Cowley

A practical guide for health and social care professionals on the Mental Capacity Act 2005, enabling more informed and effective practice.

Ref: 10955408

### Book Therapy in Dementia Care

by Helen J Bate

Written by the creator of the Pictures to Share range of books, this booklet provides an easy-to-use guide to using book therapy with people with dementia.

Ref: 10166915

03881475

### Challenging Behaviour in Dementia: A Person-centred Approach

by Graham Stokes

This book disputes the traditional medical model of dementia and asserts that it can be shown that much behaviour in dementia is not meaningless but meaningful

Ref: 09623231

10472213

### **Chocolate Rain: 100 Ideas for a Creative Approach to Activities in Dementia Care**

by Sarah Zoutewelle-Morris

This book is practical, inspiring and has a good mix of simple everyday things to do as well as more structured arts-based activities.

*Ref: 10166927*

### **Confidence to Care: A Resource for Family Carers**

by Molly Carpenter

An essential handbook for the family carer offering practical insights into understanding, managing and preventing the behavioural symptoms associated with dementia and Alzheimer's disease.

*Ref: 09893231*

### **Dementia and the Family**

by Rachel Johnstone

An intergenerational approach to helping families to live well with dementia. More than 160 activities which will spark memories, stimulate engagement and encourage interaction.

*Ref: 10349129*

*10826088*

### **Dementia Care: The Adaptive Response**

by Paul T M Smith

A stress reductionist approach. The process of dementia makes the experience of day to day living an acute challenge. This book proposes a method of using environmental and social psychology to maximise function in the individual and minimise the negative and destructive elements of the disease.

*Ref: 09848650*

*10472214*

### **Developing Excellent Care for People Living with Dementia in Care Homes**

by Caroline Baker

Guide describing the key criteria of the "Positively Enriching and Enhancing Residents' Lives" programme, providing best practice guidelines for care providers wishing to adopt the approach in their own care home.

*Ref: 10472232*

### **Exploring the Past: A Practical Guide to Working with Memories**

by Sarah Housden

Good practice guidelines for working with the memories of people with learning disabilities. Ideas for activities on 15 themes.

*Ref: 10349126*

### **Good Practice Guide to Therapeutic Activities with Older People in Care Settings**

by Tessa Perrin

Produced by the National Association for Providers of Activities for Older People (NAPA), this guide offers clear guidelines on what constitutes good practice in activity provision.

*Ref: 09393234*

### **Group Leader's Toolkit**

by Robin Dynes

An essential toolkit for all kinds of groups with tried & tested strategies to stimulate & encourage full participation. Over 180 activities set out in clear easy to follow format with variations and guidance for adaptation.

*Ref: 09835714*

### **The Groupwork Manual**

by Andy Hickson

This book is intended for anyone who runs or participates in group sessions offering almost 100 practical activities. It takes the user through a broad range of exercises, ideas, pitfalls and descriptions, avoiding the use of jargon.

*Ref: 09140465*

### **How to Help Reminiscing Go Well: Principles of Good Practice in Reminiscence Work**

by Bernie Arigho

This booklet contains valuable information and material for those who want to learn more about what reminiscence work is and provides supporting material for Age Exchange training courses.

*Ref: 04019905*

### **How to Make Your Care Home Fun: Simple Activities for People of All Abilities**

by Kenneth Agar

This book offers a practical programme of entertaining activities that can be used in many caring environments. It suggests a programme of activities for older people in care homes including arts and crafts, role-playing, gardening and cooking, it also takes the stance that 'activity nursing' should be integral to all personal care plans and not simply regarded as an add on to medical care.

*Ref: 09844514*

*10827490*

### **Improving Function in Dementia and Other Cognitive-linguistic Disorders**

by Kathryn A Bayles and Cheryl Tomoeda

Based on twenty years of research and experience. Learn about functional abilities by stage of dementia, regulations for providing reimbursable services, functional assessment, interpreting test performance, writing treatment goals, and a model for successful intervention.

*Ref: 10247837*

### **Involving Families in Care Homes: A Relationship-centred Approach to Dementia Care**

by Bob Woods, John Keady and Diane Seddon

Families often wrestle with the decision to move a person with dementia into a care home. This accessible guide takes person-centred dementia care a step forward by outlining ways in which care homes can help make families partners in the caring process.

*Ref: 10955406*

### **Keeping in Touch with Someone Who Has Alzheimer's**

by Jane Crisp

The author shows the family member or professional carer how not to underestimate someone with dementia, how to recognize what a sufferer can still do and how to make the most of being together.

*Ref: 07019910*



**Lesbian, gay, bisexual and trans individuals living with dementia: concepts, practice and rights**

by Sue Westwood and Elizabeth Price

This groundbreaking collection is the first to focus specifically on LGBT people and dementia, and addresses topics relating to concepts, practice and rights. It brings together original chapters from leading academics, practitioners and LGBT individuals affected by dementia.

*Ref: 10955407*

**Making a difference: an evidence-based group programme to offer cognitive stimulation therapy to people with dementia**

by Aimee Spector, Lene Thorgrimsen

A manual for group leaders describes a specific programme of group activity and stimulation grounded firmly in the values of person-centred care - for use with many people with dementia.

*Ref: 10166914*

**Memory tips for making life easier**

by Shelley Peterman Schwarz

Practical everyday tips to sustain a strong and supple memory and to aid professionals in working with clients who struggle with memory issues.

*Ref: 09414036*

**Mental Fitness: Instructor's guide**

by Kari Berit Gustafson

A resource for activity coordinators and carers, this guide is set up in eight themes for use in groups or individually. Two packs of cards are mentioned in the introduction. This collection has Thinking Cards. American publication but the activities are adaptable.

*Ref: 10459663*

**Person-centred approaches to dementia care**

by Ian Morton

It traces the origins of the person-centred tradition and describes and evaluates the theory and practice of Validation and Resolution Therapy.

*Ref: 07115368*

**Pool Activity Level (PAL) instrument for occupational profiling**

by Jackie Pool

This is widely used as a framework for providing activity-based care and is recommended for daily living skills training and activity planning in the National Institute for Health and Clinical Excellence Clinical Guideline for Dementia (NICE 2006)

*Ref: 09633306*

**Remembering yesterday, caring today: reminiscence in dementia care: a guide to good practice**

by Pam Schweitzer

Based on ideas developed and tested internationally, this book offers imaginative approaches to reminiscence and a wealth of resources for use in a wide range of situations.

*Ref: 09114365*

### **Reminiscence Activities training manual**

by Bernie Arigho

This book is aimed primarily at care staff and activity organisers in care homes. It is a comprehensive framework and step-by-step guide to planning & delivering reminiscence activities.

*Ref: 09489469  
10477302*

### **Reminiscence and lifelong learning**

by Sarah Housden

Including many examples of projects and learning situations, this book is a guide to using learners' personal memories as a resource in learning.

*Ref: 09120732*

### **Reminiscence trainer's pack**

by Faith Gibson

A training pack produced by Age Concern with units covering: 'What is Reminiscence?', Individual and Small Group Work, Reminiscing with People who have Dementia, Depression or Sensory Difficulties.

*Ref: 05886767*

### **Reminiscence: Social & creative activities with older people in care**

by Roger Sim

This book successfully describes the kinds of activities that can be carried out as well as the principles behind reminiscence work. It explains how and why reminiscence is an important part of the daily care of older people and includes ideas for activities, themes and resources.

*Ref: 09623232*

### **Reminiscing with people with Dementia**

by Errollyn Bruce

A practical handbook, full of useful ideas and suggestions for carers working with dementia.

*Ref: 05824556*

### **Results for adults: Aphasia**

by Christine Johnson

A flexible, adaptable resource with two levels of difficulty to help you with a wide range of clients and to adjust the tasks accordingly.

*Ref: 09848581*

### **Storymaking and creative groupwork with older people**

by Paula Crimmens

A resource book for professionals working with the elderly focusing on groupwork and one to one work.

*Ref: 04718487*

### **Successful activity coordinator**

by Rosemary Hurlty and Jennifer Wenborn (Age Concern England book)

This pack contains information, ideas and resources for those engaged in activities and leisure pursuits with older people in residential, nursing and care homes. It includes sections on arts and crafts and physical exercise to working with dementia.

*Ref: 09140853  
03886779*

### **Supporting People with Dementia at Home**

by David Challis

This study offers valuable evidence about the factors which enhance the likelihood of older people with dementia remaining in their own homes from the perspective of older people, their carers and those who commission services.

*Ref: 10957454*

### **Therapeutic activities with persons disabled by Alzheimer's disease and related disorders**

by Carol Bowlby

An extensive publication in 8 chapters covering ageing, Alzheimer's and related disorders, communication, group work, therapeutic activities, reminiscence groups, sensory stimulation and administrative issues.

*Ref: 10247790*

### **Therapeutic groupwork for people with cognitive losses**

by Mike Bender

Working with people with dementia. Extensive hands-on activities & essential background information that will allow staff to understand & work with older people in a 400-page resource.

*Ref: 09844506*

### **Too late to learn to drive: Dementia, visual perception and the meaning of pictures**

by Helen J Bate

This book attempts to explain some of the theories and principles associated with understanding how later stage dementia can affect visual perception of two-dimensional pictures.

*Ref: 03881474*

### **Understanding behaviour that challenges: a practical guide to working with people with dementia**

by Ian Andrew James

The author describes different categories and causes of challenging behaviour in people with dementia and provides tried and tested models that will aid identification, assessment and treatment.

*Ref: 10162189*

### **Wellbeing in dementia: an occupational approach for therapists and carers**

by Tessa Perrin

This book looks at the relationship between occupation, wellbeing and dementia and examines the critical role of the carer in delivering therapeutic interventions.

*Ref: 07128295*

*07128407*

### **You say Goodbye and we say hello: the Montessori method for positive dementia care**

by Tom and Karen Brenner

An inspiring eye-opening look into how using the Montessori method for memory support and creating a positive environment can deepen the connection between caregivers and the people they love.

*Ref: 09893198*



# 3 Activity Books

## 101 ways to improve your memory

by Marie-Christelle Fiorino

This easy-to-read Reader's Digest book explains how memory works and describes numerous quizzes, games and exercises to help improve it.

*Ref: 09114363*

## Accent on rhythm: music activities for the aged

by Donna Douglass

Offers ideas for games, eurhythmics, and musical activities.

*Ref: 01533674*

## The activity and reminiscence yearbook: hundreds of ideas in 52 weekly sessions

by Danny Walsh

Hundreds of ideas in 52 sections. Each week has a theme with easy-to-use ideas relevant for groups & individuals including those with mental health & cognitive problems.

*Ref: 09921022*

*09921023*

## Activity ideas: activity at the heart of care

Produced by NAPA this is a loose-leaf file of ideas in 7 sections including music, gardening, arts and crafts, food, media and reminiscence. In addition, there are 7 good practice guides for planning, developing links with the local community, volunteers and visitors, relatives and friends, staff team, managers and residents.

*Ref: 03881465*

## Activity ideas for the budget minded

by Debra Cassistre

Low-cost, tried, and tested ideas for a variety of activities.

*Ref: 05823602*

## Activity year book

by Anni Bowden & Nancy Lewthwaite

Week by week themed activities - easily implemented for use in elderly day and residential care.

*Ref: 09844516*

*10472216*

## A different visit: activities for caregivers & their loved ones with memory impairments

by Adena Joltin

A manual for those who need ideas and inspiration for better ways to engage and interact with people suffering from memory problems. The manual is produced by the Menorah Park Center for Senior Living, Ohio. Extra information is supplied on a CD-ROM at the back of the book.

*Ref: 06987091*

## A Little, aloud

edited by Angela MacMillan

An anthology of prose and poetry for reading aloud to someone you care for.

*Ref: 10824958*

### **Alzheimer's activities that stimulate the mind**

by Emilia Bazan-Salazar

This book offers appropriate activities for each of the four stages of the disease with easy-to-follow exercises that have been medically proven to enhance and maintain cognitive abilities with hundreds of therapeutic exercises including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening & music.

