

Learning Disability Partnership Board in Surrey

Minutes of our July 2023 Meeting.

Chaired by Anna Waterman and Debbie Taylor.





Held on Thursday 6 July 2023 using Teams and in person at Woodhatch Place in Reigate.

At our July 2023 meeting we talked about:



LeDeR.

Lynne Ramnanansingh updated us.



Surrey People's Group event.

Mary Hendrick updated us.



Programme Board.

Anna Waterman updated us.



Experts by Experience.

Debbie Taylor and Amanda Aldridge updated us.



Local Updates.

Members updated us.

Our March 2023 minutes were agreed.



The minutes are available on our website.

www.surreypb.org.uk



Keep updated about local events and news.



Up-to-date news about events and services can be seen in the <u>latest news</u> section of our website.



If you have any news or events to tell us about please email ldcommunications@surreycc.gov.uk and we will send it out in our weekly news email.

LeDeR



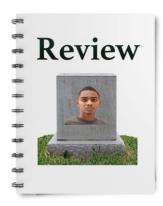
Lynne Ramnanansingh updated us.

LeDeR stands for Learning Disabilities Mortality Review.

What is a LeDeR review?

People with a learning disability often die younger than other people.

When a person dies the LeDeR team review what happened to see if lessons can be learnt to better care for people in the future.



LeDeR reviews are now also carried out for autistic people who do not have a learning disability.

Deaths reported to LeDeR in Surrey.

109 deaths were reported to LeDeR in April 2022 to March 2023:

- 62 reviews were due to be completed between 2022 / 2023.
- 82% of the reviews were completed.
- 20% of the reviews were completed within 6 months.
- 27% of the reviews needed a more in-depth review.

Key findings from the LeDeR Reviews.

In June 2021 LeDeR reviews were introduced to review the deaths of autistic people.

- There has been an increase in the number of deaths of autistic people that have been reported to the Surrey Heartlands LeDeR programme.
- None of the reviews of the deaths of autistic people have been completed as yet.



There was evidence of more ethnic diversity in the deaths reported to the LeDeR programme this year.



The average age at death for people with learning disabilities is 67.

- 65% of the deaths reported between April 2022 / March 2023 were male, this is a 14% increase since last year.
- From the reviews completed in 2022 / 2023, there was only 1 Covid death.



The main cause of death was respiratory (breathing) conditions which accounted for 37% of the deaths reviewed.

 Only 16% were due to aspiration pneumonia which is a decrease since last year where aspiration pneumonia accounted for 40% of the deaths reviewed.



The second most common cause of deaths were deaths due to cardiac (heart) conditions which accounted for 16% of the deaths reviewed.



In 75% of the deaths reviewed, the individual had received an annual health check (AHC). This is lower than last year.

- Cancer screening uptake in people with learning disabilities remains low.
- We need to get better at flagging / identifying children and young people who have learning disabilities when they access acute hospital services and the provision of learning disability liaison support across all hospital sites.
- The most common good practice theme reported was the provision of reasonable adjustments.





Annual Health Checks.

75% of people had their annual health check:

- More than half the annual health checks resulted in a Health action plan.
- 15 of the Annual Health Checks were felt not to have been effective.
- An Annual Health Check Audit under way.



DNA CPR Themes.

DNA CPR stands for do not attempt cardiopulmonary resuscitation.

Things we could learn from were identified in 10 reviews:

- Quality of the forms.
- Decision making process.
- · Communication, timeliness.
- As a result of the previous LeDeR findings Royal Surrey County Hospital completed their own Respect Audit.



Actions we are taking from what we have learnt.

We are undertaking a medication audit.

- We are looking at the needs of people who are at risk of constipation.
- We are looking at the needs of people who take a lot of different medications.



We are supporting people to identify deteriorating health.

Surrey Heartlands ICB
commissioned Surrey Choices to
deliver Restore 2 mini training to
family and domiciliary carers of
people with learning disabilities and
autistic people to help identify and
respond to deteriorating health.



