

Memories are made of this...

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The Reminiscence Collection

Contents

The Reminiscence Collection	2
Welcome	3
Reminiscence Borrower Library Card	3
Borrowing items.....	3
Collecting items	4
Returning items	4
Themed Reminiscence Box Collections	5
Information & Support Books.....	12
Activity Books	18
Themed Topic Books.....	27
CDs & DVDs.....	34
Music CDs.....	34
Information DVDs & CDs.....	36
Exercise DVDs & CDs	37
DVD Films & TV	38
Postcards & Flashcards.....	39
Memorabilia Packs	43
Reminiscence & Memory Boxes	44
Games and Activities.....	1
Jigsaws	8

Welcome

Welcome to the catalogue of Reminiscence material held by Surrey County Council Libraries.

The Reminiscence Collection is designed for anyone in Surrey who is supporting someone with dementia or memory impairment. It contains a wide range of materials, including books, DVDs, games, flashcards, activities, jigsaws, music and artefacts, all aimed at evoking memories and stimulating discussion and conversation.

Some materials have been gathered into Themed Reminiscence Boxes. These boxes contain a selection of different items on a specific theme (such as Wartime, Family Life, Seaside). They are designed to make it easier for you to choose a selection of items without having to go through the whole catalogue.

The Collection is kept at Woking Library. It is not on open access but can be viewed by appointment. To book an appointment, please email community.connections@surreycc.gov.uk.

Reminiscence Borrower Library Card

Users of the Reminiscence Collection can have a designated Reminiscence Borrower library card that allows loans of up to 30 items for up to 6 weeks. Items may be renewed as long as they have not been reserved by another borrower. A Reminiscence Borrower can be an individual caring for a family member or friend at home, or a care worker/activity organiser working in a care home.

To obtain a Reminiscence Borrower library card, an individual or care worker must take the following identification to any Surrey County Council Library:

- An individual will need proof of their home address – such as a driving licence or utility bill
- A care worker/activity organiser will need 2 items of identification – proof of home address (such as a driving licence or utility bill) and also workplace ID which includes the work address, such as a badge or letterhead

The service is free of charge to registered Reminiscence Borrowers. Reminiscence Collection items can be borrowed on a standard library card, but, in this case, normal reservation and overdue charges will apply.

The borrower is responsible for all items borrowed, and charges will be made for loss or damage to any Reminiscence Collection item.

Borrowing items

All Reminiscence stock is on the Surrey libraries' catalogue and can be borrowed by reserving it in one of the following ways:

- The easiest option is to reserve items directly from the online version of the Reminiscence Collection Catalogue – just click on the item you want to reserve, and you will be taken to the Surrey libraries' catalogue entry, where you can reserve the item using your library card number and PIN.

- If you have printed a copy of the Reminiscence Collection Catalogue from our website, you can browse and then reserve items online at surreycc.gov.uk/libraries, by entering the title of the item. (You will need your library card number and PIN)
- By emailing libraries@surreycc.gov.uk and asking for items to be reserved for you
- By visiting your nearest Surrey library in person and speaking to a member of staff.

If you are reserving items by phone or email, it will be helpful to quote the item reference number, which appears to the right of each entry in the Reminiscence Collection catalogue.

Collecting items

When requesting Reminiscence materials, please remember to specify which library you would like to collect them from. It is assumed that items will be collected from the Surrey library where registration took place unless otherwise specified.

Requested items will be sent to your chosen Surrey library. When the items arrive at this library, you will be notified by email or by letter that they are available to collect.

Returning items

Items can be returned to any Surrey library – it doesn't matter if this isn't the library where you collected the items. If you have borrowed one of the reminiscence materials that contain multiple items, such as a Themed Reminiscence Box, please ensure that all items are included in the box before returning it to your library.

Queries or concerns

In the event of any queries or concerns please contact us:

- by email libraries@surreycc.gov.uk
- in person at your local Surrey library

If you are unable to email or speak to a member of staff, you may leave a phone message or send a text to 07968 832414 and someone will get back to you at a later time. This phone is monitored Monday to Friday (9am to 5pm) - any calls outside that time will be dealt with on the next working day.

Themed Reminiscence Box Collections

These boxes have been created around a specific theme and is designed to make it easier for you to choose a selection of items without having to go through the whole catalogue. All you need to do is to reserve your chosen box by entering in the reference number assigned to the box.

Please note that the content may vary slightly depending on availability.

Themed Reminiscence Box 1: 1940s

Ref: 03536328

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1940s:

- Movie-star Portraits of the 40s [Book]
- Sounds Nostalgic : voices from the 40s & 50s [CD]
- Many Happy Returns 1940s [Flashcards]
- Family Christmas in the 1940s and '50s [Book]
- Bing Crosby – Unique [CD]
- The Sea Hawk [DVD]
- The Big Sleep [DVD]
- Eldersong Volume 1 [Book & CD]
- Lets Talk [Activity cards]
- Daily Mirror of your Decade, 1940s [Book]



Themed Reminiscence Box 2: 1950s

Ref: 03536329

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1950s:

- The 1950s Scrapbook [Book]
- 1950s Household [Memorabilia Pack]
- Decades Discussion cards: 1950s & 1960s [Flashcards]
- All Shook Up : a Flash of the Fifties [Book]
- Sounds Nostalgic Radio Themes [CD]
- Calamity Jane [DVD]
- You know you're a Child of the 50s [Book]
- 1950s, Britain in Pictures [Book]
- Memories of the 1950s Shopping Basket [Jigsaw]
- Read all about it! : Coronation 1953 [Newspaper]



Themed Reminiscence Box 3: 1960s

Ref: 03536330

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1960s:

- Daily Mirror of your Decade, 1960s [Book]
- Memories of the 1960s Shopping Basket [Jigsaw]
- 1960s Scrapbook [Book]
- Decades Discussion cards : 50s & 60s [Flashcards]
- 1960s Britain in Pictures [Book]
- 100 Hits of the 60s [CD]
- Refraze : 1950s-60s, Pop Edition [Activity]
- Great Escape [DVD]
- Breakfast at Tiffanys [DVD]
- Read all about it! : Moon Landing 1969 [newspaper]



Themed Reminiscence Box 4: 1970s

Ref: 03536331

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1970s:

- Daily Mirror of your Decade, 1970s [Book]
- Memories of the 1970s Shopping Basket [Jigsaw]
- Elvis: 2nd to None [CD]
- For the Record : 50s, 60s, 70s Edition [Activity]
- Decades Discussion cards : 70s & 80s [Flashcards]
- Top 5 [Activity]
- Frost Nixon Watergate [Information DVD]
- Tinker Tailor Soldier Spy [DVD]
- Cars we Loved in the 1970s [Book]
- 1970s Britain in Pictures [Book]



Themed Reminiscence Box 5: Wartime

Ref: 03536332

This Box contains a selection of items from the Reminiscence Collection based around the theme of Wartime:

- Victory Cookbook [Book]
- The Cold War [Memorabilia Pack]
- Singalongamax – Max Bygraves [CD]
- Make Do & Mend [Book]
- Home Front: documents relating to life in Britain, 1939-1945
- The Dam Busters [DVD]
- Churchill in Quotes [Book]
- Treasured Memories [Activity]
- Surrey on Film, 1914-1953 [DVD]
- War on the home front: experience life in Britain during second world war [Book]



Themed Reminiscence Box 6: Family Life

Ref: 03536333

This Box contains a selection of items from the Reminiscence Collection based around the theme of family life:

- Remember When ... [Book]
- Everyday Life [Flashcards]
- Family Life in Pictures [Book]
- Memory Bank : Fetes, Fairs & Fireworks [Activity]
- Reminiscence Card Album – Home Album [Flashcards]
- Visit to the Barber [Jigsaw]
- Weekends At Home [Sensory board]
- Top 5 [Activity]
- Call to Mind [Activity]
- At Home: aquapaint with water [Activity]



Themed Reminiscence Box 7: Seaside

Ref: 03536334

This Box contains a selection of items from the Reminiscence Collection based around the theme of seaside:

- Paddling in the Sea [Jigsaw]
- Sailing past the Jetty [Jigsaw]
- Saucy Seaside Playing Cards [Activity]
- Beside the Seaside in Pictures [Book]
- Tactile Square: Seaside [Activity]
- At the Beach [Jigsaw]
- Reminiscence Card Album – Holiday Album [Flashcards]
- Seaside Days [CD]
- Memory Bank – Holidays [Activity]
- At the Seaside : aquapaint with water [Activity]



Themed Reminiscence Box 8: Nature

Ref: 03536335

This Box contains a selection of items from the Reminiscence Collection based around the theme of Nature:

- In the Garden in Pictures [Book]
- Tactile Square : Gardening [Activity]
- Garden Memorabilia [Memorabilia Pack]
- Flight of Fancy [Jigsaw]
- In the Garden in Pictures [Book]
- Tactile Square : Gardening [Activity]
- Garden Memorabilia [Memorabilia Pack]
- Forest Day [CD]
- Natural World : aquapaint with water [Activity]
- Rainy Days [CD]



Themed Reminiscence Box 9: Childhood

Ref: 03536336

This Box contains a selection of items from the Reminiscence Collection based around the theme of Childhood:

- 1960s Childhood [Memorabilia Pack]
- When I were a Lass.... [Book]
- When I were a Lad [Book]
- Childhood : a film with images & music [Information DVD]
- BrainBox : Inventions [Activity]
- Dumbo [DVD]
- TV Cream Toys [Book]
- Memory Bank : Schooldays [Activity]
- Attic Playtime [Jigsaw]
- Snakes & Ladders [Activity]



Themed Reminiscence Box 10: Animals & Wildlife

Ref: 03536337

This Box contains a selection of items from the Reminiscence Collection based around the theme of Animals & Wildlife:

- Countryside in Pictures [Book]
- Nature Stencils [Activity]
- Pets in Pictures [Book]
- Animal Bingo [Activity]
- Wildlife [Jigsaws]
- Farm Animals [Jigsaws]
- Garden Days [CD]
- Talking Tile [Activity]
- Match a Pair of Birds : memory game [Activity]



Themed Reminiscence Box 11: 1920s-1940s 10493884

Ref:

This Box contains a selection of items from the Reminiscence Collection based around the theme of 1920-1940s:

- Faces that live forever [Postcards]
- Bygone Days 1 [Postcards]
- 1930s Scrapbook [Book]
- I hear Music [Activity]
- Judy Garland [Jigsaw]
- Humphrey Bogart [Jigsaw]
- It Happened One Night [DVD]
- Oklahoma [DVD]
- Voices of Yesteryear [CDs]
- The Golden Age of Shopping 1910 – 1940 [Book]



Themed Reminiscence Box 12: Hollywood Greats

Ref: 10493888

This Box contains a selection of items from the Reminiscence Collection based around the theme of Hollywood greats:

- Marilyn Monroe [Jigsaw]
- Marlon Brando [Jigsaw]
- Hollywood Classics [Postcards]
- Hollywood Greats [Postcards]
- Some Like it Hot [DVD]
- The African Queen [DVD]
- Match the Film Title [Activity]
- Famous Faces: Talking & Remembering [Flashcards]
- Quiz Book for Groups: Famous People [Activity]
- Reminiscing: Remembering the movies [Activity]