*Ref: 10829528*

### **An hour before teatime**

by Jenny De Robeck

Written by an experienced occupational therapist this book has quizzes, activities and short stories suitable to fill that "endless" hour before teatime.

*Ref: 04125264*

### **Art activity manual: a groupwork resource**

by Marylyn Cropley

A simple flexible approach to art activities. Fifteen session plans with each session lasting approximately one hour. Includes ideas and information on preparation for the activities. Designed specifically for adults with learning disabilities, physical disabilities and sensory loss, people with mental health needs and older people.

*Ref: 07560718*

### **Attainment's use it don't lose it**

by Marge Engelman

Stimulate the brain and improve memory, reasoning and speed of thinking. Easy to use workbook has 31 exercises in categories like memory, sketching trivia, word games and imagination. Photocopiable.

*Ref: 09523777*

### **The best friend's book of Alzheimer's activities: Volume 1**

by Robin Hamon and others

Offering 147 fun, easy and enriching ways to engage adults helping to support the well-being of people with dementia.

*Ref: 10645569*

*10829529*

### **The best friend's book of Alzheimer's activities: Volume 2**

by Virginia Bell and others

Offering 149 activities, this book will be helpful to any family or professional caregiver of a person who has dementia and is at home or living in residential care.

*Ref: 09125153*

*10646633*

### **Best remembered: a hundred stars of yesteryear**

by Eric Midwinter

Presenting a galaxy of one hundred stars from the days before television ruled our lives; this book can be used for both personal and group reminiscence.

*Ref: 09120734*

### **Bring back the fun: activity ideas for caregivers and people with dementia**

by Marcie M Jones

This is a collection of ideas for activities appropriate for use by families at home, by professional care providers and by leaders of group programs for people with Alzheimer's and other dementias.

Ref: 09893200  
10477303

### **Can Do Activities for Adults with Alzheimer's Disease: strength-based communication and programming**

by Eileen Eisner

This is a book on strength-based programming for adults with neurological dementias, designed to provide a positive approach to therapeutic intervention.

Ref: 10477301

### **Classic quiz book**

by Robin Dynes

A favourite resource that has been completely revised. It contains over 2000 questions grouped into 40 stimulating subjects.

Ref: 09630203  
10349125

### **Down memory lane: topics and ideas for reminiscence groups**

by Beckie Karras

Over 60 themed activity sessions for reminiscence groups.

Ref: 07064078  
07064079  
10459669

### **Everyday life trivia: volume 2**

by Beckie Karras

This volume features trivia quizzes on topics common to life in the mid-20<sup>th</sup> century. The questions are fun & engaging & will bring back images of familiar people, places & events.

Ref: 09848651  
10247784

### **Father's memories**

by Julie Pinnell

Photocopiable pages designed to help people write down all sorts of things about their lives to share with future generations.

Ref: 09172915

### **Finishing lines**

by Beckie Karras

Everyone loves to fill in the blanks. With this new original trivia book, your group will have over 2,000 chances to complete famous quotes, song and book titles, movies and TV names, proverbs, slang, rhymes, slogans, and similes.

Ref: 09893223  
10247809  
10247810  
10459665



### **Finishing lines: volume 2**

by Beckie Karras

More lines to finish including bird names, fictional characters and amounts.

*Ref: 10247813*

### **Finishing lyrics**

by Beckie Karras

Players are challenged to complete song lyrics from a number of musical genres.

*Ref: 10247812*

*10459667*

### **Finishing words**

by Beckie Karras

Players are challenged to complete words instead of sentences, e.g. Words beginning with CAT – a herd of cows = cattle. Words ending with CAT – someone who imitates everything you do = copycat.

*Ref: 09848584*

*10247811*

*10459666*

### **Gentle exercise & movement for frail people**

by Myfanwy Hook

This pack comprises a book and 48 instruction cards which illustrate and describe specific exercises. All exercises have been tried and tested, having been widely used with confused and disabled older people.

*Ref: 03886405*

### **Great British quiz book**

Hundreds of potluck and themed multiple-choice quizzes on a variety of subjects testing your general knowledge of England, Scotland, Northern Ireland and Wales.

*Ref: 10642975*

### **Group activities with older adults**

by Vicki Dent

This book is a useful resource of activity ideas, hints, tips and suggestions for successful planning and delivery.

*Ref: 05999139*

*05999141*

### **I hear memories! Volume 1**

by Beckie Karras

With 39 sounds on a CD and accompanying booklet. 14 sounds of yesteryear such as city traffic, a children's playground, thunderstorm and 25 mystery sounds. Published in USA – recommend listening to CD before using in a session.

*Ref: 10247782*

### **I hear memories! Volume 2**

by Beckie Karras

With 20 one-minute sound scenes for reminiscing on various topics including washday, circus, fireworks and airport. CD with accompanying booklet

*Ref: 10247783*

**I hear music: sharing memories of music through vintage sounds, historical photographs and discussion materials**

by Beckie Karras

Sharing memories of music through vintage sounds, historical photographs and discussion materials. Book, CD and 20 photographs.

*Ref: 09148602*

**Jumbo Resource Book**

This photocopiable resource contains 250 crossword and circle-word puzzles in large print. This is a U.S. publication.

*Ref: 09523785*

*09523786*

**Just for adults: following directions**

by Kathryn Tomlin

A book of exercises to address different forms and processes involved in following directions due to a variety of reasons such as aphasia, impulsiveness and difficulty in concentration.

*Ref: 09893209*

**Keeping busy: a handbook of activities for persons with dementia**

by James R Dowling

A variety of activities designed to bring meaning and enjoyment to the lives of persons with dementia. The activities are organized by general categories such as music, exercise, horticulture, pets, humour, and social events. The largest section deals with communication. Includes step-by-step instructions, as well as tips on how to adapt.

*Ref: 09844504*

**Large print word search**

A collection of over 130 graded puzzles which may be photocopied. Devised especially for the older person.

*Ref: 01241815*

*01512617*

**Lifestyle Matters: an occupational approach to healthy ageing**

by Claire Craig and Gail Mountain

A practical book and CD Rom resource that contains a wealth of ideas and activities for occupational therapists, support workers, students and other professionals working with older people in the community. Contains photocopiable handouts.

*Ref: 09623233*

**The Little book of Big Brain games**

by Ivan Moscovich

517 ways to stretch, strengthen and grow your brain. Mental games, logic posers, visual conundrums, riddles and illusions. Organised by 12 types with 10 levels of difficulty.

*Ref: 10645103*

**Mental Aerobics**

by Nancy Lewthwaite

A resource manual of mentally stimulating group activities divided into eight chapters. Word games; grammatical games; brainstorming, lists and categories; international activities; news-related activities; special holidays and seasonal activities; memory games; miscellaneous. An American publication so some items may have to be adapted accordingly.

*Ref: 10459662*

### **Memory box**

by Robin Dynes

Includes a guidebook and 120 discussion cards to help stimulate general reminiscence, produce memory diaries, compile guided autobiographies and facilitate life reviews. The discussion cards cover family background, childhood & schooldays, adult life & children, working life, events, achievements, places, people, good times & bad times, favourite things, and love & romance.

*Ref: 07554512*

### **Mother's memories**

by Julie Pinnell

Photocopiable pages designed to help people write down all sorts of things about their lives to share with future generations.

*Ref: 09172914*

### **My life story**

This book has photocopiable pages intended to give those involved in reminiscence therapy ideas in helping people write their own life story.

*Ref: 07064083*

### **Non-competitive activity book**

by Robin Dynes

This handbook features 100 activities and is divided into sections that provide a session format which focuses on maintaining and increasing the function of the whole person. It can be used with groups or individuals. The non-competitive nature of the activities ensures that people feel safe in making a contribution, and fear of failure or disappointment is eliminated.

*Ref: 07021637*

*09393233*

*09523772*

*09523773*

### **Now tell me - how about you? Poetry to share with older people**

by Gill Johnson and Marilyn McGregor

Book containing a collection of original poems based on life in post-war Britain and is designed to prompt reminiscence to make you laugh, smile and sometimes shed a tear together.

*Ref: 10477304*

### **Only old once! Introducing creativity into elderly care**

by V McLean

Containing well-tested ideas, with emphasis on arts and crafts. This book also contains useful chapters on mental exercise, seasonal activities, outings and events and more.

*Ref: 04371531*

### **Pocket quiz book 1**

by Karen Hitchcow

Book containing more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

*Ref: 05049497*

*05049499*

### **Pocket quiz book 2**

by Karen Hitchcow

Book containing more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

*Ref: 05049493*

### **Pocket quiz book 3**

by Karen Hitchcow

Book containing more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

*Ref: 03886389*

### **Puttin' on the skits: plays for adults in managed care**

by Jean Vetter

Short plays have been put together by Jean Vetter using uncomplicated language and are designed specifically for use with older people, to encourage a positive spirit and a sense of fun.

*Ref: 09848585*

### **Puzzles for wrinklies**

Clever conundrums for older intellects. Contains Sudoku, riddles, logic puzzles and more.

*Ref: 10349128*

### **Quiz box 1: quiz cards**

Quiz box 1 has been compiled and designed to provide therapists, nurses, activity organisers and all those involved in organising group activities with a large supply of quiz questions. Contains 1000 questions on leisure, people, places, words, animals, science and nature.

*Ref: 03886407*

### **Quiz box 2: quiz cards**

Quiz box 2 has been compiled and designed to provide therapists, nurses, activity organisers and all those involved in organising group activities with a large supply of quiz questions. Contains 1000 questions on leisure, people, places, words, animals, science and nature.

*Ref: 05018155*

### **Quiz me from A to Z**

by Cheryl Rush and John Pettit

30 questions for each letter of the alphabet created from the authors' experiences in an adult day care centre.

*Ref: 10247788*

### **Reading in the moment**

by Anne Vize

Something different for people with dementia who now find reading difficult. Short stories and poems plus ideas to link topics with reminiscence activities.

*Ref: 10247874*

*10472238*

*10825946*

### **Recipes for Reminiscence**

by Danny Walsh

The year in food-related memories, activities and tastes allowing us to re-experience the tastes of the past. Includes changes through the years in kitchens, utensils, food styles and food fads in different decades.

*Ref: 10472215*

*10645572*



### **The reminiscence puzzle book: 1930s to 1980s**

by Robin Dynes

Spanning the years 1930-1989, this highly practical and enjoyable assortment of reminiscence puzzles covers events, famous people, entertainment and everyday life.

*Ref: 03951032*

### **The reminiscence quiz book: 1930s to 1960s**

by Mike Sherman

Quiz book covering the years 1930 to 1969. More than 600 questions and answers on news topics, entertainment, daily life and people. Includes introductory passages and entertaining background information.

*Ref: 05823597*

### **Reminiscence: word games and puzzles 1900s-1990s**

by Kathryn Kilpatrick

Over 200 pages to be photocopied for individuals or groupwork. N.B. This is a publication from the USA, therefore there can be an American bias to some of the puzzles and questions.

*Ref: 06987095*

### **Reminiscing our heritage: the 70s to the millennium**

by Danny Walsh

Designed to be used with anybody working with older adults in residential, nursing and day care facilities. Each year covered is divided into major events, on the home front, music, television, screen and page, sport and 'do you remember?'

*Ref: 10645573*

### **Senior Moments Memory Workout**

by Tom Friedman

Ever had moments of acute absentmindedness? Just a few minutes a day solving these entertaining puzzles and challenges can help sharpen cognitive skills, boost concentration and increase powers of recall.

*Ref: 10377813*

### **Story lines: volume 1**

By Beckie Karras

An excellent ready-to-go conversational activity with 16 thought-provoking colour photographs of unusual or humorous situations. Also includes a DVD and questions for each card.

*Ref: 10247880*

### **Time to remember: introducing reminiscence into elderly care**

by Valerie McLean

This book is intended to be used by anyone who is developing a reminiscence programme for groups of older people, although there is scope for one-to-one situations.