We are supporting people to better understand The Mental Capacity Act and have training.

- Surrey Heartlands ICB worked with the Mental Capacity Act lead colleagues to review the quality assurance processes in place and developed tools to support this.
- <u>Click here</u> to go to information about the Mental Capacity Acton our website.



Actions we are taking from what we have learnt.

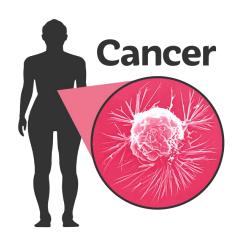
We are making sure people know how to help people when they are choking.

- We want to make sure people at risk of choking get support from a Speech and Language Therapist.
- We provide advice and support to care homes about using the Life Vac or Dechoker within their organisation.



We want more people to access Cancer Screening services.

- 800 people were flagged on the bowel screening hub electronic system and are being sent easy read information.
- Learning Disability awareness training was delivered to Breast and Diabetic eye screening services by the learning disability liaison nurses.



End of life care was the most common theme identified in areas of learning / requiring improvement.

 Having an end of life care plan resulted in a better identification of the individuals end of life wishes.



Actions we are taking from what we have learnt.

Key learning themes identified from the deaths of children and young people:

- Advanced care planning would have been beneficial and prevented distress to the child and family.
- Clinicians would benefit from further training in reduced life expectancy in children with significant neuro-disability.
- Health and social care services need to work together when delivering joint care packages.
- Medical clinicians can struggle to get hold of someone within social care services in a timely manner to obtain consent when a child under a full care order.
- Not all local hospitals have a children's learning disability liaison service. Children are not always identified within the hospital flagging / alert system as having a learning disability or requiring reasonable adjustments.





Partnership Board members questions and comments about LeDeR.

Who refers a person's death to the LeDeR team?



Lynne Ramnanansingh explained that the majority of referrals come from the acute hospitals and Surrey and Borders Partnership NHS Trust teams. There is no formal duty for a GP to refer a death to LeDeR, and we would like more GPs to make referrals.

What is the biggest concern?



Lynne Ramnanansingh explained that healthy lifestyles can help people to avoid dying early from preventable illnesses. Obesity and a lack of activity is a concern.

Discharge from hospital



Maria Mills highlighted that hospitals often assume that care homes have nursing staff when often they don't. Jade Vallance added that people have been discharged as late as 10pm at night. Jade also mentioned that hospital and primary care services often don't share information so people end up having to do things like blood test twice.

Lynne Ramnanansingh offered to meet with providers to discuss these issues.



Liaison services for children and autistic people.



Mary Hendrick commented that Primary Care and Acute Hospital Liaison Teams will need more staff if they are going to offer support to children with a learning disability and/or autism and autistic people who don't have a learning disability.

Annual Health Checks and Health Action Plans.



Mary Hendrick asked if Health Action Plans are making a real difference to people's health and wellbeing.

Lynne Ramnanansingh explained that in the reviews they carried out not many people had a Health Action Plan even though they had had an Annual Health Check. Lynne explained that two people had now been employed to evaluate the effectiveness of Health Action Plans and Annual Health Checks.

Surrey People's Group event.



Mary Hendrick updated us.

Let's speak up together - Learning Disability Week event.



Over 50 people with a learning disability came to the event.

Click here to go to the Easy Read report of the event

There were talks on many topics including:

- Hate Crime
- Advocacy
- Social care reviews
- Annual Health Checks
- Community transport and bus passes



Some key actions from the event.

We want more people with a learning disability to have a Surrey Police Pegasus Card.

- You can register for a Pegasus Card. The Police will keep information about you on their computer.
- If then you need help you can show your Pegasus Card and the Police will know the best way to help you.



We want to make it easier for people to get support from their GP and dentists.

- People want to be able to see their doctor face to face. They find online appointments difficult.
- There can be a long wait to see the specialist dentist.