Themed Reminiscence Box 13: Christmas

Ref: 10493892

This Box contains a selection of items from the Reminiscence Collection based around the theme of Christmas:

- Santa Claus on the 24th [Jigsaw]
- Winter Snow [Jigsaw]
- Special Delivery [Jigsaw]
- Rock & Roll Bingo: Christmas Hits [CD]
- Christmas past [Memorabilia Pack]
- Wartime Christmas [Book]
- Talking Tiles [Activity]



Themed Reminiscence Box 14: Hobbies & Leisure

Ref: 10493896

This Box contains a selection of items from the Reminiscence Collection based around the theme of hobbies & leisure:

- Vintage memory Game: Ladybird Covers [Activity]
- Time of our Lives: Memories ...1920s & 1930s [Book]
- Leisure Time [Flashcards]
- Link and Think: Hobbies [Activity]
- Magnetic Scene – the Sewing Box [Jigsaw]
- A Stitch in Time [Jigsaw]
- Magnetic Scene – the Baking Cupboard [Jigsaw]
- Shopping in Pictures [Book]
- Style Me Vintage [Book]
- The Toolshed: aquapaint with water [Activity]



Themed Reminiscence Box 15: Transport

Ref: 10493900

This Box contains a selection of items from the Reminiscence Collection based around the theme of transport:

- Starts with ... Words Beginning with... [Activity]
- 3:10 to Yuma [DVD]
- Golden Age of Steam Trains [Memorabilia Pack]
- Talking Tiles [Activity]
- Transport: aquapaint with water [Activity]
- Marvellous Machines: aquapaint with water [Activity]
- Boats [Jigsaw]
- Aeroplanes [Jigsaw]
- Behind the wheel: romance of the motor car [Book]



Themed Reminiscence Box 16: Movement & Mobility

Ref: 10493904

This Box contains a selection of items from the Reminiscence Collection based around the theme of movement & mobility:

- Toss 'n Talk About Me Ball [Activity]
- Gently Does it: Seated & Standing Exercise [DVD]
- Light & Lively [CD]
- Track Maze [Activity]
- Gentle Exercise & Movement [Activity]
- Seatworks: keep fit while you sit [CD]
- Motor Activity Board [Activity]
- Dance & Movement for older People [Book]



Themed Reminiscence Box 17: Greatest Hits

Ref: 10493907

This Box contains a selection of items from the Reminiscence Collection based around the theme of musical hits:

- Musical Bingo [Activity]
- Match the Song Title [Activity]
- 50 Years of British Pop [CD]
- Singalongamax – Max Bygraves [CD]
- Walk Right Back [CD]
- Say it With Music: music games & trivia [Activity]
- 50 Classic Pub Songs [CD]
- Spot the Intro: CD music game [Activity]
- Musical Quiz [Activity]
- Classic Gold: Pop Trivia [Activity]



Themed Reminiscence Box 18: Sensory 1

Ref: 10493908

This Box contains a selection of items from the Reminiscence Collection based around the theme of touch, smell, sound and emotions:

- Auditory Memory for inferences [Activity]
- Indoor Sounds [Flashcards]
- Sharpen your Senses [Activity]
- Everyday: aquapaint with water [Activity]
- Koosh Balls [Activity]
- Talking Tiles [Activity]
- Memory Garden: bereavement healing cards [Activity]
- Smell Box [Activity]
- I Hear Memories- Volume 1 [Activity]
- Le Loto Des Odeurs [Activity]



Themed Reminiscence Box 19: Sensory 2

Ref: 10493911

Reminiscence Themed Box This Box contains a selection of items from the Reminiscence Collection based around the theme of touch, smell, sound and emotions:

- What Makes Sense? [Activity]
- Emotions [Flashcards]
- Sharpen your Senses [Activity]
- Loves: aquapaint with water [Activity]
- Koosh Balls [Activity]
- Talking Tiles [Activity]
- How Does It feel? : Tactile Dice [Activity]
- Smell Box [Activity]
- I Hear Memories- Volume 1 [Activity]
- The Smell: Fruits & Their Aromas [Activity]



Information & Support Books

A Creative Toolkit for Communication in Dementia Care

by Karrie Marshall

Overflowing with creative activities, this toolkit will help carers and relatives support and communicate effectively with people with dementia. Portraits, parlour games, puppets and more can be used to build relationships with people who may no longer be able to rely upon words and memories.

Ref: 10957123

Activities for older people in care homes

by Sarah Crockett

A handbook for successful activity planning. Written by an experienced activity coordinator this book is an indispensable companion for others in this role.

**Ref: 10165560
10826087**

Activities for older people : a practical workbook of art and craft projects

by Brian W. Banks

Specially designed to meet the needs of the elderly in residential care, this book provides a whole range of activities in the creative field yet requires no prior knowledge of arts and crafts.

Ref: 10477291

Alzheimer's: Caring for your loved one

by Sharon Mooney

This book covers the most recent developments in the knowledge of this disease. The author offers practical, intelligent advice for caregivers.

Ref: 09844513

A practical guide to the Mental Capacity Act 2005 : principles in practice

by Matthew Graham and Jacqueline Cowley

A practical guide for health and social care professionals on the Mental Capacity Act 2005, enabling more informed and effective practice.

Ref: 10955408

Book therapy in dementia care

by Helen J Bate

Written by the creator of the Pictures to Share range of books, this booklet provides an easy to use guide to using book therapy with people with dementia.

**Ref: 10166915
03881475**

Challenging behaviour in dementia: a person centred approach

by Graham Stokes

This book disputes the traditional medical model of dementia and asserts that it can be shown that much behaviour in dementia is not meaningless but meaningful

**Ref: 09623231
10472213**

Chocolate Rain: 100 ideas for a creative approach to activities in dementia care

by Sarah Zoutewelle

This book is practical, inspiring and has a good mix of simple everyday things to do as well as more structured arts-based activities.

Ref: 10166927

Confidence to care: a resource for family carers

by Molly Carpenter

An essential handbook for the family carer offering practical insights to understanding, managing and preventing the behavioural symptoms associated with dementia and Alzheimer's disease.

Ref: 09893231

Dementia and the family : Activities and Guidance for Families and Carers

by Rachel Johnstone

An intergenerational approach to helping families to live well with dementia. More than 160 activities which will spark memories, stimulate engagement and encourage interaction.

**Ref: 10349129
10826088**

Dementia care: the adaptive response

by Paul T M Smith

A stress reductionist approach. The process of dementia makes the experience of day to day living an acute challenge. This book proposes a method of using environmental and social psychology to maximise function in the individual and minimise the negative and destructive elements of the disease.

**Ref: 09848650
10472214**

Dementia awareness training pack

by Maria Eales

This workbook for health and social care professionals will help demonstrate the knowledge and skills in providing care and support for those people with dementia.

Ref: 09893199

Developing excellent care for people living with dementia in care homes

by Caroline Baker

Guide describing the key criteria of the "Positively Enriching and Enhancing Residents' Lives" programme, providing best practice guidelines for care providers wishing to adopt the approach in their own care home.

Ref: 10472232

Exploring the past: a practical guide to working with memories

by Sarah Housden

Good practice guidelines for working with the memories of people with learning disabilities. Ideas for activities on 15 themes.

Ref: 10349126

Good practice guide to therapeutic activities with older people in care settings

by Tessa Perrin

Produced by the National Association for Providers of Activities for Older People (NAPA), this guide offers clear guidelines on what constitutes good practice in activity provision.

Ref: 09393234

Group leader's toolkit

by Robin Dynes

An essential toolkit for all kinds of groups with tried & tested strategies to stimulate & encourage full participation. Over 180 activities set out in clear easy to follow format with variations and guidance for adaptation.

Ref: 09835714

The Groupwork manual

by Andy Hickson

This book is intended for anyone who runs or participates in group sessions offering almost 100 practical activities. It takes the user through a broad range of exercises, ideas, pitfalls and descriptions, avoiding the use of jargon.

Ref: 09140465

How to help reminiscing go well: principles of good practice in reminiscence work

by Bernie Arigho

This booklet contains valuable information and material for those who want to learn more about what reminiscence work is and provides supporting material for Age Exchange training courses.

Ref: 04019905

How to make your care home fun: simple activities for people of all abilities

by Kenneth Agar

This book offers a practical programme of entertaining activities that can be used in many caring environments. It suggests a programme of activities for older people in care homes including arts and crafts, role-playing, gardening and cooking, it also takes the stance that 'activity nursing' should be integral to all personal care plans and not simply regarded as an add on to medical care.

**Ref: 09844514
10827490**

Improving function in dementia and other cognitive-linguistic disorders

by Kathryn A Bayles and Cheryl Tomoeda

Based on twenty years of research and experience. Learn about; functional abilities by stage of dementia, regulations for providing reimbursable services, functional assessment, interpreting test performance, writing treatment goals, a model for successful intervention.

Ref: 10247837

Involving families in care homes : a relationship-centred approach to dementia care

by Bob Woods, John Keady and Diane Seddon

Families often wrestle with the decision to move a person with dementia into a care home. This accessible guide takes person-centred dementia care a step forward by outlining ways in which care homes can help make families partners in the caring process.

Ref: 10955406

Keeping in touch with someone who has Alzheimer's

by Jane Crisp

The author shows the family member or professional carer how not to underestimate someone with dementia, how to recognize what a sufferer can still do and how to make the most of being together.

Ref: 07019910

Lesbian, gay, bisexual and trans individuals living with dementia: concepts, practice and rights

by Sue Westwood and Elizabeth Price

This groundbreaking collection is the first to focus specifically on LGBT people and dementia, and addresses topics relating to concepts, practice and rights. It brings together original chapters from leading academics, practitioners and LGBT individuals affected by dementia.

Ref: 10955407

Making a difference: an evidence-based group programme to offer cognitive stimulation therapy to people with dementia

by Aimee Spector, Lene Thorgrimsen

A manual for group leaders describes a specific programme of group activity and stimulation grounded firmly in the values of person-centred care - for use with many people with dementia.

Ref: 10166914

Memory tips for making life easier

by Shelley Peterman Schwarz

Practical everyday tips to sustain a strong and supple memory and to aid professionals in working with clients who struggle with memory issues.

Ref: 09414036

Mental Fitness: Instructor's guide

by Kari Berit Gustafson

A resource for activity coordinators and carers, this guide is set up in eight themes for use in groups or individually. Two packs of cards are mentioned in the introduction. This collection has Thinking Cards. American publication but the activities are adaptable.

Ref: 10459663

Person-centred approaches to dementia care

by Ian Morton

It traces the origins of the person-centred tradition and describes and evaluates the theory and practice of Validation and Resolution Therapy.

Ref: 07115368

Pool Activity Level (PAL) instrument

by Jackie Pool

This is widely used as a framework for providing activity-based care and is recommended for daily living skills training and activity planning in the National Institute for Health and Clinical Excellence Clinical Guideline for Dementia (NICE 2006)

Ref: 09633306

Results for adults: Aphasia

by Christine Johnson

A flexible, adaptable resource with two levels of difficulty to help you with a wide range of clients and to adjust the tasks accordingly.