*Ref: 09120733  
09625848*

### **We can do I.T. too**

by Nada Savitch and Verity Stokes

All about using computers in activity programmes for people with dementia, the book explains the multitude of uses of digital technologies and the practicalities of introducing IT activities.

*Ref: 10350258*

**What do you know? Trivia fun and activities for seniors (1991)**

by Teresa Sumrall

Written to provide enjoyable activities for older people in a community or institutional setting. The activities provide mental stimulation, promote positive self-esteem and group cohesiveness.

*Ref: 09172913*

**What do you know? Trivia fun and activities for seniors, volumes 1 and 2 (2008)**

by Teresa Sumrall

Written to provide enjoyable activities for older people in a community or institutional setting. The activities provide mental stimulation, promote positive self-esteem and group cohesiveness.

*Ref: 09893222*

**Whole brain workouts**

by Marge Engelman

125 workouts for healthy older adults aiming to apply what researchers are learning about the brain. The results can be improved memory, clearer thinking and a more positive attitude.

*Ref: 10345901*

**The Winslow quiz book**

by Robin Dynes (ed)

Contains more than 2,000 questions categorised into 40 stimulating subjects. The questions are grouped into three ability levels.

*Ref: 05017770*

*05017773*

# 4 Themed Topic Books

## 100 years of football: a British sporting century

A unique collection of photographs from the Press Association archives allows a rare insight into a century of great changes for the beautiful game. A century in which footballers have evolved from local heroes to international celebrities.

*Ref: 09623235*

## 100 years of the weather: twentieth century in pictures

By Andy Stansfield

A book of photographs from the press association showing Britain's volatile weather that gives us so much to talk about.

*Ref: 09844517*

## A 1950s Childhood: from tin baths to bread and dripping

by Paul Feeney

Do you remember Pathe News or knitted bathing costumes? This delightful compendium of memories will appeal to all who grew up in this post-war decade. A book to be read with some pictures.

*Ref: 10175158*

## The 1950s scrapbook

by Robert Opie

Drawing on over 1000 images from rationing to Rock'n'Roll and Dan Dare to the Mini, the 1950s Scrapbook chronicles the impact of television and the emergence of the "teenager".

*Ref: 12109716*

*12109717*

## A 1960s Childhood: from Thunderbirds to Beatlemania

by Paul Feeney

Do you remember Radio Caroline or mods and rockers? A wealth of memories of the 60s with some illustrations.

*Ref: 10175159*

## 1960s & 1970s: Children in history

by Kate Jackson Bedford

Discover what it was like to go to school, play and grow up during the 1960s and 1970s. Full of pictures to remind you of the times.

*Ref: 10083484*

## The 1960s scrapbook

by Robert Opie

The 1960s Scrapbook captures the mood of the times through fashion, film magazines and music. Beatlemania, Twiggy and youth culture had arrived.

*Ref: 07021775*

### **The 1970s scrapbook**

by Robert Opie

This book covers the energetic era of glam rock and discomania, featuring 1,400 items that reflect Seventies fashion and furnishing, film posters and much more.

*Ref: 09114364*

### **A 1980s Childhood: from He-Man to shell suits**

by Michael A Johnson

A light-hearted stroll down memory lane. Memories of being a child in the 1980s when Wham ruled the charts and mullets were cool.

*Ref: 10646394*

### **The 50s & 60s: The best of times**

by Alison Pressley

The author has collected personal reminiscences from all over the country and from widely differing backgrounds. Illustrated throughout with stunning original photographs, memorabilia and ephemera.

*Ref: 07525116*

### **After a fashion: What we wore, 1947 to the present**

by Elizabeth Roberts

A well-researched and lavishly published book charts the history of street fashion from its origins in high couture to its appearance on the streets.

*Ref: 09140470*

### **Beautiful Sunsets Photo Book**

A picture book with high-resolution photos of sunsets in various locations, from lakes to fields. Specifically designed to be lightweight, and with adults in mind.

*Ref: 10529403*

### **Beside the seaside**

by Joseph Connolly

This book contains a superb collection of evocative images which summon up the essence of the pleasure which generation after generation has derived from being by the sea.

*Ref: 05454483*

### **Beside the seaside in pictures**

by Helen J Bate

Celebrates our British coastline in words and pictures providing a reminder of happy holidays.

*Ref: 09387314*

10342833

### **Born in the 40s**

by Tim Glynne-Jones

Book capturing 1940s in words and images to stimulate memories. It covers the war years and the post-war rebuilding, an era of reform and restructuring.

*Ref: 10527108*

### **Childhood days in pictures (2011)**

by Helen J Bate

Captures in wonderful pictures and thought-provoking words, something of those special childhood days.

*Ref: 10165537*

10342835



### **Childhood in pictures (2006)**

by Helen J Bate

Captures in words and pictures some of the joys and magic of childhood.

*Ref: 09387315*

### **Childhood memories: growing up with Good Housekeeping 1922-1942**

by Good Housekeeping

A collection of articles and advertisements culled from the first 20 years of Good Housekeeping. It provides a nostalgic look at the lives of children from 1922 to 1942.

*Ref: 01317028*

### **Christmas Picture Book**

by Jamie Stonebridge

An adult picture book with high-resolution Christmas-themed photos. The book is lightweight and contains minimum text.

*Ref: 10529405*

### **Countryside in pictures**

by Helen J Bate

The Countryside in pictures is for anyone with a love of nature and the countryside.

*Ref: 09316998  
10162188*

### **Decades: images from forty years of life in Britain**

by Les Ives

A resource for encouraging conversation, communication and reminiscence. Developed with help from care home specialists and dementia champions, promoting effective person-centred care.

*Ref: 10645574*

### **Family life in pictures**

by Helen J Bate

This book takes a look at the traditional family with children, parents, grandparents, a tipsy uncle and even the family dog.

*Ref: 09316995*

### **Flowers: A no text picture book**

A picture book with high-resolution photos of many different flowers. Specifically designed to be lightweight, and with adults in mind.

*Ref: 10529404*

### **Forgetting home: poems about Alzheimer's**

by Anna M Evans

An anthology of moving and inspiring poems written by people who are either Alzheimer's patients or caregivers.

*Ref: 09893201*

### **A Funny Old World in pictures (2008)**

by Helen J Bate

A quirky collection of pictures aiming to bring a smile to the face of the reader.

*Ref: 09316997*

### **A Funny Old World in pictures (2016)**

by Helen J Bate

An expanded and improved edition of an old favourite. With some curious, surreal and comic pictures and texts, this book will be sure to raise smiles and laughter.

*Ref: 10472235*

### **Gardening: A wordless journey through pictures**

A picture book with high-resolution photos of gardening tools, planting, and plants. Specifically designed to be lightweight, and with adults in mind.

*Ref: 10529409*

### **Great British tuck shop**

by Steve Berry and Phil Norman

A colourful, witty and irreverent encyclopaedia of the sweets, crisps, chocolate, ice lollies and fizzy pop from your youth. Fully illustrated with wrappers and adverts to take you down memory lane.

*Ref: 10175161*

### **The Happy Book: Birds**

An adult picture book with high-resolution photos of birds. The book is lightweight and contains minimum text.

*Ref: 10529413*

### **Inessential Things: Poems and Pictures**

by Helen J Bate

Including poems and images that are old and new, funny and sad, inspirational and comforting, there is sure to be something in this collection for everyone.

*Ref: 10472233*

### **In the garden in pictures**

by Helen J Bate

Bright and detailed images of flowers and garden wildlife bring the beauty of nature indoors to be enjoyed all year round.

*Ref: 10342834*

### **I remember when....**

Winning entries from the Creative Writing and Reminiscence Competition held by North Surrey Libraries and Age Concern Surrey in the 90s.

*Ref: 03886388*

### **I used to know that: stuff you forgot from school**

by Caroline Taggart

This witty and insightful book gathers all the facts, figures and formulae we only half-remember from school. Can you remember how photosynthesis works?

*Ref: 10342836*

### **I wandered lonely as a cloud...**

A collection of well-known poems. This book will remind you of all those long-forgotten poems that you were taught at school.

*Ref: 10642976*

### Landmarks: Twentieth century in pictures

Britain has many iconic landmarks both architectural and geographical. These 300 photos include St Paul's Cathedral, Crystal Palace, Angel of the North & Stonehenge

*Ref: 09844518*

### Landscapes: A no text picture book

A picture book with high-resolution photos of various landscapes, from mountain views and fields to Northern Lights and city views. Specifically designed to be lightweight, and with adults in mind.

*Ref: 10529408*

### Nice to see it, to see it, nice: the 1970s in front of the telly

by Brian Viner

In this hilarious and affectionate memoir, Brian Viner – who grew up to be an award-winning television critic and columnist – pays tribute to an era on the small screen which happily coincided with his own formative years.

*Ref: 10361873*

### One for sorrow: the origins of old fashioned lore

by Chloe Rhodes

This collection uncovers the origins and meanings of traditional sayings from the folklore of the countryside. A book for anyone interested in the rich heritage of the English language.

*Ref: 10175160*

### Pets in pictures

by Helen J Bate

Portrays the special relationship between people and their pets.

*Ref: 09390604*

*10165534*

### Proverbs and sayings

by Helen J Bate

This illustrated book of proverbs and sayings will remind older people of things they may have forgotten together with facts about their origins.

*Ref: 10180336*

### Remember when: a nostalgic trip through the consumer era

by Robert Opie

Robert Opie uses a rich legacy of original items – packaging, advertising, film posters, magazines, newspapers, toys, games, and commemorative souvenirs to present a picture of everyday life since Victorian times. Together these objects tell history as people remember it, evoking the tastes, smells, sights and sounds of the past.

*Ref: 04019936*

*12109718*

### Royal scrapbook

by Robert Opie

Packed full of Royal memorabilia throughout the 20<sup>th</sup> Century, including the coronation of Queen Elizabeth II in 1953.

*Ref: 07021636*

*10345902*

### Royalty in quotes: a miscellany of regal ramblings

With the aid of almost 200 photographs this book offers readers the opportunity to enjoy a unique critique and review of the ramblings of Britain's Royals, showing that they are indeed human.

*Ref: 10645580*

### See It Again: See the world with new eyes

An adult picture book with high-resolution photos of various objects divided to 5 categories: Around the house, Food, Insects, Under the microscope and Plants. The book is lightweight and contains minimum text.

*Ref: 10529406*

### Shopping in pictures

by Helen J Bate

A selection of beautiful, powerful and amusing images and words. Written specifically for those with dementia.

*Ref: 09144810*

### Spending Time: Indoors

Portrays some of the traditional and less common ways that people fill their spare time indoors. Breakfast in bed, knitting and sewing, stamp collecting, listening to music, playing cards and much more are illustrated with great pictures.

*Ref: 10472236*

### A Sporting Life in Pictures

by Helen Bate

Includes evocative images of popular sports from football to pigeon racing, athletics to golf and motor racing to ice dancing. These pictures will remind readers of the enjoyment and sorrows experienced in a sporting life.

*Ref: 10165533*

### Strength for the Journey

by Helen Bate

A selection of powerful pictures and texts that can provide spiritual comfort for older people who have a Christian faith. It is also a great reminder for those who were brought up with daily Christian school assemblies and Sunday school.

*Ref: 10472234*

### Surrey: County Memories

by Julia Skinner

Includes 135 period photographs from "The Francis Frith" collection, with captions and full introduction. Packed with fascinating fact boxes, informative captions and local topic pages. It includes topic pages on subjects such as local customs, food, folklore, and archaeology.

*Ref: 10480557*

### Surrey: Living Memories

by Martin Andrew

This title presents finely detailed period photographs of Surrey from the world-famous Francis Frith archive. A full introduction is included, as well as extended captions to pictures.

*Ref: 10957122*



### **Swinging Sixties: an iconic decade in pictures**

This book celebrates the fashions, music and lifestyles of the swinging sixties in almost 350 photographs from the archives of Mirrorpix.

*Ref: 10642978*

### **Trains: A no text picture book**

A picture book with high-resolution photos of all kinds of trains, from vintage locomotives to contemporary trains. Specifically designed to be lightweight, and with adults in mind.

