



Water safety



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SURREY
COUNTY COUNCIL

Making Surrey a better place

Water can be dangerous for many reasons spot the dangers;

Water may look safe, fun and a great place to be in the sun, but water is dangerous. Learn to spot and keep away from dangers

Very cold temperatures all year round

Hidden currents and quick moving water is difficult to swim in

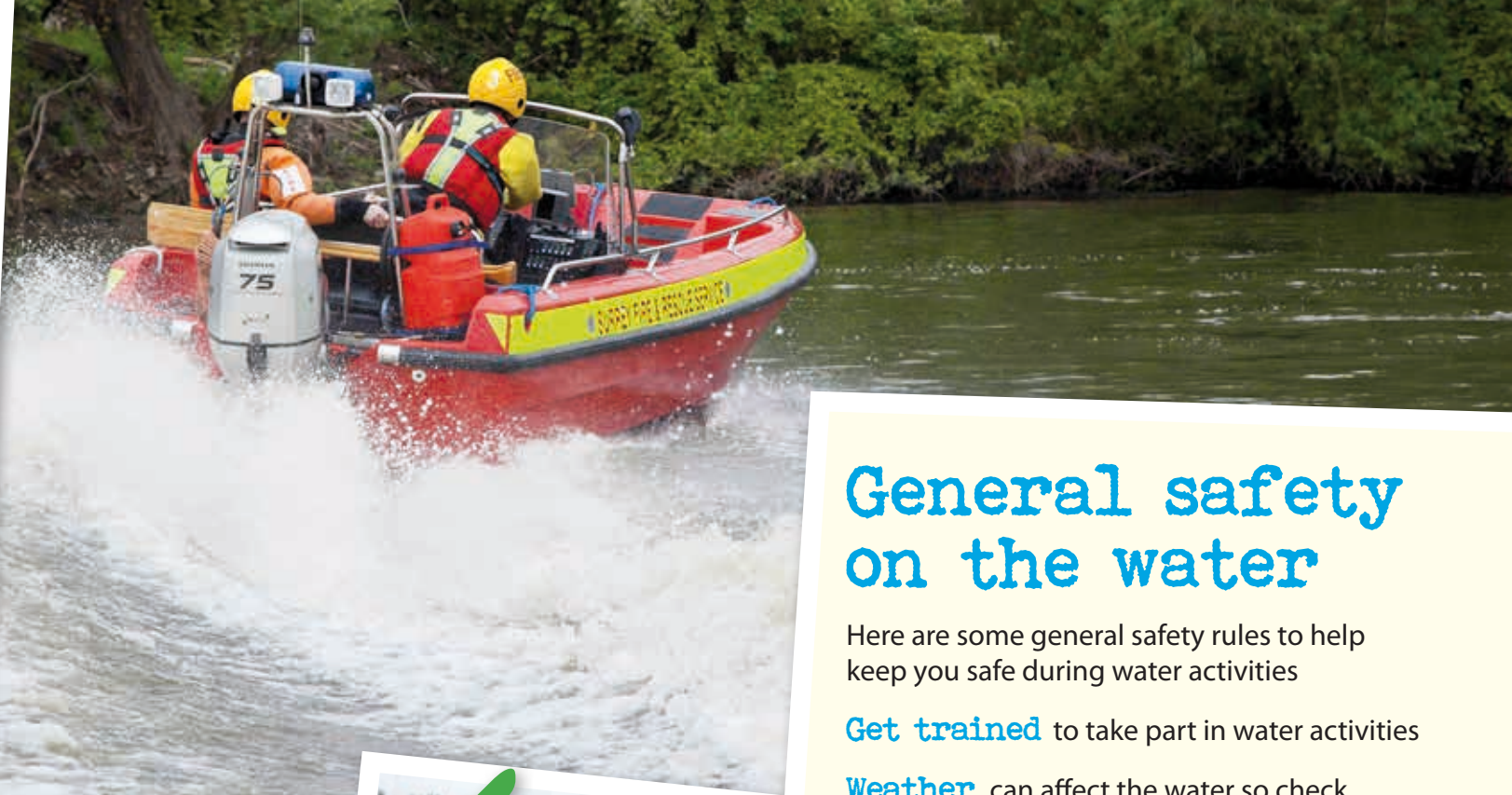
Deep unknown water might mean you will not be able to touch the bottom

Help may be difficult if there are no lifeguards around

Dirty water can make you ill

Slippery and steep banks can make it difficult for you to get out

Rubbish can be hidden like shopping trolleys or broken glass, these can trap you in the water



General safety on the water

Here are some general safety rules to help keep you safe during water activities

Get trained to take part in water activities

Weather can affect the water so check forecasts and tides before you go out

Wear a lifejacket and make sure it's right for you and the activity

Keep in touch have your mobile phone with you, tell someone where you're going and when you'll be back

DON'T DRINK AND SWIM, DON'T DRINK AND PLAY ON WATER, WATER CAN KILL!

Don't go alone, on your own means no one to phone for help

Children should always be with an adult, not by themselves. An adult can point out dangers or help if somebody gets into trouble



Know what to do in an emergency

Never put yourself in danger, wait for the emergency services. But if it's safe for you to help, follow this guide.

Keep calm and always think before you act

Shout for help

Dial 999 and ask for the Fire and Ambulance Services

Reach the person using a stick, pole or piece of clothing to pull them to the water's edge. Always lie down when you do this

Throw the person a rope so that you can pull them in, or something they can use as a float

Row a boat if you can but don't try to pull the person on board, they might panic and capsize the boat. Tell them to hold onto the side

First Aid must be given and make sure the person is kept warm



For further advice
visit: www.rospa.com
www.direct.gov.uk