People told us about their experiences of reviews and how to make them better.

 People said they would like to have the same social worker each time, but were told that this wasn't possible. People then asked if each social worker could read their file before the review so they don't have to start from scratch each time.

Partnership Board members questions and comments about The Surrey People's Group event.

Bus passes.



Mary Hendrick told us that Brendan Thompson from the Buss Pass team would coming to talk about bus passes to each of the four Local Valuing People Groups.

Surrey Police Pegasus Cards.



Mary Hendrick told us that Sergeant Tristan Barnett is keen to talk to providers about Hate Crime and Pegasus Cards.

Autism training.



Cllr Bernie Muir asked about the mandatory autism training. She wanted to know what the consequences would be if providers did not make sure that their staff received the training.

Mary Hendrick explained that there is much more autism training available now and is being delivered in partnership with autistic people.

The Oliver McGowan mandatory training on both autism and learning disability is being developed and CQC inspections will include checking that staff working in services have done this training.

Learning Disability and Autism Programme Delivery Board



Anna Waterman updated us.

The board makes important decisions about services for people and /or autism in Surrey.

The Learning Disability and Autism Programme Delivery Board.

The board meets quarterly and has managers from both NHS and Surrey County Council on it.





The board listens to the views of other groups, including:

- The Learning Disability Partnership Board
- The Local Valuing People Groups
- The Surrey Autism Partnership Board
- The Autism Reference Group
- The Learning Disability and Autism Leadership Team Meeting
- Workstream Steering Groups such as the housing group and the health group



Partnership between Surrey County Council and the NHS.







The purpose of the partnership is seamless Health and social care commissioning joint working towards NHS 10year plan.

- Long Term Plans
- Local delivery of national agenda to improve care and support



Partnership between Commissioners and providers of support.





We are focusing on:

- Best practice
- Problem solving
- · continuous improvement





Partnership between the Commissioners and Providers of support and the people who use services.



We are focusing on:

- Quality of services
- Choosing the right support
- Choosing the right provider
- Informing long term planning









We want these partnerships to make a real difference to people's lives.

We want a streamlined approach to putting a care and support package in place.

Providers need to feel they can be open and honest with commissioners and work together to solve problems.

We want more service users to help quality check services.



Partnership Board members questions and comments About The Learning Disability and Autism Programme Delivery Board.

Staff retention and recruitment.



Joyce Smith commented that care staff are leaving their jobs as they can't afford to live on the wages they are paid.

Jade Vallance highlighted the importance of keeping staff, commenting that people with a learning disabilities priorities are the relationship they have with their care worker.

Maria Mills commented that the commissioning model that pays providers by the hour of support they give is a barrier to providers being more creative in how they plan and deliver support services.

Anna Waterman said it was important that commissioners were transparent and fair in the funding for providers. She commented that recruitment and retention of staff was a national problem.

Anna explained that in September 2023 Surrey County Council would be introducing a Dynamic Purchasing System which will focus more on outcomes rather than a paid per hour approach. This new approach will first be piloted with a small group of providers.

Anna also explained that Surrey County Council's co-production policy was nearly ready to publish and will result in more opportunities for people with a learning disability and/or autism to be involved in developing services and support.

Experts by Experience



Debbie Taylor and Amanda Aldridge updated us.

Improving the experience of people with learning disabilities visiting hospital.



Debbie Taylor is the Co- Chair Learning Disability Partnership Board.

She lives in supported living in Guildford, she attends Surrey Choices and works two mornings a week.

Debbie presented at the Royal Surrey Hospital Study Day. Debbie spoke about:





- Improving the experience of people with learning disabilities when they visit hospital.
- How best to support people with learning disabilities.
- Easy Read Information to help staff when working with people.

Click here to find out how the Learning Disability Liaison Nurses can support you.