*Ref: 10529407*

### **Travelling in pictures**

by Helen J Bate

Whether travelling by foot, boat, plane, train, car or camel, this book reminds readers of days spent travelling.

*Ref: 09316996*

### **The Wartime scrapbook: from Blitz to Victory 1939–1945**

by Robert Opie

Drawn from Robert Opie's collection, this book illustrates a unique period in history – the song sheets, magazine covers, comic postcards, fashion and food, games, propaganda posters and a wealth of wartime ephemera whose very survival is remarkable.

*Ref: 12109714*

*12107715*

### **The Wartime scrapbook: on the Home front, 1939 to 1945**

by Robert Opie

Drawn from Opie's collection, this scrapbook illustrates song sheets, magazine covers, comic postcards, fashion and food, games, propaganda posters and a wealth of wartime ephemera whose very survival is remarkable.

*Ref: 03886386*

### **When I were a lad 2: more snapshots from a time that health and safety forgot**

by Andrew Davies

Snapshots from a time that health and safety forgot. A nostalgic trip back in time in photos that could never be taken today!

*Ref: 10175164*

### **With it: trends for '63**

A 49-page booklet detailing trends from 1963 including hair styles, shoes, menswear, jewellery and makeup.

*Ref: 10477370*

### **Women who dared: a book of postcards**

A book of postcards honouring 32 extraordinary women of history and today.

*Ref: 01533028*

*01533029*

### **Women's work in pictures**

by Helen J Bate

This book records in words, photographs and paintings a little of the diversity of women's lives in Britain over the years.

*Ref: 09316994*

### World of work in pictures

by Helen J Bate

Celebrates the lives of working people in words and pictures and reminds us of the many people who work hard to make our society what it is.

*Ref: 10165538*

### You are words: dementia poems

by John Killick

An opportunity to hear some voices of people with dementia. The poems are accompanied by short commentaries which provide insight into their background.

*Ref: 10166926*

### You know you're a child of the 60s when...

by Mark Leigh and Mark Lepine

Do you remember when England won the World Cup, the Fab Four, hiding behind the sofa from the daleks? Then switch on the lava lamp and find out if you are a true child of the 60s.

*Ref: 10345904*

### You know you're a child of the 70s when...

by Mark Leigh and Mark Lepine

Do you remember riding a chopper to school, Dad's Old Spice and slush puppies? Then tuck into a Curly Wurly and find out if you are a true child of the 70s.

*Ref: 10345905*

### You're it! A hop, skip and a jump through childhood games

by Katie Hewett

Down memory lane to the days when childhood games meant throwing marbles, French skipping and playing rounders. Included is all you need to play those almost forgotten games.

*Ref: 10645577*

# 5 Fiction Books

The books below were specifically designed to encourage reading and to enjoy benefits that reading brings. All titles are large print, lightweight, and contain a small number of chapters with short paragraphs. The chapters start with images, providing the reader with a helpful visual prompt.

## An Autumn Adventure

by Jamie Stonebridge

A gentle breeze brings autumn to life in this gentle story about a family visit. The Autumn Harvest Festival is perfect reason to go on a little “adventure” together.

*Ref: 10529418*

## The Best Christmas

by Jamie Stonebridge

Experience the festive mood with this delightful story about spending time together. From making Christmas cards and decorating the tree, to baking cookies and opening presents with the grandchildren, this book has all the family joy that makes this The Best Christmas.

*Ref: 10529410*

## A Day at the Beach

by Jamie Stonebridge

Enjoy the sunlight on your face, the feeling of soft sand under your toes, and the gentle surf in this story full of happy memories and experiences.

*Ref: 10529415*

## A Day at the Park

by Jamie Stonebridge

A grandmother spends a wonderful day at the park with her granddaughter. They spend time feeding the ducks, play some games, share a picnic and might even meet a new friend.

*Ref: 10529414*

## A Summer Walk

by Jamie Stonebridge

Enjoy a friendly, gentle walk in this calming story about a summer’s day full of pleasant experiences. Remember the simple pleasure of walking barefoot on grass, enjoying an ice cream or watching children play?

*Ref: 10529416*

## Trip to the Lake

by Jamie Stonebridge

A large print and short paperback book about a day in which narrator goes on a trip to the lake and gets to go sailing again, experiencing joy.

*Ref: 10529411*

### A Visit to the Farm

by Jamie Stonebridge

A surprise invitation leads a married couple to visit a farm. Their overnight stay lets them experience the sights and sounds of a working farm and enjoy spending time with animals once again.

*Ref: 10529412*

### A Visit to the Library

by Jamie Stonebridge

Share the experience as someone rediscovers the joy of visiting their local library after many years.

*Ref: 10529417*

# 6 CDs & DVDs

## Music CDs

### 50 classic pub songs

Sing along medleys including Side by Side, Moonlight Bay, Loch Lomond, Beside the seaside, When the Red Red Robin and many more.

Ref: 09523758  
10472224

### 100 hits: 50s

Classic tracks from the decade including Frankie Laine, Connie Francis, Doris Day, Frank Sinatra, Perry Como, Tony Bennett and many more.

Ref: 10472231

### Andrews Sisters: Now Is the Time (Hidden Gems from the Vaults)

64 songs including duets with artists such as Carmen Miranda, Danny Kaye, Bing Crosby, Nat King Cole, Burl Ives Ernest Tubb, and more.

Ref: 05379620

### As Time Goes By: 50 timeless classics

50 classics from "those days gone by". Featuring Glenn Miller, Bing Crosby, Vera Lynn, Frank Sinatra, The Andrews Sisters, Artie Shaw, Judy Garland and many more.

Ref: 10461575

### The Beatles: One (27 number one singles from the Fab Four)

Complete with details of release dates and the record covers for each one.

Ref: 09148570

### Billie Holiday: Unique

18 tracks including That ol' Devil called love, Falling in love again and Let's call the whole thing off.

Ref: 09172901

### Bing Crosby: Only Forever (His Greatest Hits of the 40s)

25 original mono recording from 1940 to 1949.

Ref: 09358965

### Cliff Richard: Forever

Large print songbook and CD featuring 20 tracks including Living Doll, That'll Be The Day and As Time Goes By.

Ref: 10247887

### Cole Porter: The Ultimate Cole Porter, Volume 2

22 original cast recordings.

Ref: 05378183



### Dad's Army

Original cast recording of the nostalgic music and laughter show of Britain's finest hour. By Jimmy Perry and David Croft. The show was recorded in 1975.

Ref: 08988016

### Doris Day: Day by Day

Box set of 6 albums from Doris Day: Day by Day, Day by Night, Latin for Lovers, Love Him, Showtime and Day in Hollywood.

Ref: 05377131

### EMI Comedy: Joyce Grenfell

Songs and monologues of Joyce Grenfell.

Ref: 09173694

### EMI Comedy: Laurel & Hardy

56-minute CD of songs and sketches compiled by EMI from the Hal Roach films.

Ref: 04777427

### The Fifties: A Decade to Remember

50 tracks from the 1950s. Featuring Jerry Lee Lewis, Fats Domino, Little Richard, The Platters, Johnny & The Hurricanes, The Coasters, and Pat Boone among others.

Ref: 05379606

### George Formby: England's Famed Clown Prince of Song

5 CDs and 125 sides from one of the cheekiest, cheeriest entertainers, ever.

Ref: 06532355

### Happy Days Are Here Again: 100 nostalgic favourites

Over 100 favourite, nostalgic medleys on a great double CD collection including *It's a long way to Tipperary* and *Run rabbit run*. The large-print photocopyable songbook features words to all the songs. An ideal reminiscence aid.

Ref: 10472239

### Hello Children... Everywhere

A 2CD boxset of definitive "Children's Favourites" from the 1950's BBC radio programme presented by "Uncle Mac" aka Derek McCulloch. 46 tracks. Artists include Danny Kaye, Doris Day, Rosemary Clooney, Mel Blanc, and many more.

Ref: 09381845

### Hello Children Everywhere! 60 favourite kids' songs

3 CDs of favourite children's songs from the 1950s and 60s.

Ref: 10194408

### Housewives choice: favourite hits from yesteryear

These 75 favourite hits from the 1950's are guaranteed to bring back memories and get everyone singing, even without the housework!

Ref: 10247894

### The John McSweeney Collection: 101 Songs You Know By Heart

16 medleys including You Are My Sunshine, Don't Fence Me In and Who's Sorry Now? Includes 101 song singalong DVD.

Ref: 10472237

### Memories are Made of This

Compilation of 18 songs by various artists, including Danny Williams, Glenn Miller, Peggy Lee, Billie Holiday, Vince Hill, and Ella Fitzgerald.

*Ref: 04777434*

### Memories are Made of This: 60 solid gold hits

Compilation of 2 CD with songs from 1950s, 60s and 70s

*Ref: 10497898*

### Monty Python Live at Drury Lane

22 tracks recorded at The Theatre Royal in 1974 with some of the sketches that have thrilled generations.

*Ref: 00198931*

### Nat King Cole: 20 greatest hits

Large print songbook and CD featuring 20 tracks including Ramblin' Rose, Route 66 and Mona Lisa.

*Ref: 10459648*

### Nat King Cole: Love Songs

22 songs with The King Cole Trio including Sweet Lorraine, I Feel So Smoochy, You Call It Madness, Makin' Whoopee and Nature Boy.

*Ref: 05428343*

### Nat King Cole: Unique

19 tracks including Unforgettable, Ain't misbehavin' and Makin' whoopee.

*Ref: 09172900*

### Norman Wisdom: The Wisdom of a Fool

24 tracks including songs with Joyce Grenfell and Pip Hinton.

*Ref: 12109719*

### On the air: celebrating 90 years of broadcasting

50 well known theme tunes to help reminiscence such as ITMA, Light Programme, Pick of the pops, Dixon of Dock Green and Monty Python's Flying circus.

*Ref: 10083485  
10472220*

### Original 60s Number 1s Album

24 groovy hits from the stars of the swinging sixties. Including the Animals, Beach Boys, Hollies, Adam Faith and the Shadows, among others.

*Ref: 09523754  
10472217*

### Over 100 Party Favourites

A double CD offering over 2 hours of over 100 of the world's party favourites.

*Ref: 10477308*

### Perry Como: Very Best Of

Emerging in the post-war popular music boom, Perry Como established himself across a 50-year career as one of the most-loved crooners of his era, and this collection assembles some of his best-known songs. 20 tracks in all.

*Ref: 10220927*

### Singalong favourites: Max Bygraves

The CD includes Run Rabbit Run, Lili Marlene, Apple Blossom Time, Whispering Grass, Bless 'em All and many more.

Ref: 10472219

### Sing-Along with Eldersong Volume 1

Lyrics book with an accompanying CD. Old songs in low keys.

Ref: 09523778

### Sing-Along with ElderSong Volume 2

Lyrics book with an accompanying CD.

Ref: 09523779  
09848590

### Sing-Along with ElderSong Volume 3

Lyrics book with an accompanying CD.

Ref: 06987103  
09523783  
09848597

### Sing-Along with ElderSong Volume 4

Lyrics book with an accompanying CD

Ref: 06987104  
09523784  
09848587

### The Story of Your Year collection

This collection includes CDs with original hits and 24-page booklets with news and fun facts of the particular year.

1950: the story of your year Ref: 10493150

1951: the story of your year Ref: 10493149

1952: the story of your year Ref: 10493148

1953: the story of your year Ref: 10493147

1954: the story of your year Ref: 10493146

1960: the story of your year Ref: 10493140

1961: the story of your year Ref: 10493139

1962: the story of your year Ref: 10493138

1963: the story of your year Ref: 10493137

1964: the story of your year Ref: 10493136

1970: the story of your year Ref: 10493145

1971: the story of your year Ref: 10493144

1972: the story of your year Ref: 10493143

1973: the story of your year Ref: 10493142

1974: the story of your year Ref: 10493141

1980: the story of your year Ref: 10493135

1981: the story of your year Ref: 10493134

1982: the story of your year Ref: 10493133

1983: the story of your year Ref: 10493132

1984: the story of your year Ref: 10493131

### Susan McCann: String of diamonds

70 easy-listening love songs and singalongs in folk/country style.