Ref: 09848581

Remembering yesterday, caring today: reminiscence in dementia care: a guide to good practice

by Pam Schweitzer

Based on ideas developed and tested internationally, this book offers imaginative approaches to reminiscence and a wealth of resources for use in a wide range of situations.

Ref: 09114365

Reminiscence Activities training manual

by Bernie Arigho

This book is aimed primarily at care staff and activity organisers in care homes. It is a comprehensive framework and step-by-step guide to planning & delivering reminiscence activities.

**Ref: 09489469
10477302**

Reminiscence: Social & creative activities with older people in care

by Roger Sim

This book successfully describes the kinds of activities that can be carried out as well as the principles behind reminiscence work. It explains how and why reminiscence is an important part of the daily care of older people and includes ideas for activities, themes and resources.

Ref: 09623232

Reminiscence and lifelong learning

by Sarah Housden

Including many examples of projects and learning situations, this book is a guide to using learners' personal memories as a resource in learning.

Ref: 09120732

Reminiscence trainer's pack

by Faith Gibson

A training pack produced by Age Concern with units covering: 'What is Reminiscence?', Individual and Small Group Work, Reminiscing with People who have Dementia, Depression or Sensory Difficulties.

Ref: 05886767

Reminiscing with people with Dementia

by Errollyn Bruce

A practical handbook, full of useful ideas and suggestions for carers working with dementia.

Ref: 05824556

Storymaking and creative groupwork with older people

by Paula Crimmens

A resource book for professionals working with the elderly focusing on groupwork and one to one work.

Ref: 04718487

Successful activity coordinator

by Age Concern England

This pack contains information, ideas and resources for those engaged in activities and leisure pursuits with older people in residential, nursing and care homes. It includes sections on arts and crafts and physical exercise to working with dementia.

**Ref: 09140853
03886779**

Supporting People with Dementia at Home

by David Challis

This study offers valuable evidence about the factors which enhance the likelihood of older people with dementia remaining in their own homes from the perspective of older people, their carers and those who commission services.

Ref: 10957454

Talkabout activities

by Alex Kelly

This provides practical activities for social skills training. It includes general group cohesion activities and covers other areas such as self-awareness, body language, conversation skills and assertiveness.

Ref: 09844505

Therapeutic activities with persons disabled by Alzheimer's disease and related disorders

by Carol Bowlby

An extensive publication in 8 chapters covering normal ageing, Alzheimer's and related disorders, communication, group work, therapeutic activities, reminiscence groups, sensory stimulation and administrative issues.

Ref: 10247790

Therapeutic groupwork for people with cognitive losses

by Mike Bender

Working with people with dementia. Extensive hands-on activities & essential background information that will allow staff to understand & work with older people in a 400 page resource.

Ref: 09844506

Too late to learn to drive: Dementia, visual perception and the meaning of pictures

by Helen J Bate

This book attempts to explain some of the theories and principles associated with understanding how later stage dementia can affect visual perception of two dimensional pictures.

Ref: 03881474

Understanding behaviour that challenges: a practical guide to working with people with dementia

by Ian Andrew James

The author describes different categories and causes of challenging behaviour in people with dementia and provides tried and tested models that will aid identification, assessment and treatment.

Ref: 10162189

Wellbeing in dementia: an occupational approach for therapists and carers

by Tessa Perrin

This book looks at the relationship between occupation, wellbeing and dementia and examines the critical role of the carer in delivering therapeutic interventions.

**Ref: 07128295
07128407**

You say Goodbye and we say hello: the Montessori method for positive dementia care

by Tom and Karen Brenner

An inspiring eye-opening look into how using the Montessori method for memory support and creating a positive environment can deepen the connection between caregivers and the people they love.

Ref: 09893198

Activity Books

101 ways to improve your memory

This easy to read Reader's Digest book explains how memory works and uses numerous quizzes, games and exercises to help improve it.

Ref: 09114363

Accent on rhythm: music activities for the aged

by Donna Douglass

Offers ideas for games, eurhythmics and musical activities.

Ref: 01533674

The activity and reminiscence yearbook : hundreds of ideas in 52 weekly sessions

by Danny Walsh

Hundreds of ideas in 52 sections. Each week has a theme with easy to use ideas relevant for groups & individuals including those with mental health & cognitive problems.

Ref: 09921022
09921023

Activities for older people: a practical workbook of art and craft projects

by Brian W. Banks

Specially designed to meet the needs of the elderly in residential care, this book provides a whole range of activities in the creative field yet requires no prior knowledge of arts and crafts.

Ref: 09844503

Activity ideas: activity at the heart of care

Produced by NAPA this is a loose leaf file of ideas in 7 sections including music, gardening, arts and crafts, food, media and reminiscence. In addition there are 7 good practice guides for planning, developing links with the local community, volunteers and visitors, relatives and friends, staff team, managers and residents.

Ref: 03881465

Activity ideas for the budget minded

by Debra Cassistre

Low-cost, tried and tested ideas for a variety of activities.

Ref: 05823602

Activity year book

by Anni Bowden & Nancy Lewthwaite

Week by week themed activities - easily implemented for use in elderly day and residential care

Ref: 09844516
09844515
10472216

Alzheimer's activities that stimulate the mind

by Emilia Bazan-Salazar

This book offers appropriate activities for each of the four stages of the disease with easy-to-follow exercises that have been medically proven to enhance and maintain cognitive abilities with hundreds of therapeutic exercises including arts and crafts, community outings, physical activity, religion and spirituality, grooming, gardening & music.

Ref: 10829528

An hour before teatime

by Jenny De Robeck

Written by an experienced occupational therapist this book has quizzes, activities and short stories suitable to fill that often endless hour before teatime.

Ref: 04125264

Art activity manual: a groupwork resource

by Marylyn Cropley

A simple flexible approach to art activities. Fifteen session plans with each session lasting approximately one hour. Includes ideas and information on preparation for the activities. Designed specifically for adults with learning disabilities, physical disabilities and sensory loss, people with mental health needs and older people.

Ref: 07560718

Attainment's use it don't lose it

by Marge Engelman

Stimulate the brain and improve memory, reasoning and speed of thinking. Easy to use workbook has 31 exercises in categories like memory, sketching trivia, word games and imagination. Photocopiable.

Ref: 09523777

The best friend's book of Alzheimer's activities : volume 1

by Robin Hamon

Offering 147 fun, easy and enriching ways to engage adults helping to support the well-being of people with dementia.

**Ref: 10645569
10829529**

Best friend's book of Alzheimer's activities: vol 2

by Virginia Bell

Offering 149 activities, this book will be helpful to any family or professional caregiver of a person who has dementia and is at home or living in residential care.

**Ref: 09125153
10646633**

Best remembered: a hundred stars of yesteryear

by Eric Midwinter

Presenting a galaxy of 100 stars from the days before television ruled our lives; this book can be used for both personal and group reminiscence.

Ref: 09120734

Bring back the fun : activity ideas for caregivers and people with dementia

by Marcie M Jones

This is a collection of ideas for activities appropriate for use by families at home, by professional care providers and by leaders of group programs for people with Alzheimer's and other dementias.

**Ref: 09893200
10477303**

Can Do Activities for Adults with Alzheimer's Disease: strength-based communication and programming

by Eileen Eisner

This is a book on strength-based programming for adults with neurological dementias, designed to provide a positive approach to therapeutic intervention.

Ref: 10477301

Classic quiz book

by Robin Dynes

A favourite resource that has been completely revised. It contains over 2000 questions grouped into 40 stimulating subjects.

**Ref: 09630203
10349125**

Decades: images from forty years of life in Britain

by Les Ives

A resource for encouraging conversation, communication and reminiscence. Developed with help from care home specialists and dementia champions, promoting effective person-centred care.

Ref: 10645574

Different visit: activities for caregivers & their loved ones with memory impairments

by Adena Joltin

A manual for those who need ideas and inspiration for better ways to engage and interact with people suffering from memory problems. The manual is produced by the Menorah Park Center for Senior Living, Ohio. Extra information is supplied on a CD-ROM at the back of the book.

Ref: 06987091

Down memory lane: topics and ideas for reminiscence groups

by Beckie Karras

Over 60 themed activity sessions for reminiscence groups.

**Ref: 07064078
07064079
10459669**

Everyday life trivia: volume 2

by Beckie Karras

This volume features trivia quizzes on topics common to life in the mid-20th century. The questions are fun & engaging & will bring back images of familiar people, places & events.

**Ref: 09848651
10247784**

Father's memories

by Julie Pinnell

Photocopiable pages designed to help people write down all sorts of things about their lives to share with future generations

Ref: 09172915

Finishing lines

by Beckie Karras

Everyone loves to fill in the blanks. With this new original trivia book, your group will have over 2,000 chances to complete famous quotes, song and book titles, movies and TV names, proverbs, slang, rhymes, slogans, and similes.

Ref: 09893223
10247809
10247810
10459665

Finishing lines: volume 2

by Beckie Karras

More lines to finish including bird names, fictional characters and amounts.

Ref: 10247813

Finishing lyrics

by Beckie Karras

Players are challenged to complete song lyrics from a number of musical genres.

Ref: 10247812
10459667

Finishing words

by Beckie Karras

Players are challenged to complete words instead of sentences; eg. Words beginning with CAT – a herd of cows = cattle. Words ending with CAT – someone who imitates everything you do = copycat.

Ref: 09848584
10247811
10459666

Gentle exercise & movement for frail people

by Myfanwy Hook

This pack comprises a book and 48 instruction cards which illustrate and describe specific exercises. All exercises have been tried and tested, having been widely used with confused and disabled older people.

Ref: 03886405

Great British quiz book

Hundreds of pot-luck and themed multiple-choice quizzes on a variety of subjects testing your general knowledge of England, Scotland, Northern Ireland and Wales.

Ref: 10642975

Group activities with older adults

by Vicki Dent

This book is a useful resource of activity ideas, hints, tips and suggestions for successful planning and delivery.

Ref: 05999139
05999141

I hear memories! : volume 1

by Beckie Karras

With 39 sounds on a CD and accompanying booklet. 14 sounds of yesteryear such as city traffic, a children's playground, thunderstorm and 25 mystery sounds. Published in USA – recommend listening to CD before using in a session.

Ref: 10247782

I hear memories! : volume 2

by Beckie Karras

With 20 one-minute sound scenes for reminiscing on various topics including washday, circus, fireworks and airport. CD with accompanying booklet

Ref: 10247783

I hear music : sharing memories of music through vintage sounds, historical photographs and discussion materials

by Beckie Karras

Sharing memories of music through vintage sounds, historical photographs and discussion materials. Book, CD and 20 photographs.

Ref: 09148602

Jumbo Resource Book

This photocopiable resource contains 250 crossword and circle-word puzzles in large print. This is a U.S. publication.

**Ref: 09523785
09523786**

Just for adults: following directions

by Kathryn Tomlin

A book of exercises to address different forms and processes involved in following directions due to a variety of reasons such as aphasia, impulsiveness and difficulty in concentration.