Debbie talked about finding her way around the hospital. She said that:

- It is hard to sign in at hospital on the computer and difficult to find departments.
- Please offer to help me sign in and make directions to departments clearer.
- Could we have some accessible maps or pictures on signs.



The fracture clinic.

- Someone at the talk decided to change something because of what Debbie had said.
- The nurse from the fracture clinic asked the learning disability liaison nurses to help her improve the signage.
- She asked Debbie to come and have a look and say what she thought.



Debbie liked the signs, she thought they would help people find the fracture clinic and know what to do when they got there.

Debbie wrote to the Chief Executive of the Royal Surrey Hospital and is presenting to the Health Inequalities Board. Her talk to the study day also resulted in a research asking for experts to work with Midwifery students

She wants better signs all over the hospital and in other hospitals.

Local updates.



Members updated us.

Our next Partnership Board Meeting.







Our meetings will be in person, and people will be able to join online as well. Our next meeting will be on:

Thursday 7th September 2023 - from 10.30am to 12.30pm.

East Surrey Hospital.

Helen Guest told us that The Proactive Community have been invited to East Surrey Hospital to talk to them about making things more accessible for people with a learning disability.



Workforce Innovation Fund.

Maria Mills told us that Active Prospects have partnered with seven other providers to fund a pilot project to develop apprenticeships and accelerated management programmes.



Student midwives.

Active Prospects and The Surrey People's Group have trained 140 midwifery students over the last two months. We don't know whether there will be funding for this training in the future though.



Cllr Muir asked for information regarding project to feedback to Health Wellbeing Board. Mary Hendrick agreed to send information to Cllr Muir



Arundel House.

After a three-month consultation The Surrey County Council Cabinet decided that Arundel House was not fit for purpose and would close. Mary Hendrick explained that:

- Each resident has a social worker.
- Mary has met with families to discuss options.
- People's friendship groups will be taken into consideration when finding new homes.



Cobham Link.

- Cobham Link day service suddenly closed down because of staffing issues.
- The service hopes to open again in September 2023.



Summary of actions from our July 2023 meeting.





Discharge from hospitals.

Lynne Ramnanansingh offered to meet with providers to discuss issues around people being discharged from hospital.



Student midwives.

Mary Hendrick agreed to send information about the student midwives training to Cllr Muir for the Health and Wellbeing Board.

Members who came to our July 2023 meeting.

Co - Chairs

- Anna Waterman
- Debbie Taylor

Local Valuing People Group Chairs

- Tom Moore Surrey County Council– South West Surrey
- Sally Dubery Central Surrey Voluntary Action Mid Surrey

People with a learning disability

- Leanne Yeo Valuing People Group co-chair
- Matt Leadbetter Chair of the Proactive Community

Family Carer Representatives

- Joyce Smith
- Gaynor Gibbins
- Steve Denman

Voluntary Organisation Representatives

- Yasmin Broome Surrey Coalition of Disabled People
- Helen Guest Active Prospects
- Jade Vallance Active Prospects
- Maria Mills Active Prospects / Surrey Care Association
- Tracey Jeal DEA, Redhill Jobcentre
- Christine May Shooting Stars Hospice
- Christina Earl Surrey Choices
- Joanna Grudzinska Dmowska The Grange

Members who came to our July 2023 meeting.

Surrey County Council representatives

- Amanda Aldridge Engagement Officer
- Samantha Lewis Adults Senior Business Support Assistant
- Mary Hendrick Senior Commissioner
- Anna Waterman Head of Commissioning for Disabilities, Autism, Direct Payments and for Mid Surrey
- Alison Caraccio Surrey Adult Learning
- Cllr Bernadette Muir SCC Councillor
- Harmandeep Admane SCC Public Health Lead
- Mariam Watling Surrey County Council

Health representatives

- Jane Owens Surrey Healthwatch
- Lynne Ramnanansingh LeDeR
- Julie Wadham Surrey Heartlands ICB and Public Health

Observers and Presenters

Mike Leat – CCP Ltd.