*Ref: 10247884*

### Top 10 hits of the 50s

Featuring Elvis Presley, Dean Martin, Bing Crosby, The Platters, Doris Day, Nat King Cole and Rosemary Clooney among others.

*Ref: 09523757  
10472222*

### The Ventures: Batman/TV Themes

Compilation of 24 TV theme tunes from the 1960s and 1970s, including shows such as M\*A\*S\*H\*, Star Trek, Charlie's Angels, and many more.

*Ref: 03838459*

### The Very Best of Glen Miller

Beautifully remastered (by Mike Hedges) compilation of 24 tracks charting the brief but hugely prolific and successful career of the US jazz trombonist, arranger, composer and bandleader.

*Ref: 09172014*

### The Very Best of Jim Reeves

20 Tracks including I Love You Because, There's A Heartache Following Me and Have I Told You Lately That I Love You?

*Ref: 10477292*

### Walk tall: The Very Best of Val Doonican

40 tracks across 2 discs including Paddy McGinty's Goat, Ring of Bright Water and King of the Road.

*Ref: 10477293*

### Walk right back

80 non-stop hits from the 50's and 60's to singalong to. All original artists.

*Ref: 10472221*

### World War II Love Songs

Compilation of 14 songs.

*Ref: 03444986*

### You Must Remember This...: Classic Themes from TV & Radio

Features Desert Island Discs, Dulux Paint, Tate & Lyle Sugar, The Archers, Radio Times and many more.

*Ref: 02349860*

## Spoken Word CDs

### The Goon show: 'The collapse of the British Railway Sandwich System' (volume 23)

Four original BBC radio episodes of classic and timeless "Goonery".

*Ref: 09383196*

## Information DVDs

### Living Life: activities at the heart of care

NAPA's informative and compassionate DVD shows that living in a care home can give people quality of life. It offers key insights into what good quality care can and should look like.

*Ref: 03881464*

*NAPA has also produced an 'Activity ideas' good practice guide in this collection (Ref: 03881465)*

### Living with Dementia: a promotional DVD

A DVD that explains the condition, support and services available in Surrey. By Surrey and Borders Partnership.

*Ref: 04019922*

### Monarchy - the Royal Family at work

Documentary series on DVD providing an insight into the life and work of the Queen and Royal Family over the course of a year. Discover how the Royal Family fulfils its duties at home and abroad.

*Ref: 06997461*

### Royal wedding in colour: of HRH Princess Elizabeth and lieutenant Philip Mountbatten

Shot by the late Jack Cardiff, this film of the Royal Wedding contains never before seen footage in full colour of the processions at Westminster Abbey and afterwards at Buckingham Palace of the wedding of HRH Princess Elizabeth and Lieutenant Philip Mountbatten in 1947.

*Ref: 09848649*

### What every caregiver needs to know about Alzheimer's disease

A DVD teaching tool for professional & family caregivers, divided into four sections and includes real family profiles, actors portraying common dementia behaviours and interviews with real caregivers.

*Ref: 09848580*

### Work and Leisure: two films with still images and music

From Pictures to share, this DVD contains 2 short films, one of work and one about leisure, made up of still images, sound effects and a specially commissioned soundtrack.

*Ref: 10219872*

## Exercise DVDs & CDs

### Chair exercises for senior adults

This CD contains 12 tracks each focusing on different parts of the body. Easy to follow commands are included on the CD.

*Ref: 09848594*

*10247806*

### Move it or lose it! Seated exercise for older people – Routine 1

A DVD with gentle guided fitness routine specially tailored to suit older or less mobile people.

*Ref: 10247804*

*10459655*



### **Move it or lose it! a top to toe workout whatever your age or ability – Routine 2**

This DVD, designed by specialist teacher Julie Robinson and her team of enthusiastic older people, offers a varied routine to help improve muscle strength, flexibility and balance.

*Ref: 12109713  
10467438*

### **Put pep in your step**

Scientists and experts have developed this DVD to improve your everyday life with easy-to-follow exercises that are fun to do.

*Ref: 10247803*

### **Seatworks: keep fit while you sit**

by Dr Billy Gober

This CD contains 12 chair exercises for the older adult with instructions on the enclosed booklet.

*Ref: 09848592*

### **Sittercise: seated activities for all ages**

by Dr Billy Gober

This CD contains 12 seated activities for all ages with instruction on the enclosed booklet.

*Ref: 09848591*

## **DVD Films & TV**

### **An Affair to Remember (1957)**

Starring Cary Grant and Deborah Kerr, a playboy and a nightclub singer embark on a shipboard romance and eventually fall completely in love with each other. They decide to make a pact that when they arrive back at their separate homes, they will end their respective relationships, and rendezvous in six months' time at the top of the Empire State Building. The course of true love, however, never does run smoothly.

*Ref: 10957880*

### **Cool Hand Luke (1967)**

Starring Paul Newman, Luke is sent to a Deep South chain gang after smashing up some parking meters. Convict boss Dragline tries to crack the new inmate's spirit but Luke refuses to be broken.

*Ref: 10957907*

### **The Day the Earth Stood Still (1951)**

A Sci-Fi black and white film where an alien lands and tells the people of Earth that they must live peacefully or be destroyed as a danger to other planets. Starring Michael Rennie and Patricia Neal.

*Ref: 10794968*

### **Look back in Anger (1959)**

A British drama directed by Tony Richardson in which Richard Burton plays angsty young man Jimmy Porter in this screen adaptation of John Osborne's ground-breaking stage play.

*Ref: 08995539*

### **Move over Darling (1963)**

Screwball comedy starring Doris Day as the long-lost wife who is rescued and returns home on the same day her husband is remarried. Ellen (Day) and Nicholas Arden (James Garner) were both involved in a plane crash which saw Nicholas rescued, and Ellen presumed dead.

*Ref: 10957868*

### **My week with Marilyn (2011)**

Drama based on the memoirs of Colin Clark, who worked as an assistant on the set of 'The Prince and the Showgirl', the 1956 British-made film starring Marilyn Monroe. Clark escorts Monroe to a short break in the English countryside. Monroe recounts her remarkable story and reveals the fragile foundation of contradictions and insecurities on which her stardom is built. Judi Dench, Emma Watson and Dominic Cooper co-star.

*Ref: 12109711*

### **Nostalgia: How much do you remember from the 60's, 70's, 80's, 90's and beyond?**

A DVD quiz game for 2 or more players. Age 14+. Packed with iconic video and audio clips, still images and questions from history and popular culture.

*Ref: 12109712*

### **Roman Holiday (1979)**

Audrey Hepburn and Gregory Peck star in this classic romantic drama. Bored with royal protocol while in Rome for an official engagement, a Princess escapes her claustrophobic entourage in order to see what life beyond the castle is like.

*Ref: 08996112*

### **Snow White & the Seven Dwarfs (1937)**

A classic film about a princess who is exiled into the dangerous forest by her wicked stepmother but is then rescued by seven dwarf miners who make her part of their household.

*Ref: 09003491*

### **True Grit (2011)**

Powerful story of vengeance and valour set in an unforgiving and unpredictable frontier based on the novel by Charles Portis and the 1969 film. A fourteen-year-old girl enlists a man to avenge her father's death. Directed by Joel and Ethan Coen.

*Ref: 12109710*

### **War Horse (2012)**

Epic adventure based on the children's novel by Michael Morpurgo and award-winning play. Directed by Steven Spielberg, the film is a tale of incredible loyalty, hope and tenacity set against the sweeping canvas of World War I.

*Ref: 12109709*

# 7 Postcards & Flashcards

## Cause & effect

A set of 24 pairs of large format photocards. Each pair shows an activity and its consequence. The cards are divided into 4 groups: accidents, difficulties, time and emotions.

*Ref: 09893210*

## Chatterbox 1950s: cards for sharing and enjoying memories from another time

A set of cards to share and enjoy with anyone who can remember the 1950s, complete with stories behind the images and useful conversational prompts.

*Ref: 10247875*

*10472230*

*10480566*

## Clothes: flashcards

96 colour photographs depicting items of clothing in six categories: infants, children, women, men, sportswear & accessories. A valuable tool for stimulating discussion and language development.

*Ref: 04019928*

## Decades discussion cards: 1950s and 1960s

40 photographic cards to introduce, remind and inform about people, places and events of the 1950s and 1960s. An invaluable tool for care groups, nursing homes and senior citizen centres.

*Ref: 10459661*

## Everyday Life Photos: Children & Family Life

20 photographs in this set celebrate the everyday events that we all experience in our lives. Older adults will be reminded of their childhood. This publication is American, so some photos are not instantly recognisable as British.

*Ref: 09848586*

## Faces that live forever: postcards

Box of 48 postcards featuring black and white photographs of famous performers.

*Ref: 03886390*

*01606415*

## Famous faces: talking and remembering

Contains 50 photographs of memorable people from 1945 to 2000. An excellent activity with individuals or groups.

*Ref: 09148608*

*10480590*

## Following directions: fun deck

This set of 58 cards (52 single step, 4 connector cards and 2 game ideas cards) focuses on improving memory, motor skills and processing directions. Can be used on a one-to-one basis or in a group. Some American words.

*Ref: 09893194*

### **Food: flashcards**

96 colour photographs depicting food items in six categories: fruit, vegetables, basics, prepared food, drinks & snacks. A valuable tool for stimulating discussion and language development.

*Ref: 04019933*

### **Home: flashcards**

96 colour photographs depicting items found in the home in six categories: lounge, dining room, kitchen, bedroom, bathroom & study. A valuable tool for stimulating discussion and language development.

*Ref: 04019930*

### **Household treasures: flashcards**

25 shaped flashcards depicting household treasures and nursery favourites such as a 1920s teddy bear, a 1930s dolls house, a 1940s National Identity Card, a 1950s red desk telephone and a 1960s portable radio.

*Ref: 03886775*

*05454942*

*06570321*

### **Imagination questions: fun deck**

This set of 56 cards and 4 content/game ideas cards will help to improve storytelling, describing and thinking skills. While the contents are aimed at students the ideas are easily adapted for older people. Some American words.

*Ref: 09893219*

### **Indoor sounds**

A sound and picture matching activity with 40 sounds on the CD with matching laminated cards. The familiar sounds are arranged in 4 groups of 10.

*Ref: 09893230*

### **Lifetimes: flashcards**

A collection of A4 sized flashcards grouped into six sections: Childhood, The Shops, Family Entertainment, Family Health, Growing Up, and Going to Work. There are four copies of each photograph so that several people can look at the same photograph at the same time. A comprehensive handbook accompanies the photographs.

*Ref: 01201931*

*01213076*

### **Life times: life events flashcards**

This collection of 36 cards represents a range of key moments experienced in life, offering an opportunity to consider, reflect and discuss how this might affect the individual, family, friends or group. The cards are grouped into key moments, memorable events, typical life experiences and possible life experiences.

*Ref: 09893217*

### **Many happy returns 1940s: for sharing and enjoying memories from another time**

A set of cards to share and enjoy with anyone who can remember the 1940s, complete with stories behind the images and useful conversational prompts.

*Ref: 10472240*

### Memory Joggers 1940 – 1989: Entertainers (1996)

Book and 50 flash cards.

Ref: 03480128

### Memory Joggers 1940 – 1989: Entertainers (2014)

Book and 50 flash cards.

Ref: 10493153

### Memory Joggers 1940 – 1989: Royalty: flashcards

Book and 50 flash cards.

Ref: 03951034

10459659

### More famous faces: talking & remembering

Contains 36 photographs of memorable people from 1945 to 2000. An excellent activity with individuals or groups.

Ref: 10247881

### Occupations: flashcards

96 colour photographs depicting various occupations in six categories: arts & crafts, trades, health workers, public services, transport & general. A valuable tool for stimulating discussion and language development.