Ref: 09893209

Keeping busy: a handbook of activities for persons with dementia

by James R Dowling

A variety of activities designed to bring meaning and enjoyment to the lives of persons with dementia. The activities are organized by general categories such as music, exercise, horticulture, pets, humour, and social events. The largest section deals with communication. Includes step-by-step instructions, as well as tips on how to adapt.

Ref: 09844504

Large print word search

A collection of over 130 graded puzzles which may be photocopied. Devised especially for the older person.

**Ref: 01241815
01512617**

Lifestyle Matters: an occupational approach to healthy ageing

by Claire Craig and Gail Mountain

A practical book and CD Rom resource that contains a wealth of ideas and activities for occupational therapists, support workers, students and other professionals working with older people in the community. Contains photocopiable handouts.

Ref: 09623233

Little book of Big Brain games

by Ivan Moscovich

517 ways to stretch, strengthen and grow your brain. Mental games, logic posers, visual conundrums, riddles and illusions. Organised by 12 types with 10 levels of difficulty.

Ref: 10645103

A Little, aloud

edited by Angela MacMillan

An anthology of prose and poetry for reading aloud to someone you care for.

Ref: 10824958

Mental Aerobics

by Nancy Lewthwaite

A resource manual of mentally stimulating group activities divided into eight chapters. Word games; grammatical games; brainstorming, lists and categories; international activities; news-related activities; special holidays and seasonal activities; memory games; miscellaneous. An American publication so some items may have to be adapted accordingly.

Ref: 10459662

Memory box

by Robin Dynes

Includes a guidebook and 120 discussion cards to help stimulate general reminiscence, produce memory diaries, compile guided autobiographies and facilitate life reviews. The discussion cards cover family background, childhood & schooldays, adult life & children, working life, events, achievements, places, people, good times & bad times, favourite things, and love & romance.

**Ref: 07554512
07554513**

Mother's memories

by Julie Pinnell

Photocopiable pages designed to help people write down all sorts of things about their lives to share with future generations

Ref: 09172914

My life story

This book has photocopiable pages intended to give those involved in reminiscence therapy ideas in helping people write their own life story.

Ref: 07064083

Non-competitive activity book

by Robin Dynes

This handbook features 100 activities and is divided into sections that provide a session format which focuses on maintaining and increasing the function of the whole person. It can be used with groups or individuals. The non-competitive nature of the activities ensures that people feel safe in making a contribution, and fear of failure or disappointment is eliminated.

**Ref: 07021637
09393233
09523772
09523773**

Now tell me - how about you? : poetry to share with older people

by Gill Johnson and Marilyn McGregor

Book containing a collection of original poems based on life in post-war Britain and is designed to prompt reminiscence to make you laugh, smile and sometimes shed a tear together.

Ref: 10477304

Only old once! : introducing creativity into elderly care

by V McLean

Containing well-tested ideas, with emphasis on arts and crafts. This book also contains useful chapters on mental exercise, seasonal activities, outings and events and more.

Ref: 04371531

Pocket quiz book: Vol. 1

by Karen Hitchcow

Each book contains more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

**Ref: 05049497
05049499**

Pocket quiz book: Vol. 2

by Karen Hitchcow

Each book contains more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

Ref: 05049493

Pocket quiz book: Vol. 3

by Karen Hitchcow

Each book contains more than 1800 questions featuring versatile material to suit all abilities and circumstances. Each quiz book contains different themed questions.

Ref: 03886389

Puttin' on the skits: plays for adults in managed care

by Jean Vetter

Short plays have been put together by Jean Vetter using uncomplicated language and are designed specifically for use with older people, to encourage a positive spirit and a sense of fun.

Ref: 09848585

Puzzles for wrinklies

Clever conundrums for older intellects. Contains Sudoku, riddles, logic puzzles and more.

Ref: 10349128

Quiz box 1: quiz cards

Quiz box 1 has been compiled and designed to provide therapists, nurses, activity organisers and all those involved in organising group activities with a large supply of quiz questions. Contains 1000 questions on leisure, people, places, words, animals, science and nature.

Ref: 03886407

Quiz box 2: quiz cards

Quiz box 2 has been compiled and designed to provide therapists, nurses, activity organisers and all those involved in organising group activities with a large supply of quiz questions. Contains 1000 questions on leisure, people, places, words, animals, science and nature.

Ref: 05018155

Quiz me from A to Z

by Cheryl Rush and John Pettit

30 questions for each letter of the alphabet created from the authors' experiences in an adult day care centre.

Ref: 10247788

Reading in the moment

by Anne Vize

Something different for people with dementia who now find reading difficult. Short stories and poems plus ideas to link topics with reminiscence activities.

Ref: 10247874

10472238

10825946

Recipes for Reminiscence

by Danny Walsh

The year in food-related memories, activities and tastes allowing us to re-experience the tastes of the past. Includes changes through the years in kitchens, utensils, food styles and food fads in different decades.

Ref: 10472215

10645572

Reminiscence puzzle book: 1930-1980

by Robin Dynes (ed)

Spanning the years 1930-1980, this highly practical and enjoyable assortment of reminiscence puzzles covers events, famous people, entertainment and everyday life.

Ref: 03951032

Reminiscence quiz book: covering the years 1930 – 1969

by Mike Sherman

More than 600 questions and answers on news topics, entertainment, daily life and people. Includes introductory passages and entertaining background information

Ref: 05823597

Reminiscence: word games and puzzles 1900s-1990s

by Kathryn Kilpatrick

Over 200 pages to be photocopied for individuals or groupwork. N.B. This is a publication from the USA, therefore there can be an American bias to some of the puzzles and questions.

Ref: 06987095

Reminiscing our heritage: the 70s to the millennium

by Danny Walsh

Designed to be used with anybody working with older adults in residential, nursing and day care facilities. Each year covered is divided into major events, on the home front, music, television, screen and page, sport and 'do you remember?

Ref: 10645573

Senior Moments Memory Workout

by Tom Friedman

Ever had moments of acute absentmindedness? Just a few minutes a day solving these entertaining puzzles and challenges can help sharpen cognitive skills, boost concentration and increase powers of recall.

Ref: 10377813

Story lines: volume 1

An excellent ready-to-go conversational activity with 16 thought-provoking colour photos of unusual or humorous situations, a DVD plus questions for each.

Ref: 10247880

Time to remember: introducing reminiscence into elderly care

by Valerie McLean

This book is intended to be used by anyone who is developing a reminiscence programme for groups of older people, although there is scope for one to one situations.

**Ref: 09120733
09625848**

We can do I.T. too

by Nada Savitch and Verity Stokes

Using computers in activity programmes for people with dementia, it explains the multitude of uses of digital technologies and the practicalities of introducing IT activities.

Ref: 10350258

What do you know? : trivia fun and activities for seniors

by Teresa Sumrall

Written to provide enjoyable activities for older people in a community or institutional setting. The activities provide mental stimulation, promote positive self-esteem and group cohesiveness.

Ref: 09172913

What do you know? : trivia fun and activities for seniors, volumes 1 and 2

by Teresa Sumrall

Written to provide enjoyable activities for older people in a community or institutional setting. The activities provide mental stimulation, promote positive self-esteem and group cohesiveness.

Ref: 09893222

Whole brain workouts

by Marge Engelman

125 workouts for healthy older adults aiming to apply what researchers are learning about the brain. The results can be improved memory, clearer thinking and a more positive attitude.

Ref: 10345901

Winslow quiz book

by Robin Dynes (ed)

Contains more than 2,000 questions categorised into 40 stimulating subjects. The questions are grouped into three ability levels.

**Ref: 05017770
05017773**

Themed Topic Books

100 years of cricket

Photographs from a century in which legends have been made and every golden age has waxed and waned to be supplanted by another.

Ref: 09623234

100 years of football

A unique collection of photographs from the Press Association archives allows a rare insight into a century of great changes for the beautiful game. A century in which footballers have evolved from local heroes to international celebrities.

Ref: 09623235

100 years of the weather

A book of photographs from the press association showing Britain's volatile weather that gives us so much to talk about.

Ref: 09844517

1950s Childhood: from tin baths to bread and dripping

by Paul Feeney

Do you remember Pathe News or knitted bathing costumes? This delightful compendium of memories will appeal to all who grew up in this post-war decade. A book to be read with some pictures.

Ref: 10175158

1950s scrapbook

by Robert Opie

Drawing on over 1000 images from rationing to Rock'n'Roll and Dan Dare to the Mini, the 1950s Scrapbook chronicles the impact of television and the emergence of the teenager.

Ref: 10480880

1960s Childhood from Thunderbirds to Beatlemania

by Paul Feeney

Do you remember Radio Caroline or mods and rockers? A wealth of memories of the 60s with some illustrations.

Ref: 10175159

1960s & 1970s: children in history

by Kate Jackson Bedford

Discover what it was like to go to school, play and grow up during the 1960s and 1970s. Full of pictures to remind you of the times.

Ref: 10083484

1960s scrapbook

by Robert Opie

The 1960s Scrapbook captures the mood of the times through fashion, film magazines and music. Beatlemania, Twiggy and youth culture had arrived.

Ref: 07021775

1970s scrapbook

by Robert Opie

This book covers the energetic era of glam rock and discomania, featuring 1,400 items that reflect Seventies fashion and furnishing, film posters and much more.

Ref: 09114364

1980s Childhood: from He-Man to shell suits

by Michael A Johnson

A light hearted stroll down memory lane. Memories of being a child in the 1980s when Wham ruled the charts and mullets were cool.

Ref: 10646394

50s & 60s: the best of times

by Alison Pressley

The author has collected personal reminiscences from all over the country and from widely differing backgrounds. Illustrated throughout with stunning original photographs, memorabilia and ephemera.

Ref: 07525116

After a fashion: what we wore, 1947 to the present

by Elizabeth Roberts

A well-researched and lavishly published book charts the history of street fashion from its origins in high couture to its appearance on the streets.

Ref: 09140470

Beside the seaside

by Joseph Connolly

This book contains a superb collection of evocative images which summon up the essence of the pleasure which generation after generation has derived from being by the sea.

Ref: 05454483

Beside the Seaside in pictures

by Helen J Bate

Celebrates our British coastline in words and pictures providing a reminder of happy holidays.

Ref: 09387314

10342833

Childhood days

by Helen J Bate

Captures in wonderful pictures and thought provoking words, something of those special childhood days.

Ref: 10165537

10342835

Childhood in pictures

by Helen J Bate

Captures in words and pictures some of the joys and magic of childhood.

Ref: 09387315

Childhood memories: growing up with Good Housekeeping 1922-1942

by Good Housekeeping

A collection of articles and advertisements culled from the first 20 years of Good Housekeeping. It provides a nostalgic look at the lives of children from 1922 to 1942.

Ref: 01317028

Countryside in pictures

by Helen J Bate

The Countryside in pictures is for anyone with a love of nature and the countryside.

**Ref: 09316998
10162188**

Family life in pictures

by Helen J Bate

This book takes a look at the traditional family with children, parents, grandparents, a tipsy uncle and even the family dog.

Ref: 09316995

Forgetting home: poems about Alzheimer's

by Anna M Evans

An anthology of moving and inspiring poems written by people who are either Alzheimer's patients or caregivers.