Ref: 04019929

### Personal items

These 38 photographic cards can be used for improving vocabulary, communicating needs or as a flexible tool for language development in adults with communication problems.

Ref: 09148618

### Possessions: flashcards

96 colour photographs depicting items of personal possessions in six categories: care, children, domestic, leisure, personal & toiletries. A valuable tool for stimulating discussion and language development.

Ref: 04019931

### Problem solving

by Colorcards

A set of 48 cards numbered in groups of three. One shows the problem, one shows a possible solution, and one shows an alternative solution.

Ref: 09893211

### Reminiscence cue cards: life events 50s/60s

A new set of 35 laminated cards looking back to the 50's and 60's to the everyday moments, possessions and activities that were familiar during that time. Great for life history work.

Ref: 10247883

### Reminiscence Grocery cards: postcards

25 cards, some shaped, showing advertisements from time past for grocery items such as Bovril, Camp coffee, Bisto and Colman's Mustard. Many of the cards are duplicated and could be used for a matching game.

Ref: 10247786

10247787



### **Sequences: 4-step**

The 48 large format photographic cards are arranged into 12 four step sequences showing a familiar activity occurring over a short time span. It encourages sequencing, logical thought, observation expression, vocabulary and communication skills.

*Ref: 09148609  
10459658*

### **Sequences: 6 & 8 step for adults**

The 48 large format photographic cards arranged as 4 six step and 3 eight step sequences in both indoor and outdoor contexts. The stories vary in activity, inference and visual complexity.

*Ref: 09893212*

### **Sequencing: fun deck**

Contains 19 sets (3 cards in each set) of illustrated and sequential scenes. Instructions and ideas on how to use and a card list are included. Can be used for individuals or in a group.

*Ref: 09893214*

### **Sporting Legends: reminiscence cards**

Set of 49 images featuring childhood sporting legends from the 1940s to 2000s.

*Ref: 10497884*

### **Story Starters**

A set of 30 imaginative situation cards is designed to boost creative thinking and writing. There are 6 specific genres and a CD with worksheets to print out. More information is in the instruction booklet.

*Ref: 09848579*

### **Transport and Vehicles cards**

Set of 96 colour photo cards of vehicles and other forms of transport arranged in six categories (air, water, rail, personal, cycles, and service/work).

*Ref: 10527107*

### **What's wrong?**

This set of 48 photographic cards shows a variety of well-known activities. In each entertaining or humorous image something is wrong, and the game is to discover what is wrong in each case

*Ref: 10459660*

# 8 Memorabilia Packs

## **1950s household: memorabilia pack**

Contains a miscellaneous collection including a Belling brochure, household bills, Radio Rentals brochure, a ration book and miscellaneous advertising images.

*Ref: 09523691*

## **1960s childhood: memorabilia pack**

Pack contains a miscellaneous collection of toy leaflets, cards, I-Spy on a Train Journey booklet, Action Man manual, Ellisdons Catalogue, pamphlet advertising comics and annuals, child's school essay and a report card.

*Ref: 10527110*

## **The Battle of Britain: documents May to September 1940**

Pack of documents relating to the World War II, including a membership card of Local Defence Volunteers, newspaper page reporting the evacuation of troops from Dunkirk, posters, extract from an aircraft identification booklet, and more.

*Ref: 12109724*

## **Battle of Britain: Eight historic photographs**

Collection of 8 black and white photographs taken during World War II in Britain, on A5-size cards. Published by the Imperial War Museum.

*Ref: 01464249*

## **Christmas past: memorabilia pack**

Contains a miscellaneous collection including comic, teleguide, gift brochures and a pamphlet of carols.

*Ref: 10480600*

## **The Home Front: documents relating to life in Britain, 1939-1945**

Pack of documents relating to the World War II, including a facsimile ration book, identity card, evacuation label, letter from an evacuee, cookery leaflet, page from an incident log, and a front page from the News Chronicle announcing VE day.

*Ref: 03633919*

## **Home Front: Memorabilia Pack**

The set contains Clothes Ration book, War Emergency leaflet, household leaflets, postcard images, chart of gases information, rationing receipt plus trade cards.

*Ref: 10480602*

## **Read all about it! Nostalgia newspaper: Moon landing 1969**

Replica abridged version of the Evening Standard from Monday 21st July 1969 with full coverage of the moon landing, one of the most epic events of the last century! Useful for prompting memories for those who may recall viewing or hearing the pivotal moment.

*Ref: 10493654*

**Seaside Holidays: memorabilia pack**

Contains a miscellaneous collection of seaside replica, including postcard images, hotel pamphlet, timetables, deckchair tickets, holiday camp brochure, I-Spy at the Seaside booklet, and more.

*Ref: 10527111*

**Yesterday's Money: Memorabilia pack**

Coin set containing 18 coins from 1937 to 1967 and 8 cards with colourful images and history of Cadbury's Chocolate, Potato Smith's Crisps, Colman's Mustard, and other items available to buy during that period.

*Ref: 01533027*

# 9 Reminiscence & Memory Boxes



## Garden Box

Hessian sack containing tin trough, toy garden implements, string, 3 wooden fruit and veg, gloves, windmill, plant labels, dried lavender and a pack of reproduction gardening leaflets

*Ref: 10477349*

## Glenferrie reminiscence collection

A collection of household items which have been put together to stimulate the memory by using the senses e.g. mothballs, a mousetrap, Sunlight soap, 'Blue-bag', fly paper and pre-decimal currency are some of the items assembled along with practical guidelines on their use.

*Ref: 00634546*

*04211997*

*09893226*

*10459712*



## 1960s Men's Night on the Town

Makes a unique group reminiscence activity to encourage conversation and memories. Packed full of the essentials that any discerning gentleman would have used to get ready for a night at the local 'hop'. Items includes, comb, shaving brush, tie, boot polish kit, shirt garter, braces, clothes brush, Brylcreem tin sign, pipe, nostalgic postcards, CD, nostalgic storage box.

*Ref: 10480562*



## Memory box 1

Contains a variety of everyday items designed to stimulate the memory including a skipping rope, yoyo, rolling pin and thimble.

*Ref: 10497895*

*10477347*



### Memory box 2

Contains a variety of everyday items designed to stimulate the memory including a pastry brush, bicycle clip, tobacco tin, pears soap and a pipe.

Ref: 10247817  
10477350

### Natural tactile kit

Box with bags containing fir cones, seashells, pebbles, circular wood offcuts, wood stumps, feathers, leaves, lavender, spices and dried flowers.

Ref: 03881476  
03881477



### Reminiscence toy box

This contains a variety of wooden toys: table skittles, tic-tac-toe, pick-up sticks, whip and top, cup and ball, skipping rope, yoyo, diabolo and hoop-la.

Ref: 12109706  
12109707  
12109708

### Traditional Toy Box

11 traditional toys in a pretty storage box including a wooden rattle, pop-up clown puppet, spinning top and a musical toy.

Ref: 10477351  
10247857





### Scentscape: At Home

Designed to stimulate everyday memories to help support the experience of being in the home. The scents baby powder, clean linen and a freshly baked fruit cake combine with beautifully crafted sounds reminiscent of a busy and happy household to help someone relax and feel...At Home! Contains CD, 3 bottles of scent and 3 smelling jars.

*Ref: 10493110*

### Scentscape: At the Seaside

Combines both sound and scent to help transport people to that place, stimulating memories and starting conversation that would otherwise have been difficult to reach. Contains a CD, 4 bottles of scent and 4 smelling jars.

*Ref: 10477319*

### Smell Box (14 items)

A box containing the following 14 bottles of Reminiscent Fragrances:

Lemon Juice, Lily of the Valley, Marzipan, New Cut Grass, Pear Drops, Rose, the Dentist, Apple, Blackpool Rock, Carnation, Germoline, Hyacinth, Lavender, Leather.

*Ref: 05457276*

*05457277*

*06987110*

### Smell Box (12 items)

A box containing the following 12 bottles of Reminiscent Fragrances:

Lemon, Lily of the Valley, Marzipan, New Cut Grass, Pear Drops, Rose, the Dentist, Apple, Germoline, Hyacinth, Lavender, Leather.

*Ref: 10247780*

*10493159*

*10493160*

# 10 Games and Activities

## **3D shape awareness game: tactile perception and matching**

Canvas bag containing 12 wooden boards each with two identical silhouettes and 24 wooden figures, 2 of each shape to fit and match with the silhouettes. Can be played solo or with 2 – 4 players.

*Ref: 03881471*

## **All about us: board game**

This wonderful board game for 2+ players connects the joy of life-storytelling, reminiscence, and mindfulness. It offers players a walk through the decades of their lives to unlock personal stories, learn about each other and enjoy time together.

*Ref: 12109739*

## **Animal Snap: Card game**

Card game for 2 to 4 players. There are three variations with different difficulty levels to choose from – Snap, Pairs, and Full House. Designed for people with early stages of dementia, the illustrated cards feature easily recognisable images in bold contrasting colours.

*Ref: 12109740*

## **The art of conversation**

by Keith Lamb

100 cards, each with 3 questions to prompt conversation and create discussion.

*Ref: 10247871*

## **A very British quiz: audio quiz game**

Included in the pack are 9 uniquely British audio quiz games to test your knowledge of the Great British culture.

*Ref: 09848576*

## **Bags of feelings**

6 different coloured bags with a small neutral figure each with a different posture representing a different emotion. Designed to evoke responses and explore and verbalise feelings.

*Ref: 10480837*

## **Beach Holiday: Aquapaint with water**

Includes 5 different images: Donkey, Beach Tools, Fish & Chips, Ice Cream Van, Pier. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10493912*

## **Be Active with Games**

by Betsey Pegelow

Developed specifically for persons with Alzheimer's disease and the memory impaired, a bag of 13 activity ideas and games. Includes Fabric Fun, Seek and Find, Bingo, and more.

*Ref: 09316609*

### **Brainbox: senior moments: the ten minute brain challenge**

Beautifully illustrated cards featuring scenes that most of us past a certain age will recognise from the first moon landing to memorable hairstyles. This brainbox will help improve observation, memory and conversational skills.

*Ref: 10247838*

### **Category Snap card game**

Card game for 2 to 4 players. There are three variations with different difficulty levels to choose from – Snap, Pairs, and Full House. Designed for people with early to mid-late stages of dementia, the illustrated cards feature easily recognisable images in bold contrasting colours.

*Ref: 10527117*

### **Category sorting game**

This game encourages language, conversation and thinking skills. Items can be sorted into more than one category. Some items have American links, but a British equivalent can be used. Game contains 1 plastic basket, 10 sorting cups and 50 items for sorting.

*Ref: 09893229*

### **Classic Vehicles: Aquapaint with water**

Includes 5 different images: Car, Train, Bus, Motorcycle and Moped. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527119*

### **Coastal Escape: Aquapaint with water**

Set includes 5 different images with a coastal theme, and provides a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 12109741*

### **Conversation Cubes**

Designed to spark discussion. Colourful 4cm soft foam cubes feature 36 engaging questions about experiences and perspectives.

*Ref: 03883966*

### **Decades Quiz**



Floor quiz mat with decades displayed. Throw the bean bag and answer a question based on that decade – a fun way to gently exercise and reminiscence at the same time. Game contains a floor mat, 4 coloured bean bags, and 150 question cards covering the 1940s through to the 1980s.

*Ref: 10477352*

### Days Out: Aquapaint with water

Includes 5 different images: Hot Air Balloon, Boat, Dancing Couple, Couple on a Sun Lounger, and King's Guard. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10493156*

### Double Six Dominoes

A traditional set of 28 smooth edge and highly polished tiles.

*Ref: 12109723*

### Eldersong bingo

20 to 30 second excerpts of 54 songs, 24 bingo cards with 16 large print titles on each card, a laminated check list and instructions in a bag. CD can also be used for 'Name that tune'

*Ref: 09523781*

### Family bingo

A fun game based on an original 1950s set. Comes in a small lightweight cardboard box.

*Ref: 12109722*

### Farm Memories: Aquapaint with water

Includes 5 different images: Sunflower, Cockerel, Cow, Pumpkins and Tractor. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527116*

### Fidget widget toolkit

by Alzheimer's Society

Contains 5 specially designed widgets each with a particular motion; spin, slide, twist turn or roll. The motion can help to relax or calm an individual or simply support repetitive actions.

*Ref: 10493105*

### Floor Target

Large floor mat with multiple score target and four bean bags. Ideal for seated play.

*Ref: 10459703*

### Friendly Farm counters

72 plastic animals in a tub; cow, duck, horse, pig, rabbit and sheep in 2 sizes and 6 colours. Can be used as counters or for sorting and conversation.

*Ref: 09848573*

### Gallop! scanimation lamp

An electrical lamp that moves once it's warm making the 6 animals on the panels appear to move. Lamp **must** be switched off before changing the panels. With 9 scanimation panels and an adapter with the lamp in a box.

*Ref: 10247778*

### **Garden Wonders: Aquapaint with water**

Includes 5 different images: Robin, Lawnmower, Vegetables, Roses and Hedgehog. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527114*

### **Giant foam floor size pattern blocks**

A great creative activity for helping maintain and develop skills in designing, shape recognition, matching and sorting. Pattern blocks allow 4 - 6 people to create a design together. The set contains 4 yellow hexagons, 6 orange squares, 12 green triangles, 6 trapeziums, 9 wide diamonds (parallelograms) and 12 thin diamonds (rhombuses).

*Ref: 10247854*

### **Home Comforts: Aquapaint with water**

Includes 5 different images: Afternoon Tea, TV watching, Knitting, Gramophone, Spinning Top. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527120*

### **Home Improvement: Aquapaint with water**

Includes 5 different images: Tools, Paints, Car cleaning, Sawing wood and Wallpaper. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527118*

### **Home Sweet Home: Scents and sounds**

Collection of three different smells (Fruit Cake, Shoe Polish, Baby Powder) and an accompanying CD sounds to evoke memories through a powerful combination of sound and scent. Includes step by step guide.

*Ref: 10497891*

### **Humm Bug: the hum 'n' guessin' game**

A board game with cards, sand timer, playing board, and counters. The cards show lists of tunes from the 1950s through to the 2000s for players to hum and other players to guess.

*Ref: 06987107*

### **Image snap: card game**

The pack includes three games of different difficulty levels: Snap, Pairs and Full House. The aim of each game is to match families of cards, e.g. Snap requires the player to match two cards from the same family. The cards have all be designed with high colour contrast and easily recognisable images that support people with dementia to play each game without assistance. The three different difficulty levels ensure this game is suitable for people with early or mid-stage dementia.

*Ref: 10480565*

### **Interlocking sensory stones**

4 pairs of interlocking stones which fit together in up to 4 positions.

*Ref: 10477322*

### **In the Garden: Aquapaint with water**

Includes 5 different images: Hedgehog, Roses, Lawnmower, Vegetables and Robin. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10493111*

### **Know your knots**

Activity contains a starter kit for making knots - brass ring, thin rope, thick rope, and information sheet on making knots.

*Ref: 10527105*

### **Let's talk: discussion and prompt cards for use with all groups**

A set of 78 cards divided into 3 themes; One thing, Think back and Let's talk; for use in promoting meaningful discussion and encourage people to talk about themselves, likes, dislikes and feelings.

*Ref: 10247873*

### **Life Histories game: a board game to aid reminiscing, writing life histories and helping people get to know each other**

Box containing board, game rules, 8 sets of cards, 2 dice and 8 playing pieces and a timer.

*Ref: 09893196*

### **LifeStories: a fun game of telling tales and sharing smiles with family & friends**

A board game of storytelling based on each player's own life experiences. Players will have a great time talking about people, events, thoughts, hopes and dreams. Everyone wins!

*Ref: 05050085*

### **Magnificent birds: Aquapaint with water**

Set includes 5 different images of birds, and provides a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 12109742*

### **Match the catch phrase**

Contains 30 popular catch phrases across 60 durable plastic tiles. Match the catch phrases with its meaning. Examples include: "Forty winks/ A short sleep", "Tie the knot/ Get married" and "Costing an arm and a leg/ Very expensive".

*Ref: 10477374*

*10480568*

### **Match the sayings: set 1**

Contains 30 popular sayings printed in large print on thick, (3mm) durable plastic. (50 tiles in total). Tiles come in a turquoise drawstring bag. Laminated Answer Card included

*Ref: 10497900*

*10477373*

### **Match the sayings: set 2**

30 more favourite, traditional proverbs and similes to trigger memories and get the conversation going. Tiles are 3mm thick so do not bend and the print is large, clear and bold. Set comes in a bright yellow draw string bag. Laminated Answer card included.

*Ref: 10480569*

*10477348*



### Match the song title: volume 1

Game contains 60 robust plastic, wipe clean tiles containing 30 song titles from the 1940's - 1960's to match together. Songs include: "Anything You Can Do .... I Can Do Better", "Thank Heaven for .... Little Girls", "That's Why The Lady Is A Tramp" and many more.

*Ref: 10247841*

### Match the song title: volume 2

Game contains 60 robust plastic, wipe clean tiles containing 30 song titles from the 1940's - 1960's to match together. Songs include "Puff The Magic Dragon Lived By The Sea", "Whistle While You Work", "Face The Music And Dance" and many more.

*Ref: 10477375*

### Memory Lane Bingo

Containing wipe clean bingo cards, checkboard and tokens.

*Ref: 05454954*

### Music and hat activity bag

Put on the hats, choose the matching song and sing along with the song book! Set includes large print song book, CD and 11 hats including pirate, policeman and sailor.

*Ref: 10477372*

### Musical bingo: audio bingo game

Perfect for groups of up to 8 players who get to listen to recognisable pieces of music and match them up with the instruments on their bingo cards. The game includes a CD, a flip book with images of instruments, bingo caller card, 8 player cards, and a bag of counters.

*Ref: 12109743*

### Musical bingo: 40 traditional sing-along songs from the 30s, 40s & 50s

Features 40 songs on CD, with counters and 20 bingo cards.

*Ref: 09848575*

### Musical quiz

The 80 tunes selected for Musical Quiz are evergreen all-time favourites which will trigger many memories. The tunes are played twice, one after the other, to give the listener time to guess the tune correctly. This activity is on CD.

*Ref: 06987108*

*09848588*

*10472218*

### Nostalgia: the game that recalls the past

Take a reminiscence ramble through the most momentous events of the late 20<sup>th</sup> century with this fun game for 2 or more players. From nodding dogs to pogoing punks, Hammer Horrors to frightful fashions, historical events to hysterical happenings, you'll face a barrage of questions from the 60s, 70s and 80s.

*Ref: 09148604*

### Ocean Life: Aquapaint with water

Includes 5 different images: Turtle, Fish, Dolphin, Starfish and Lobster. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10527115*

### The Original Beetle Drive

Throw the dice and be the first to complete your beetle. A classic game for any number of players.

Ref: 10477320  
03883942

### Pet Counters

70 plastic pets in a tub. 10 or more each of bird, cat, dog, fish, guinea pig and rabbit in 6 colours. Purple, yellow, red, green, orange and blue. Can be used as counters or for sorting or to stimulate memories of past pets.

Ref: 09489468

### Picture perfect: creative design for the mind

Simple and straightforward to use, no glue, no tile cutting, no mess - plus it can be used time and time again! Simply place the see-through plastic grid over any of 16 colourful picture patterns and lay matching tiles onto the grid.

Ref: 10247856

### Picture this: game

Containing 45 picture cards and matching picture strips. Each card has a black and white photograph, a caption and a number. The photographs cover a wide range of everyday topics from days gone by which should get the players chatting and reminiscing. The cards can be used in a variety of ways.

Ref: 05454961  
05457203

### The Popular Game of Magnetic Fishing

Classic game in a cardboard box. Catch the fish to score the points.

Ref: 12109721

### Remember When – audio quiz game

Hosted by Sir David Frost this pack includes 3 CDs with 9 retro audio quiz games to test the memory of everything nostalgic.

Ref: 09523782

### Reminiscence bingo

A game to improve social interaction, orientation, concentration and self-esteem. The game is directed at adults of all ages and can be used in out-patients' clinics, adult day care centres and nursing homes. Instead of numbers the game uses everyday topics such as school and work, recreation and family, seasons, weather and holidays. The contents include instructions, 12 player cards, 200 chips, a master sheet and chips for the therapist.

Ref: 09148600  
09523780

### Reminiscence target mat

Players simply throw their bean bags onto the mat and answer the relevant question. The game can also be broadened out to include conversation around the topic, with additional questions and prompts coming from the facilitator.

Mat measures: 120cm x 85cm. Print is extra-large (white text on red background) mat can be wiped clean. 4 bean bags included.

Ref: 10247842

### Reminiscence target mat 1960s

1960s edition of the reminiscence target mat. Players simply throw their bean bags onto the mat and answer the relevant question. Mat comes with 4 colourful bean bags and measures 120cm x 85cm.

Ref: 10247843

### Reminiscing 1960s – 2000s: board game

Game for 2-4 players or for teams. The box contains instructions, game board, reminiscing booklet, dice, playing pieces and four decades booklets. The decade booklets each contain 'flashback' relating to a particular era.

Ref: 07064080

### Scented Bell Balls

A delight to see, hear, smell, touch, throw, bounce and squeeze. These sparkling, low bounce hollow balls have a lively jingle bell inside. Made from fused plastic pellets, the size of a tennis ball, they are easy to grip. Six assorted colours.

Ref: 04019938

### Scented Sound Dice

A tactile, aromatic dice with a bell inside for auditory appeal. This multi-sensory dice is orange in colour and smell and is a 15cm cube.

Ref: 04019939



### Shape labyrinth board

Guide the colourful shapes around the track, starting at 'start.' Excellent for hand/eye coordination. Also ideal for colour matching and shape recognition.

Ref: 10493154

### Shape sorting circle

10 brightly coloured wooden pieces with holes to fit over different geometric shapes on the base board. Great for improving hand eye coordination and spatial thinking for people with dementia.

Ref: 10247808

### Shut the box game

A game of luck for 2 or more players in which the object is to close down as many of the numbers as possible in the box. Contains a game box, 2 dice and instruction booklet.

Ref: 10247807

### Speedy recall: the edgy game of quick wits

Card game with a thousand different possible category and letter combinations to keep you on your toes as everybody plays at the same time, trying to make a speedy recall and shout a good response.

Ref: 10247886

### Sports trivia cards: over 190 quiz questions

Boxed trivia pack of 50 cards with over 190 quiz questions. Great for quizzes in groups or as conversation starters for 1-1 activities. Get participants chatting, thinking and reminiscing on events and topics covered in these sets.

Ref: 10493152

### **Square up: the shaking, sliding, matching game**

A fun, stimulating game that requires no pencil. Simply shake the small cube shaker to determine the puzzle pattern and then try to match that pattern by moving the colourful plastic tiles into different positions. Square Up can be played on your own or with a friend, partner or carer. The first one to copy their pattern correctly is the winner!

*Ref: 10247853*

### **Tactile fabric swatch**

A simple and convenient solution for keeping restless hands busy! 11 different fabrics each with its own distinctive texture.

*Ref: 10247858*

### **Talkabout game**

Designed to support work on social communication skills, self-esteem and friendship skills. The purpose of the game is to work together to get everyone to the end of the week. Therefore, there is no winner.

*Ref: 10247777*

### **Talk About: What's the deal with life and death?**

52 playing cards with 52 questions to encourage conversation about life and death. The cards were created by the Marie Curie charity.

*Ref: 10497893*

*10497894*

### **Tastaro: educational matching game**

Matching game that promotes visual and tactile shape recognition as well as memory skills. Several game options allow various degrees of difficulty and progression. Includes 8 wooden shapes, 32 wooden cards and 3 cotton pouches.

*Ref: 10477321*

### **Then & now: a pairing game**

One picture of the pair shows an object from the past, and the other picture shows how it is now. The wooden pieces can also be used to encourage conversation and reminiscence, as well as game variations e.g. what noise belongs with the object depicted? The instructions inside the box say 'before & now.'