Ref: 09893201

A Funny Old World

by Helen J Bate

An expanded and improved edition of an old favourite. With some curious, surreal and comic pictures and texts, this book will be sure to raise smiles and laughter.

Ref: 10472235

Funny old world in pictures

by Helen J Bate

A quirky collection of pictures aiming to bring a smile to the face of the reader.

Ref: 09316997

Great British tuck shop

by Steve Berry and Phil Norman

A colourful, witty and irreverent encyclopaedia of the sweets, crisps, chocolate, ice lollies and fizzy pop from your youth. Fully illustrated with wrappers and adverts to take you down memory lane.

Ref: 10175161

I remember when....

by North Surrey Libraries

Winning entries from the Creative Writing and Reminiscence Competition held by North Surrey Libraries and Age Concern Surrey.

Ref: 03886388

In the garden in pictures

by Helen J Bate

Bright and detailed images of flowers and garden wildlife bring the beauty of nature indoors to be enjoyed all year round.

Ref: 10342834

I used to know that: stuff you forgot from school

by Caroline Taggart

This witty and insightful book gathers together all the facts, figures and formulae we only half-remember from school. Can you remember how photosynthesis works?

Ref: 10342836

I wandered lonely as a cloud...

A collection of well-known poems. This book will remind you of all those long-forgotten poems that you were taught at school.

Ref: 10642976

Inessential Things: Poems and Pictures

Including poems and images that are old and new, funny and sad, inspirational and comforting, there is sure to be something in this collection for everyone.

Ref: 10472233

Landmarks: Twentieth century in pictures

Britain has many iconic landmarks both architectural and geographical. These 300 photos include St Paul's Cathedral, Crystal Palace, Angel of the North & Stonehenge

Ref: 09844518

Nice to see it, to see it nice

by Brian Viner

In this hilarious and affectionate memoir, Brian Viner – who grew up to be an award-winning television critic and columnist – pays tribute to an era on the small screen which happily coincided with his own formative years.

Ref: 10361873

One for sorrow: the origins of old fashioned lore

by Chloe Rhodes

This collection uncovers the origins and meanings of traditional sayings from the folklore of the countryside. A book for anyone interested in the rich heritage of the English language.

Ref: 10175160

Pets in pictures

by Helen J Bate

Portrays the special relationship between people and their pets.

**Ref: 09390604
10165534**

Proverbs and sayings

by Helen J Bate

This illustrated book of proverbs and sayings will remind older people of things they may have forgotten together with facts about their origins.

Ref: 10180336

Remember when: a nostalgic trip through the consumer era

by Robert Opie

Robert Opie uses a rich legacy of original items – packaging, advertising, film posters, magazines, newspapers, toys, games, and commemorative souvenirs to present a picture of everyday life since Victorian times. Together these objects tell history as people remember it, evoking the tastes, smells, sights and sounds of the past.

Ref: 04019936

Royal scrapbook

by Robert Opie

Packed full of Royal memorabilia throughout the 20th Century, including the coronation of Queen Elizabeth II in 1953.

**Ref: 07021636
10345902**

Royalty in quotes: a miscellany of regal ramblings

With the aid of almost 200 photographs this book offers readers the opportunity to enjoy a unique critique and review of the ramblings of Britain's Royals, showing that they are indeed human.

Ref: 10645580

Shopping in pictures

by Helen J Bate

A selection of beautiful, powerful and amusing images and words. Written specifically for those with dementia.

Ref: 09144810

Spending Time: Indoors

Portrays some of the traditional and less common ways that people fill their spare time indoors. Breakfast in bed, knitting and sewing, stamp collecting, listening to music, playing cards and much more are illustrated with great pictures.

Ref: 10472236

Sporting life in pictures

by Helen Bate

Includes evocative images of popular sports from football to pigeon racing, athletics to golf and motor racing to ice dancing. These pictures will remind readers of the enjoyment and sorrows experienced in a sporting life.

Ref: 10165533

Strength for the Journey

A selection of powerful pictures and texts that can provide spiritual comfort for older people who have a Christian faith. It is also a great reminder for those who were brought up with daily Christian school assemblies and Sunday school.

Ref: 10472234

Surrey County Memories

by Julia Skinner

Includes 135 period photographs from "The Francis Frith" collection, with captions and full introduction. Packed with fascinating fact boxes, informative captions and local topic pages. It includes topic pages on subjects such as local customs, food, folklore, and archaeology.

Ref: 10480557

Surrey Living Memories

by Martin Andrew

This title presents finely-detailed period photographs of Surrey from the world-famous Francis Frith archive. A full introduction is included, as well as extended captions to pictures.

Ref: 10957122

Swinging Sixties: an iconic decade in pictures

This book celebrates the fashions, music and lifestyles of the swinging sixties in almost 350 photographs from the archives of Mirrorpix.

Ref: 10642978

When I were a lad 2: more snapshots from a time that health and safety forgot

by Andrew Davies

Snapshots from a time that health and safety forgot. A nostalgic trip back in time in photos that could never be taken today!

Ref: 10175164

Travelling in pictures

by Helen J Bate

Whether travelling by foot, boat, plane, train, car or camel, this book reminds readers of days spent travelling.

Ref: 09316996

Wartime scrapbook: from Blitz to Victory 1939–1945

by Robert Opie

Drawn from Robert Opie's collection, this book illustrates a unique period in history – the song sheets, magazine covers, comic postcards, fashion and food, games, propaganda posters and a wealth of wartime ephemera whose very survival is remarkable.

Ref: 03822075

Wartime scrapbook: on the Home front, 1939 to 1945

by Robert Opie

Drawn from Opie's collection, this scrapbook illustrates song sheets, magazine covers, comic postcards, fashion and food, games, propaganda posters and a wealth of wartime ephemera whose very survival is remarkable.

Ref: 03886386

With it : trends for '63

49 page booklet detailing trends from 1963 including hair styles, shoes, menswear, jewellery and makeup. Both are great for creating purposeful reminiscence activities focused on these two eras.

Ref: 10477370

Women who dared: a book of postcards

A book of postcards honouring 32 extraordinary women of history and today.

Ref: 01533028

Women's work in pictures

by Helen J Bate

This book records in words, photographs and paintings a little of the diversity of women's lives in Britain over the years.

Ref: 09316994

World of work

by Helen J Bate

Celebrates the lives of working people in words and pictures and reminds us of the many people who work hard to make our society what it is.

Ref: 10165538

You are words: dementia poems

by John Killick

An opportunity to hear some voices of people with dementia. The poems are accompanied by short commentaries which provide insight into their background.

Ref: 10166926

You know you're a child of the 60s when

by Mark Leigh and Mark Lepine

Do you remember when England won the World Cup, the Fab Four, hiding behind the sofa from the daleks? Then switch on the lava lamp and find out if you are a true child of the 60s.

Ref: 10345904

You know you're a child of the 70s when

by Mark Leigh and Mark Lepine

Do you remember riding a chopper to school, Dad's Old Spice and slush puppies? Then tuck into a Curly Wurly and find out if you are a true child of the 70s.

Ref: 10345905

You're it!: a hop, skip and a jump through childhood games

by Katie Hewett

Down memory lane to the days when childhood games meant throwing marbles, French skipping and playing rounders. Included is all you need to play those almost forgotten games.

Ref: 10645577

CDs & DVDs

Music CDs

50 classic pub songs

Sing along medleys including Side by Side, Moonlight Bay, Loch Lomond, Beside the seaside, When the Red Red Robin and many more.

Ref: 09523758
10472224

100 hits: 50s

Classic tracks from the decade including Frankie Laine, Connie Francis, Doris Day, Frank Sinatra, Perry Como, Tony Bennett and many more.

Ref: 10472231

Billie Holiday: Unique

18 tracks including; That ol' Devil called love, Falling in love again and Let's call the whole thing off.

Ref: 09172901

Cliff Richard: Forever

Large print songbook and CD featuring 20 tracks including; Living Doll, That'll Be The Day and As Time Goes By.

Ref: 10247887

Happy Days Are Here Again

Over 100 favourite, nostalgic medleys on a great double CD collection including *It's a long way to Tipperary* and *Run rabbit run*. The large-print photocopyable songbook features words to all the songs. An ideal reminiscence aid.

Ref: 10472239

Housewives choice: favourite hits from yesteryear

These 75 favourite hits from the 1950's are guaranteed to bring back memories and get everyone singing, even without the housework!

Ref: 10247894

The John McSweeney Collection: 101 Songs You Know By Heart

16 medleys including You Are My Sunshine, Don't Fence Me In and Who's Sorry Now? Includes 101 song singalong DVD.

Ref: 10472237

Nat King Cole: 20 greatest hits

Large print songbook and CD featuring 20 tracks including; Ramblin' Rose, Route 66 and Mona Lisa.

Ref: 10459648

Nat King Cole: Unique

19 tracks including; Unforgettable, Ain't misbehavin' and Makin' whoopee.

Ref: 09172900

On the air: celebrating 90 years of broadcasting

50 well known theme tunes to help reminiscence such as ITMA, Light Programme, Pick of the pops, Dixon of Dock Green and Monty Python's Flying circus.

**Ref: 10083485
10472220**

One: 27 number one singles from the Fab Four by The Beatles

Complete with details of release dates and the record covers for each one.

Ref: 09148570

Original 60s Number 1s Album

Including the Animals, Beach Boys, Hollies, Adam Faith and the Shadows, among others.

**Ref: 09523754
10472217**

Over 100 Party Favourites

A double CD offering over 2 hours of over 100 of the world's party favourites.

Ref: 10477308

Singalong favourites: Max Bygraves

The CD includes Run Rabbit Run, Lili Marlene, Apple Blossom Time, Whispering Grass, Bless 'em All and many more.

Ref: 10472219

Sing-Along with Eldersong Volume 1

Lyrics book with an accompanying CD.

Ref: 09848589

Sing-Along with ElderSong Volume 2

Lyrics book with an accompanying CD.

**Ref: 09523779
09848590**

Sing-Along with ElderSong Volume 3

Lyrics book with an accompanying CD.

**Ref: 06987103
09523783
09848597**

Sing-Along with ElderSong Volume 4

Lyrics book with an accompanying CD

**Ref: 06987104
09523784
09848587**

Susan McCann: String of diamonds

70 easy-listening love songs and singalongs in folk/country style.

Ref: 10247884

Top 10 hits of the 50s

Featuring Elvis Presley, Dean Martin, Bing Crosby, The Platters, Doris Day, Nat King Cole and Rosemary Clooney among others.

**Ref: 09523757
10472222**

The Very Best of Jim Reeves

20 Tracks including I Love You Because, There's A Heartache Following Me and Have I Told You Lately That I Love You?

Ref: 10477292

The Very Best of Val Doonican

40 tracks across 2 discs including Paddy McGinty's Goat, Ring Of Bright Water and King Of The Road

Ref: 10477293

Walk right back

80 non stop hits from the 50's and 60's to singalong to. All original artists.

Ref: 10472221

Information DVDs & CDs

Living Life: activities at the heart of care

NAPA's informative and compassionate DVD shows that living in a care home can give people quality of life. It offers key insights into what good quality care can and should look like.