*Ref: 07063521*

### **Thinking cards**

100 cards with stimulating exercises and memory tips to keep their mind active. Each card has a colourful photo on one side to illustrate its topic and encourage discussion.

*Ref: 10527106*

### **Touch & Match: wooden matching game**

20 round wooden posts with numbers, number dots, and ten patterns in different materials.

*Ref: 10247775*

### **Transport: Aquapaint with water**

Includes 5 different images: Train, Motorbike, Car, Bus and Vespa. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

*Ref: 10493106*

### The Ungame: all ages version

For 2 or more players. Use deck 1 as an ice breaker, to get acquainted and for fun and laughter. Use deck 2 to share feelings, to talk about values and to relate experiences.

*Ref: 09893208*

### Who's in the Bag?

The game of the name for 4 or more players. Includes a cloth game bag, more than 850 characters, 20 blank cards and a one-minute timer. The object of the game is for each team, in turn, to identify as many famous characters on the cards as possible.

*Ref: 09172920*

### Word Joggers: exercises for semantics and word retrieval

by Elaine Burke Krassowski

A game that contains exercises for word description, antonyms, homonyms and multiple meaning words. Activities can be tailored to suit different levels and objectives.

*Ref: 09148610  
10459664*

# 11 Jigsaws

## Aeroplanes: jigsaw

Tray puzzle with 23 pieces showing 2 images. One of an aeroplane of bygone days and the other of a more modern passenger airliner.

*Ref: 09489422*

## Burger meal: jigsaw

12 coloured wooden pieces in a tray showing a burger in a bun, chips, salad, muffins and a drink.

*Ref: 10459643*

## Chinese meal: jigsaw

12 coloured wooden pieces in a tray showing a chicken dish, egg fried rice, noodles, spring rolls and prawn crackers.

*Ref: 10459642*

## City dusk: jigsaw puzzle

63-piece jigsaw portraying London's Tower Bridge in pink sunset. The puzzle is suitable for people with early stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109733*

## Creative Scenes: The Allotment

Place the 26 magnetic pieces wherever you wish on the board. Great for adults who struggle to pick up jigsaw pieces and place them correctly as their dementia progresses. No-fail and frustration-free to give a sense of achievement. Equally valuable for conversation-prompting, improving dexterity and encouraging fine motor skills.

*Ref: 10480586*

## Creative Scenes: The Tool Shed

Place the 18 magnetic pieces wherever you wish on the board. Great for adults who struggle to pick up jigsaw pieces and place them correctly as their dementia progresses. No-fail and frustration-free to give a sense of achievement. Equally valuable for conversation-prompting, improving dexterity and encouraging fine motor skills.

*Ref: 10480596*

## Daily delivery: 250-piece jigsaw

Picture of a postal delivery in an idyllic rural scene.

*Ref: 10247823*

## Donkey rides on the beach: jigsaw

Old fashioned picture of donkey rides on the beach in days gone by with 15 colour pieces.

*Ref: 03886413*

*03886414*

## Douglas Fairbanks: jigsaw

24-piece black and white puzzle.

*Ref: 01606421*



### Enjoying the promenade: jigsaw

Nostalgic picture of a seaside promenade with 15 colour pieces

Ref: 03886417

### Evening walk: 250-piece jigsaw

This puzzle will appeal to nature lovers and those that can recall taking a stroll on summer evenings with the family.

Ref: 10247821

### The fair's in town: jigsaw puzzle

35-piece jigsaw portraying a summer scene at a fair, with families having a good time. The puzzle is suitable for people with early to mid-stages of dementia and provides a balance of challenge, interest and engagement.

Ref: 12109728

### Farmers market: jigsaw puzzle

63-piece jigsaw portraying a colourful market scene with pumpkins, barn, and people sitting outside at the tables. The puzzle is suitable for people with early stages of dementia and provides a balance of challenge, interest and engagement.

Ref: 12109736

### Farm Life: jigsaw

100-piece jigsaw puzzle with a beautiful image of a farm surrounded by hills in Autumn colours. Includes a tractor, farm animals, scarecrow and flowers. The puzzle offers a good mix of challenge, reward and simple pleasure. For early stages of dementia.

Ref: 10497888

### Great outdoors: jigsaw puzzle

Picture of a wonderful sunset scene by a lake. There's a campervan, fire, dogs, and fairy lights. Puzzle is designed for early stages of dementia and contains 100 large pieces.

Ref: 12109738

### Homes: set of 8 wooden jigsaws

These large-scale pieced puzzles provide an opportunity to discuss where individuals have previously lived or stayed. Useful as an activity and as memory prompts. City, town, village and rural housing is shown, as are traditional and modern homes. With different numbers of pieces to suit different abilities and to encourage progression to more difficult puzzles.

Ref: 10477323  
10480593

### Indian meal: jigsaw

12 coloured wooden pieces in a tray showing a chicken dish, pilau rice and a selection of side dishes including samosa, bahji and naan.

Ref: 10459641

### Italian pasta meal: jigsaw

12 coloured wooden pieces in a tray showing a pasta dish, salad, a roll, sliced fruit and a drink.

Ref: 10459638

### Jungle life: 100-piece jigsaw puzzle

Jigsaw portrays a scene in a jungle, with a waterfall, various animals (hummingbird, monkeys, macaw...) and Chichen Itza in the background.

Ref: 10497890

**Lakeside vacation: jigsaw puzzle**

63-piece jigsaw portraying a scene by a lake, with trees, a wooden lodge and boats. The puzzle is suitable for people with early stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109737*

**Lifeboat: jigsaw puzzle**

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

*Ref: 09317000*

**Life of a kitten: jigsaw puzzle**

13-piece jigsaw portraying a kitten playing with sewing items. The puzzle is suitable for people with mid stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109729*

**Lily pond: jigsaw puzzle**

13-piece jigsaw portraying a lily pond with different coloured lilies, dragonfly and a frog. The puzzle is suitable for people with mid stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109732*

**Mexican meal: jigsaw**

12 coloured wooden pieces in a tray showing two Mexican wraps, salad and nachos.

*Ref: 10459640*

**Milkman: jigsaw puzzle**

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

*Ref: 09316999*

**Monet's garden: jigsaw puzzle**

63-piece jigsaw portraying a colourful garden and a house. The puzzle is suitable for people with early stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109735*

**Orient Express: jigsaw puzzle**

A 13-piece puzzle that can be assembled within its frame featuring a picture of the orient express.

*Ref: 10480595*

**Paddling in the sea: jigsaw**

Picture of children paddling on the beach in bygone days with 15 colour pieces.

*Ref: 03886412*

**Police car: jigsaw puzzle**

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

*Ref: 09523682*

**Policeman: jigsaw puzzle**

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

*Ref: 09523681*

### **The Poppy field: jigsaw**

by John Francis

100 pieces showing a poppy field on a warm afternoon in mid-summer with detail of birds, butterflies, ponies and a water mill. Larger than normal pieces.

*Ref: 09893195*

### **Postman: jigsaw puzzle**

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

*Ref: 09523683*

### **Puppy playtime: 13-piece jigsaw puzzle**

Jigsaw portraying a puppy with a ball. The puzzle is suitable for people with mid stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 10497887*

*12109731*

### **River cottage: 250-piece jigsaw**

The puzzle scene is a tranquil setting which has lots of detail and colour to encourage discussion and conversation.

*Ref: 10247820*

### **Road trip: jigsaw puzzle**

35-piece jigsaw portraying a summer scene with cars parked by a general store on a hill. Below and far away we see a river, a train, and mountains. The puzzle is suitable for people with early to mid-stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109727*

### **Roast dinner: jigsaw puzzle**

12 coloured wooden pieces in a tray showing sliced meat in gravy, new potatoes. Carrots, beans, stuffing, trifle and a drink.

*Ref: 10459639*

### **Sailing past the jetty: jigsaw**

Picture of a sailing boat passing men busy on the jetty from bygone days with 15 colour pieces.

*Ref: 03886416*

### **Seaside Nostalgia: jigsaw puzzle**

35-piece jigsaw puzzle displaying a seaside image with beach huts, lighthouse on a cliff, ice cream van, pier, and people on the beach. The puzzle provides a good mix of challenge, interest and engagement especially for early to mid-stages of dementia.

*Ref: 10493915*

### **Seaside Special: 250-piece jigsaw**

Old fashioned picture of classic busy seaside scene.

*Ref: 10247822*

### **The Secret Garden: jigsaw**

Picture of a garden with flowers, birds and butterflies. 100 extra-large pieces.

*Ref: 10527104*

### **Spring Picnic: jigsaw puzzle**

35-piece jigsaw portraying a lovely scene with children by a river. The puzzle is suitable for people with early to mid-stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109726*

### **Summer birds: jigsaw puzzle**

13-piece jigsaw portraying two colourful birds on a tree. The puzzle is suitable for people with early to mid-stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109730*

### **Sunset in Paris: 100-piece jigsaw puzzle**

Jigsaw portrays a scene in a Paris street during sunset, with the Eiffel Tower in the background.

*Ref: 10497889*

### **Thera-jigsaw foam puzzle: Covered bridge and its surroundings**

Jigsaw made up of 24 chunky foam pieces for easy handling, showing a bridge.

*Ref: 10477309*

### **Thera-jigsaw foam puzzle: Iris**

Jigsaw made up of 24 chunky foam pieces for easy handling, showing an iris.

*[Ref: 10477312](#)*

### **Thera-jigsaw foam puzzle: Tulips in Bloom**

Jigsaw made up of 24 chunky foam pieces for easy handling, showing some tulips.

*Ref: 10477310*

### **Thera-jigsaw foam puzzle: Two Geese**

Jigsaw made up of 24 chunky foam pieces for easy handling, showing some geese.

*Ref: 10477311*

### **Thera-jigstick Puzzle: Baby and Pumpkin**

Jigsaw made up of 15 chunky foam pieces for easy handling, showing a baby in fancy-dress and a pumpkin.

*Ref: 10477316*

### **Thera-jigstick Puzzle: Cat**

Jigsaw made up of 15 chunky foam pieces for easy handling, showing a cat's face.

*Ref: 10477315*

### **Thera-jigstick Puzzle: Cows**

Jigsaw made up of 15 chunky foam pieces for easy handling, showing some cows.

*Ref: 10477314*

### **Thera-jigstick Puzzle: Hydrangeas**

Jigsaw made up of 15 chunky foam pieces for easy handling, showing some hydrangeas.

*Ref: 10477313*

### **Vivien Leigh: jigsaw**

24-piece black and white puzzle.

*Ref: 01606420*

#### Wentworth wooden puzzles: Harvest farm

Jigsaw featuring flowers, fruits and vegetables collected at harvest time outside a farm. Likely to prompt conversation and an awareness of personal interests and histories. Irregularly shaped pieces add to the challenge and appeal of these colourful jigsaws.

*Ref: 10480573*

#### Wentworth wooden puzzles: Noah's Ark

250-piece jigsaw featuring an illustration of Noah's Ark and many different animals. Pieces are 3mm thick and are supplied in a drawstring bag inside the illustrated box.

*Ref: 12109725*

#### Wentworth wooden puzzles: Snow, Steam & Trees

250-piece jigsaw featuring a steam train in the snow. Likely to prompt conversation and an awareness of personal interests and histories. Irregularly shaped pieces add to the challenge and appeal of these colourful jigsaws.

*Ref: 10480575*

#### Wentworth wooden puzzles: Watering Time


250-piece jigsaw featuring a variety of different flowers in pots and a watering can. Pieces are 3mm thick and are supplied in a drawstring bag inside the illustrated box.

*Ref: 10480570*

#### Wild coast: jigsaw puzzle

63-piece jigsaw portraying a coastal scene from height. The puzzle is suitable for people with early stages of dementia and provides a balance of challenge, interest and engagement.

*Ref: 12109734*



If you would like this information in large print, Braille, on CD or in another language please contact us on:

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