Ref: 03881464

NAPA has also produced an 'Activity ideas' good practice guide in this collection (Ref: 03881465)

Living with Dementia

A promotional DVD that explains the condition and support and services available in Surrey. Surrey and Borders Partnership.

Ref: 04019922

Monarchy - the Royal Family at work

Documentary series on DVD providing an insight into the life and work of the Queen and Royal Family over the course of a year. Discover how the Royal Family fulfils its duties at home and abroad.

Ref: 06997461

Royal wedding in colour : of HRH Princess Elizabeth and lieutenant Philip Mountbatten

Shot by the late Jack Cardiff, this film of the Royal Wedding contains never before seen footage in full colour of the processions at Westminster Abbey and afterwards at Buckingham Palace of the wedding of HRH Princess Elizabeth and Lieutenant Philip Mountbatten in 1947.

Ref: 09848649

What every caregiver needs to know about alzheimer's disease

A DVD teaching tool for professional & family caregivers, divided into four sections and includes real family profiles, actors portraying common dementia behaviours and interviews with real caregivers.

Ref: 09848580

Work and Leisure

From Pictures to share, this DVD contains 2 short films, one of work and one about leisure, made up of still images, sound effects and a specially commissioned soundtrack.

Ref: 10219872

Exercise DVDs & CDs

Chair exercises for senior adults

This CD contains 12 tracks each focusing on different parts of the body. Easy to follow commands are included on the CD.

**Ref: 09848594
10247806**

Move it or lose it!: routine 1: seated exercise for older people

A DVD with gentle guided fitness routine specially tailored to suit older or less mobile people.

**Ref: 10247804
10459655**

Move it or lose it!: routine 2: a top to toe workout – whatever your age or ability

This DVD, designed by specialist teacher Julie Robinson and her team of enthusiastic older people, offers a varied routine to help improve muscle strength, flexibility and balance.

**Ref: 10247805
10467438**

Put pep in your step

This DVD has been developed by scientists and experts to improve your everyday life with easy-to-follow exercises that are fun to do.

Ref: 10247803

Seatworks: keep fit while you sit

by Dr Billy Gober Ed.D

This CD contains 12 chair exercises for the older adult with instructions on the enclosed booklet.

Ref: 09848592

Sittercise

by Dr Billy Gober

This CD contains 12 seated activities for all ages with instruction on the enclosed booklet.

Ref: 09848591

DVD Films & TV

An Affair to Remember (1957)

Starring Cary Grant and Deborah Kerr, a playboy and a nightclub singer embark on a shipboard romance and eventually fall completely in love with each other. They decide to make a pact that when they arrive back at their separate homes, they will end their respective relationships, and rendezvous in six months' time at the top of the Empire State Building. The course of true love, however, never does run smoothly.

Ref: 10957880

Cool Hand Luke (1967)

Starring Paul Newman, Luke is sent to a Deep South chain gang after smashing up some parking meters. Convict boss Dragline tries to crack the new inmate's spirit but Luke refuses to be broken.

Ref: 10957907

The Day the Earth Stood Still (1951)

A SciFi black and white film where an alien lands and tells the people of Earth that they must live peacefully or be destroyed as a danger to other planets. Starring Michael Rennie and Patricia Neal.

Ref: 10794968

Look back in Anger (1959)

A British drama directed by Tony Richardson in which Richard Burton plays angsty young man Jimmy Porter in this screen adaptation of John Osborne's ground-breaking stage play.

Ref: 08995539

Move over Darling (1963)

Screwball comedy starring Doris Day as the long-lost wife who is rescued and returns home on the same day her husband is remarried. Ellen (Day) and Nicholas Arden (James Garner) were both involved in a plane crash which saw Nicholas rescued, and Ellen presumed dead.

Ref: 10957868

Snow White & the Seven Dwarfs (1937)

A classic film about a princess who is exiled into the dangerous forest by her wicked stepmother but is then rescued by seven dwarf miners who make her part of their household.

Ref: 09003491

Roman Holiday (1979)

Audrey Hepburn and Gregory Peck star in this classic romantic drama. Bored with royal protocol while in Rome for an official engagement, a Princess escapes her claustrophobic entourage in order to see what life beyond the castle is like.

Ref: 08996112

Postcards & Flashcards

Cause and effect

A set of 24 pairs of large format photocards. Each pair showing an activity and its consequence. The cards are divided into 4 groups: accidents, difficulties, time and emotions.

Ref: 09893210

Chatterbox 1950s: cards for sharing and enjoying memories from another time

A set of cards to share and enjoy with anyone who can remember the 1950s, complete with stories behind the images and useful conversational prompts.

Ref: 10247875

10472230

10480566

Clothes: flashcards

96 colour photographs depicting items of clothing in six categories: infants, children, women, men, sportswear & accessories. A valuable tool for stimulating discussion and language development.

Ref: 04019928

Decades discussion cards: 1950s and 1960s

40 photographic cards to introduce, remind and inform about people, places and events of the 1950s and 1960s. An invaluable tool for care groups, Nursing homes and senior citizen centres.

Ref: 10459661

Everyday Life Photos : Children & Family Life

20 photographs in this set celebrate the everyday events that we all experience in our lives. Older adults will be reminded of their childhood. This publication is American, so some photos are not instantly recognisable as British.

Ref: 09848586

Faces that live forever: postcards

Box of 48 postcards featuring black and white photographs of famous performers.

Ref: 03886390

Famous faces: talking and remembering

Contains 50 photographs of memorable people from 1945 to 2000. An excellent activity with individuals or groups.

Ref: 09148608

10480590

Following directions: fun deck

This set of 58 cards (52 single step, 4 connector cards and 2 game ideas cards) focuses on improving memory, motor skills and processing directions. Can be used on a one to one basis or in a group. Some American words.

Ref: 09893194

Food: flashcards

96 colour photographs depicting food items in six categories: fruit, vegetables, basics, prepared food, drinks & snacks. A valuable tool for stimulating discussion and language development.

Ref: 04019933

Home: flashcards

96 colour photographs depicting items found in the home in six categories: lounge, dining room, kitchen, bedroom, bathroom & study. A valuable tool for stimulating discussion and language development.

Ref: 04019930

Household treasures: flashcards

25 shaped flashcards depicting household treasures and nursery favourites.

**Ref: 03886775
05454942
06570321**

Imagination questions: fun deck

This set of 56 cards and 4 content/game ideas cards will help to improve storytelling, describing and thinking skills. While the contents are aimed at students the ideas are easily adapted for older people. Some American words.

Ref: 09893219

Indoor sounds

A sound and picture matching activity with 40 sounds on the CD with matching laminated cards. The familiar sounds are arranged in 4 groups of 10.

Ref: 09893230

Lifetimes: flashcards

A collection of A4 sized flashcards grouped into six sections: Childhood, The Shops, Family Entertainment, Family Health, Growing Up, and Going to Work. There are four copies of each photograph so that several people can look at the same photograph at the same time. A comprehensive handbook accompanies the photographs.

**Ref: 01201931
01213076**

Life times: life events: flashcards

by Hilary Whates

This collection of 36 cards represents a range of key moments experienced in life, offering an opportunity to consider, reflect and discuss how this might affect the individual, family, friends or group. The cards are grouped into key moments, memorable events, typical life experiences and possible life experiences.

Ref: 09893217

Many happy returns 1940s: for sharing and enjoying memories from another time

A set of cards to share and enjoy with anyone who can remember the 1940s, complete with stories behind the images and useful conversational prompts.

Ref: 10472240

Memory Joggers 1940 – 1989: Entertainers

Book and 50 flash cards.

**Ref: 03480128
10493153**

Memory Joggers 1940 – 1989: Royalty: flashcards

Book and 50 flash cards.

**Ref: 03951034
10459659**

More famous faces: talking & remembering

Contains 36 photographs of memorable people from 1945 to 2000. An excellent activity with individuals or groups.

Ref: 10247881

Occupations: flashcards

96 colour photographs depicting various occupations in six categories: arts & crafts, trades, health workers, public services, transport & general. A valuable tool for stimulating discussion and language development.

Ref: 04019929

Personal items

These 38 photographic cards can be used for improving vocabulary, communicating needs or as a flexible tool for language development in adults with communication problems.

Ref: 09148618

Possessions: flashcards

96 colour photographs depicting items of personal possessions in six categories: care, children, domestic, leisure, personal & toiletries. A valuable tool for stimulating discussion and language development.

Ref: 04019931

Problem solving

A set of 48 cards numbered in groups of three. One shows the problem, one shows a possible solution, and one shows an alternative solution.

Ref: 09893211

Reminiscence cue cards: life events 50s/60s

A new set of 35 laminated cards looking back to the 50's and 60's to the everyday moments, possessions and activities that were familiar during that time. Great for life history work.

Ref: 10247883

Reminiscence Grocery cards: postcards

25 cards, some shaped, showing advertisements from time past for grocery items such as Bovril, Camp coffee, Bisto and Colman's Mustard. Many of the cards are duplicated and could be used for a matching game.

Ref: 10247786

10247787

Sequences: 4 step

The 48 large format photographic cards are arranged into 12 four step sequences showing a familiar activity occurring over a short time span. It encourages sequencing, logical thought, observation expression, vocabulary and communication skills.

**Ref: 09148609
10459658**

Sequences: 6 & 8 step for adults

The 48 large format photographic cards arranged as 4 six step and 3 eight step sequences in both indoor and outdoor contexts. The stories vary in activity, inference and visual complexity.

Ref: 09893212

Sequencing: fun deck

Contains 19 sets (3 cards in each set) of illustrated and sequential scenes. Instructions and ideas on how to use and a card list are included. Can be used for individuals or in a group.

Ref: 09893214

Sport & Leisure: flashcards

96 colour photographs depicting various sport and leisure activities in six sports categories: adventure, team, individual, hobbies, pastimes & entertainment. A valuable tool for stimulating discussion and language development.

Ref: 04019932

Story Starters

A set of 30 imaginative situation cards is designed to boost creative thinking and writing. There are 6 specific genres and a CD with worksheets to print out. More information is in the instruction booklet.

Ref: 09848579

What's wrong

This set of 48 photographic cards shows a variety of well-known activities. In each entertaining or humorous image something is wrong, and the game is to discover what is wrong in each case

Ref: 10459660

Memorabilia Packs

1950s household: memorabilia pack

Contain a miscellaneous collection including a Belling brochure, household bills, Radio Rentals brochure, a ration book and miscellaneous advertising images.

Ref: 09523691

Christmas past: memorabilia pack

Contain a miscellaneous collection including comic, teleguide, gift brochures and a pamphlet of carols.

Ref: 10480600

Home Front: documents relating to life in Britain, 1939-1945

This includes a facsimile ration book, identity card, evacuation label, letter from an evacuee, cookery leaflet number 11, page from V2 incident log, and a front page from the News Chronicle announcing VE day.

Ref: 01213083

Home Front : Memorabilia Pack

Set contains Clothes Ration book, War Emergency leaflet, household leaflets, postcard images, chart of gases information, rationing receipt plus trade cards.

Ref: 10480602

Read all about it! : Nostalgia newspaper: Moon landing 1969

replica, abridged version of the Evening Standard from Monday 21st July 1969 with full coverage of the moon landing, one of the most epic events of the last century! Useful for prompting memories for those who may recall viewing or hearing the pivotal moment.

Ref: 10493654

Reminiscence & Memory Boxes



Garden Box

Hessian sack containing tin trough, toy garden implements, string, 3 wooden fruit and veg, gloves, windmill, plant labels, dried lavender and a pack of reproduction gardening leaflets

Ref: 10477349

Glenferrie reminiscence collection

A collection of household items which have been put together to stimulate the memory by using the senses, for example mothballs, a mousetrap, Sunlight soap, 'Blue-bag', fly paper and pre-decimal currency are some of the items assembled along with practical guidelines on their use.

Ref: 00634546

04019937

04211996

04211997

09893226

10459712



Men's Night on the Town

Makes a unique group reminiscence activity to encourage conversation and memories. Packed full of the essentials that any discerning gentleman would have used to get ready for a night at the local 'hop'. Items includes, comb, shaving brush, tie, boot polish kit, shirt garter, braces, clothes brush, brylcream tin sign, pipe, nostalgic postcards, CD, nostalgic storage box.

Ref: 10480562



Natural tactile kit

Box with bags containing fir cones, seashells, pebbles, circular wood offcuts, wood stumps, feathers, leaves, lavender, spices and dried flowers.

**Ref: 03881476
03881477**

Reminiscence box 1

Contains a variety of everyday items designed to stimulate the memory including a skipping rope, yoyo, rolling pin and thimble.

**Ref: 10247859
10477347**

Reminiscence box 2

Contains a variety of everyday items designed to stimulate the memory including a pastry brush, bicycle clip, tobacco tin, pears soap and a pipe.

**Ref: 10247817
10477350**



Reminiscence box 3 : Traditional Toy Box

12 traditional toys in a pretty storage box including classic dinky toy car, wooden rattle and pop up clown puppet.

**Ref: 10247857
1047735**



Reminiscence toy box

This contains a variety of wooden toys: table skittles, tic-tac-toe, pick-up sticks, whip and top, cup and ball, skipping rope, yoyo, diabolo and hoop-la.

Ref: 04371532
05791885
05791886

Scentscapes: At Home

Designed to stimulate everyday memories to help support the experience of being in the home. The scents baby powder, clean linen and a freshly baked fruit cake combine with beautifully crafted sounds reminiscent of a busy and happy household to help someone relax and feel...At Home! Contains CD, 3 bottles of scent and 3 smelling jars.

Ref: 10493110

Scentscapes: At the Seaside

Combines both sound and scent to help transport people to that place, stimulating memories and start conversation that would otherwise have been difficult to reach. Contains CD, 4 bottles of scent and 4 smelling jars.

Ref: 10477319

Smell Box

A box containing the following 14 bottles of Reminiscent Fragrances:

Lemon Juice; Lily of the Valley; Marzipan; New Cut Grass; Pear Drops; Rose; the Dentist; Apple; Blackpool Rock; Carnation; Germolene; Hyacinth; Lavender; Leather. The new items have 12 bottles.

Ref: 05457276
05457277
06987110
10247780
10493159
10493160

Games and Activities

3D shape awareness game: tactile perception and matching

Canvas bag containing 12 wooden boards each with two identical silhouettes and 24 wooden figures, 2 of each shape to fit and match with the silhouettes. Can be played solo or with 2 – 4 players.

Ref: 03881471

The art of conversation

100 cards, each with 3 questions to prompt conversation and create discussion.

Ref: 10247871

A very British quiz: audio quiz game

Included in the pack are 9 uniquely British audio quiz games to test your knowledge of the Great British culture.

Ref: 09848576

Bags of feelings

6 different coloured bags with a small neutral figure each with a different posture representing a different emotion. Designed to evoke responses and explore and verbalise feelings.

Ref: 10480837

Be Active with Games (BAG)

By Betsey Pegelow

Developed specifically for persons with Alzheimer's disease and the memory impaired, a bag of activity ideas and games.

Ref: 09316609

Brainbox: senior moments: the ten minute brain challenge

Beautifully illustrated cards featuring scenes that most of us past a certain age will recognise from the first moon landing to memorable hairstyles. This brainbox will help improve observation, memory and conversational skills.

Ref: 10247838

Category sorting game

This game encourages language, conversation and thinking skills. Items can be sorted into more than one category. Some items have American links but a British equivalent can be used. Game contains 1 plastic basket, 10 sorting cups and 50 items for sorting.

Ref: 09893229

Conversation Cubes

Designed to spark discussion. Colourful 4cm soft foam cubes feature 36 engaging questions about experiences and perspectives.

Ref: 03883966



Decades Quiz

Floor quiz mat with decades displayed. Throw the bean bag and answer a question based on that decade. Game contains 4 coloured bean bags, question cards and a floor mat.

Ref: 10477352

Eldersong bingo

20 to 30 second excerpts of 54 songs, 24 bingo cards with 16 large print titles on each card, a laminated check list and instructions in a bag. CD can also be used for 'Name that tune'

Ref: 09523781

Fidget widget toolkit

Contains 5 specially designed widgets each with a particular motion; spin, slide, twist turn or roll. The motion can help to relax or calm an individual or simply support repetitive actions.

Ref: 10493105



Floor Target

Large floor mat with multiple score target and four bean bags. Ideal for seated play.

Ref: 10459703

Friendly Farm counters

72 plastic animals in a tub; cow, duck, horse, pig, rabbit and sheep in 2 sizes and 6 colours. Can be used as counters or for sorting and conversation.

Ref: 09848573

Gallop! scanimation lamp

An electrical lamp that moves once it's warm making the 6 animals on the panels appear to move. Lamp **must** be switched off before changing the panels. With 9 scanimation panels and an adapter with the lamp in a box.

Ref: 10247778

Giant foam floor size pattern blocks

A great creative activity for helping maintain and develop skills in designing, shape recognition, matching and sorting. Pattern blocks allow 4 - 6 people to create a design together. The set contains 4 yellow hexagons, 6 orange squares, 12 green triangles, 6 trapeziums, 9 wide diamonds (parallelograms) and 12 thin diamonds (rhombuses).

Ref: 10247854

Host Your Own Race Night DVD Game

This game recreates all the fun of a race night - at home. Instantly ready to play, it offers a selection of flat, jump, summer and winter races. Each player begins the night with £5000 in cash; by betting on the outcome, your aim is to make as much profit as you can. Contents include: Over £50 000 cash, DVD with 12 thrilling races, Betting Cards, Bookmaker's Ledger, Score Pen and Form Guide summarising play.

Ref: 10480589

Humm Bug: the hum 'n' guessin' game

A board game with cards, sand timer, playing board, and counters. The cards show lists of tunes from the 1950s through to the 2000s for players to hum and other players to guess.

Ref: 06987107

Image snap : card game

The pack includes three games of different difficulty levels: Snap, Pairs and Full House. The aim of each game is to match families of cards, e.g. Snap requires the player to match two cards from the same family. The cards have all be designed with high colour contrast and easily recognisable images that support people with dementia to play each game without assistance. The three different difficulty levels ensure this game is suitable for people with early or mid-stage dementia.

Ref: 10480565

Interlocking sensory stones

4 pairs of interlocking stones which fit together in up to 4 positions.

Ref: 10477322

In the Garden: Aquapaint paint with water

Includes 5 different images: Hedgehog, Roses, Lawnmower, Vegetables and Robin. Water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Can be reused once dry.

Ref: 10493111

Let's talk: discussion and prompt cards for use with all groups

A set of 78 cards divided into 3 themes; One thing, Think back and Let's talk for use in promoting meaningful discussion and encourage people to talk about themselves, like and dislikes and feelings.

Ref: 10247873

Life Histories game: a board game to aid reminiscing, writing life histories and helping people get to know each other

Box containing board, game rules, 8 sets of cards, 2 dice and 8 playing pieces and a timer.

Ref: 09893196

LifeStories : a fun game of telling tales and sharing smiles with family & friends

A board game of storytelling based on each player's own life experiences. Players will have a great time talking about people, events, thoughts, hopes and dreams. Everyone wins!

Ref: 05050085

Match the catch phrase

Contains 30 popular catch phrases across 60 durable plastic tiles. Match the catch phrases with its meaning. Examples include: "Forty winks/ A short sleep", "Tie the knot/ Get married" and "Costing an arm and a leg/ Very expensive".

**Ref: 10477374
10480568**

Match the sayings: set 1

Contains 30 popular sayings printed in large print on thick, (3mm) durable plastic. (50 tiles in total). Tiles come in a turquoise drawstring bag. Laminated Answer Card included

**Ref: 10247840
10477373**

Match the sayings: set 2

30 more favourite, traditional proverbs and similes to trigger memories and get the conversation going. Tiles are 3mm thick so do not bend and the print is large, clear and bold. Set comes in a bright yellow draw string bag. Laminated Answer card included.

**Ref: 10480569
10477348**

Match the song title: volume 1

Game contains 60 robust plastic, wipe clean tiles containing 30 song titles from the 1940's - 1960's to match together. Songs include: "Anything You Can Do I Can Do Better", "Thank Heaven for Little Girls", "That's Why The Lady Is A Tramp" and many more.

Ref: 10247841

Match the song title: volume 2

Game contains 60 robust plastic, wipe clean tiles containing 30 song titles from the 1940's - 1960's to match together. Songs include "Puff The Magic Dragon Lived By The Sea", "Whistle While You Work", "Face The Music And Dance" and many more.

Ref: 10477375

Memory Lane Bingo

Containing wipe clean bingo cards, checkboard and tokens.

Ref: 05454954

Music and hat activity bag

Put on the hats, choose the matching song and sing along with the song book! Set includes large print song book, CD and 11 hats including pirate, policeman and sailor.

Ref: 10477372

Musical bingo : 40 traditional sing-along songs from the 30s,40s & 50s

Features 40 songs on CD, with counters and 20 bingo cards.

Ref: 09848575

Musical quiz

The 80 tunes selected for Musical Quiz are evergreen all-time favourites which will trigger many memories. The tunes are played twice, one after the other, to give the listener time to guess the tune correctly. This activity is on CD.

**Ref: 06987108
09848588
10472218**

Nostalgia: the game that recalls the past

From nodding dogs to pogoing punks, hammer horrors to frightful fashions, historical events to hysterical happenings, you'll face a barrage of questions from the 60s, 70s and 80s

Ref: 09148604

The Original Beetle Drive

Throw the dice and be the first to complete your beetle. A classic game for any number of players.

**Ref: 10477320
03883942**

Pet Counters

72 plastic pets in a tub. 12 each of bird, cat, dog, fish, guinea pig and rabbit in 6 colours. Purple, yellow, red, green, orange and blue. Can be used as counters or for sorting or to stimulate memories of past pets.

Ref: 09489468

Picture perfect: creative design for the mind

Simple and straightforward to use, no glue, no tile cutting, no mess - plus it can be used time and time again! Simply place the see-through plastic grid over any of 16 colourful picture patterns and lay matching tiles onto the grid.

Ref: 10247856

Picture this: game

Containing 45 picture cards and matching picture strips. Each card has a black and white photograph, a caption and a number. The photographs cover a wide range of everyday topics from days gone by which should get the players chatting and reminiscing. The cards can be used in a variety of ways.

**Ref: 05454961
05457203**

Remember When – quiz game

Hosted by Sir David Frost this pack includes 3 CDs with 9 retro audio quiz games to test the memory of everything nostalgic.

Ref: 09523782

Reminiscence bingo

A game to improve social interaction, orientation, concentration and self-esteem. The game is directed at adults of all ages and can be used in out-patients' clinics, adult day care centres and nursing homes. Instead of numbers the game uses everyday topics such as school and work, recreation and family, seasons, weather and holidays. The contents include instructions, 12 player cards, 200 chips, a master sheet and chips for the therapist.

**Ref: 09148600
09523780**

Reminiscence target mat

Players simply throw their bean bags onto the mat and answer the relevant question. The game can also be broadened out to include conversation around the topic, with additional questions and prompts coming from the facilitator.

Mat measures: 120cm x 85cm. Print is extra-large (white text on red background) mat can be wiped clean. 4 bean bags included.

Ref: 10247842

Reminiscence target mat 1960s

1960s edition of the reminiscence target mat. Players simply throw their bean bags onto the mat and answer the relevant question. Mat comes with 4 colourful bean bags and measures 120cm x 85cm.

Ref: 10247843

Reminiscing 1960s – 2000s: the game for people over 30 and the younger people they let play

This is an alternative version of the game listed above and is for 2-4 players or for teams. The box contains instructions, game board, reminiscing booklet, dice, playing pieces and 4 decade booklets. The decade booklets each contain 'flashbacks' relating to a particular era.

Ref: 07064080

Scented Crystal Bell Balls

A delight to see, hear, smell, touch, throw, bounce and squeeze. These sparkling, low bounce hollow balls have a lively jingle bell inside. Made from fused plastic pellets, the size of a tennis ball, they are easy to grip. Six assorted colours and aromas.

Ref: 04019938

Scented Sound Dice

A tactile, aromatic dice with a bell inside for auditory appeal. This multi-sensory dice is orange in colour and smell and is a 15cm cube.

Ref: 04019939



Shape labyrinth

Guide the colourful shapes around the track, starting at 'start.' Excellent for hand/eye coordination. Also ideal for colour matching and shape recognition.

Ref: 10493154

Shape sorting circle

10 brightly coloured wooden pieces with holes to fit over different geometric shapes on the base board. Great for improving hand eye coordination and spatial thinking for people with dementia.

Ref: 10247808

Shut the box game

A game of luck for 2 or more players in which the object is to close down as many of the numbers as possible in the box. Contains a game box, 2 dice and instruction booklet.

Ref: 10247807

Speedy recall: the edgy game of quick wits

Card game with a thousand different possible category and letter combinations to keep you on your toes as everybody plays at the same time, trying to make a speedy recall and shout a good response.

Ref: 10247886

Sporting knowledge board game: a celebration of man's sporting prowess

Fantastic sports trivia game for all the family. Travel round the board answering questions on possibly every sport known to man, from football and tennis to curling and jai alai. Contains 1200 questions to test even the cleverest sports fan.

Ref: 10493124

Sports trivia cards: over 190 quiz questions

Boxed trivia pack of 50 cards with over 190 quiz questions. Great for quizzes in groups or as conversation starters for 1-1 activities. Get participants chatting, thinking and reminiscing on events and topics covered in these sets.

Ref: 10493152

Square up: the shaking, sliding, matching game

A fun, stimulating game that requires no pencil. Simply shake the small cube shaker to determine the puzzle pattern and then try to match that pattern by moving the colourful plastic tiles into different positions. Square Up can be played on your own or with a friend, partner or carer. The first one to copy their pattern correctly is the winner!

Ref: 10247853

Talkabout game

Designed to support work on social communication skills, self-esteem and friendship skills. The purpose of the game is to work together to get everyone to the end of the week. Therefore, there is no winner.

Ref: 10247777

Tastaro

Matching game that promotes visual and tactile shape recognition as well as memory skills. Several game options allow various degrees of difficulty and progression. Includes 8 wooden shapes, 32 wooden cards and 3 cotton pouches.

Ref: 10477321

Then & now: a pairing game

One picture of the pair shows an object from the past, and the other picture shows how it is now. The wooden pieces can also be used to encourage conversation and reminiscence, as well as game variations e.g. what noise belongs with the object depicted? The instructions inside the box say 'before & now.'

Ref: 07063521

The Ungame

For 2 or more players. Use deck 1 as an ice breaker, to get acquainted and for fun and laughter. Use deck 2 to share feelings, to talk about values and to relate experiences.

Ref: 09893208

Word Joggers: exercises for semantics and word retrieval

by Elaine Burke Krassowski

A game that contains exercises for word description, antonyms, homonyms and multiple meaning words. Activities can be tailored to suit different levels and objectives.

**Ref: 09148610
10459664**

Jigsaws

Burger meal: jigsaw

12 coloured wooden pieces in a tray showing a burger in a bun, chips, salad, muffins and a drink.

Ref: 10459643

Chinese meal: jigsaw

12 coloured wooden pieces in a tray showing a chicken dish, egg fried rice, noodles, spring rolls and prawn crackers.

Ref: 10459642

Creative Scenes : The Allotment

Place the magnetic pieces wherever you wish on the board. Great for adults who struggle to pick up jigsaw pieces and place them correctly as their dementia progresses. No-fail and frustration-free to give a sense of achievement. Equally valuable for conversation-prompting, improving dexterity and encouraging fine motor skills.

Ref: 10480586

Creative Scenes : The Tool Shed

Place the magnetic pieces wherever you wish on the board. Great for adults who struggle to pick up jigsaw pieces and place them correctly as their dementia progresses. No-fail and frustration-free to give a sense of achievement. Equally valuable for conversation-prompting, improving dexterity and encouraging fine motor skills.

Ref: 10480596

Daily delivery: 250 piece jigsaw

Picture of a postal delivery in an idyllic rural scene.

Ref: 10247823

Donkey rides on the beach: jigsaw

Old fashioned picture of donkey rides on the beach in days gone by with 15 colour pieces.

Ref: 03886413
03886414

Douglas Fairbanks: jigsaw

24 piece black and white puzzle.

Ref: 01606421

Enjoying the promenade: jigsaw

Nostalgic picture of a seaside promenade with 15 colour pieces

Ref: 03886417

Evening walk: 250 piece jigsaw

This puzzle will appeal to nature lovers and those that can recall taking a stroll on summer evenings with the family.

Ref: 10247821

Wentworth wooden puzzles : harvest farm

Jigsaw featuring flowers, fruits and vegetables collected at harvest time outside a farm. Likely to prompt conversation and an awareness of personal interests and histories. Irregularly shaped pieces add to the challenge and appeal of these colourful jigsaws.

Ref: 10480573

Homes Wooden Jigsaw – Set of 8

These large-scale pieced puzzles provide an opportunity to discuss where individuals have previously lived or stayed. Useful as an activity and as memory prompts. City, town, village and rural housing is shown, as are traditional and modern homes. With different numbers of pieces to suit different abilities and to encourage progression to more difficult puzzles.

**Ref: 10477323
10480593**

Indian meal: jigsaw

12 coloured wooden pieces in a tray showing a chicken dish, pilau rice and a selection of side dishes including samosa, bahji and naan.

Ref: 10459641

Italian meal: jigsaw

12 coloured wooden pieces in a tray showing a pasta dish, salad, a roll, sliced fruit and a drink.

Ref: 10459638

Junk and disorderly: 250 piece jigsaw

A marvellous nostalgic scene to bring back memories with each individual item in the shop telling its own story.

Ref: 10247819

Lifeboat: jigsaw

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

Ref: 09317000

Mexican meal: jigsaw

12 coloured wooden pieces in a tray showing two Mexican wraps, salad and nachos.

Ref: 10459640

Milkman: jigsaw

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

Ref: 09316999

Jigsaw puzzle : Orient Express

A 13 piece puzzle that can be assembled within its frame featuring a picture of the orient express.

Ref: 10480595

Paddling in the sea: jigsaw

Picture of children paddling on the beach in bygone days with 15 colour pieces.

Ref: 03886412

Police car: jigsaw

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

Ref: 09523682

Policeman: jigsaw

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

Ref: 09523681

Poppy field: jigsaw by John Francis

100 pieces showing a poppy field on a warm afternoon in mid-summer with detail of birds, butterflies, ponies and a water mill. Larger than normal pieces.

Ref: 09893195

Postman: jigsaw

12 pieces with a modern image, in colour, to encourage conversation and reminiscence.

Ref: 09523683

River cottage: 250 piece jigsaw

The puzzle scene is a tranquil setting which has lots of detail and colour to encourage discussion and conversation.

Ref: 10247820

Wooden jigsaw showing roast dinner

12 coloured wooden pieces in a tray showing sliced meat in gravy, new potatoes. Carrots, beans, stuffing, trifle and a drink.

Ref: 10459639

Sailing past the jetty: jigsaw

Picture of a sailing boat passing men busy on the jetty from bygone days with 15 colour pieces.

Ref: 03886416

Seaside special: 250 piece jigsaw

Old fashioned picture of classic busy seaside scene

Ref: 10247822

Wentworth wooden puzzles : Snow, Steam & Trees

Jigsaw featuring a steam train in the snow. Likely to prompt conversation and an awareness of personal interests and histories. Irregularly shaped pieces add to the challenge and appeal of these colourful jigsaws.

Ref: 10480575

Thera-jigsaw foam puzzle: covered bridge and its surroundings

Jigsaw made up of 24 chunky foam pieces for easy handling showing a bridge.

Ref: 10477309

Thera-jigsaw foam puzzle: Iris

Jigsaw made up of 24 chunky foam pieces for easy handling showing an iris.

Ref: 10477310

Thera-jigsaw foam puzzle: Tulips in Bloom

Jigsaw made up of 24 chunky foam pieces for easy handling showing some tulips.

Ref: 10477310

Thera-jigsaw foam puzzle: Two Geese

Jigsaw made up of 24 chunky foam pieces for easy handling showing some geese.

Ref: 10477311

Thera-jigstick Puzzle: Baby and Pumpkin

Jigsaw made up of 15 chunky foam pieces for easy handling showing a baby in fancy-dress and a pumpkin.

Ref: 10477316

Thera-jigstick Puzzle: Cat

Jigsaw made up of 15 chunky foam pieces for easy handling showing a cat's face.

Ref: 10477315

Thera-jigstick Puzzle: Cows

Jigsaw made up of 15 chunky foam pieces for easy handling showing some cows.

Ref: 10477314

Thera-jigstick Puzzle: Hydrangeas

Jigsaw made up of 15 chunky foam pieces for easy handling showing some hydrangeas.

Ref: 10477313

Vivien Leigh: jigsaw


24 piece black and white puzzle.

Ref: 01606420

Wentworth wooden puzzles : Watering Time

Jigsaw featuring a variety of different flowers in pots and a watering can. Pieces are 3mm thick and are supplied in a drawstring bag inside the illustrated box.

Ref: 10480570



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