



SURREY
COUNTY COUNCIL

Supporting you as you become an adult:

Information for young people
with disabilities



easy
read

Introduction



The Surrey County Council **transition** team is working to support young people with disabilities, who also have an **EHCP**.



Transition is when you start planning for life as an adult and when moving from services for children to services for adults.



EHCP stands for Education and Health Care Plan. They are for children and young people who need extra support in school.



We want to help you with this transition as it is an important time in your life.



It can be an exciting time, but also a worrying time, especially if you have a disability.



This document explains how we can help you to get through it.

What we do

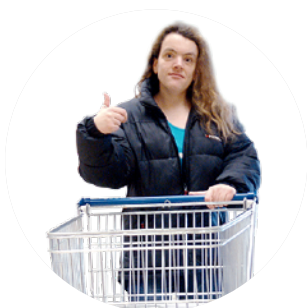


If you are aged between 14 and 25 you might be thinking about your future.



You might wonder:

- what will happen when you leave school or college
- how you can live independently.



If you have a disability, you might be even more worried about these things.



We are here to support you and your family during this time.



We will work with you to:

- understand what care and support you need



- help you choose and achieve your life goals or targets



- find out what services there are to support you.



We work with other people to help you through your transition, for example teachers, doctors and people who provide care services.



Supporting you through your transition is important to help make a good start in your adult life.

Deciding what you would like to do next



When you are 14 we will start to work with your school and the **Special Educational Needs and Disabilities (SEND) team**.



The **SEND team** supports young people aged 16 and over who need extra help with learning.



We may come to some meetings at your school to try to find out what you would like to do when you leave.



The SEND team will tell you about different types of education and training to help you decide.



They will work with your school careers advisor or anyone else who is supporting you to help you make the best decision.



We want to find out what you would like to do next so that we can support you when you reach age 18.



What you can do instead of school

You have to take part in a type of education or training until you are 18.



This does not have to be in a school or college.

Instead, you could:



- join a community-based learning programme to learn new skills for life

- move into **supported living** and get help to learn how to live independently



Supported living is where you get the care and support you need to live on your own.



- get a job, do work experience or volunteer

A **volunteer** is someone who does work without getting paid.



- complete a study course with a 6th form, college or skills provider



- do some training that leads straight to a job. This is sometimes called an Apprenticeship or Supported Internship.



If you do not want to carry on at school or college, or get a job, we can give you advice about other things.

Writing your assessment



An **assessment** is when we meet with you and ask you questions to find out what you want and need.



This helps us to understand what help and support you need.



Before you turn 18 we will meet with you to find out all about you and your family.



Together we will decide what help you will need to reach your targets and life goals and be as independent as possible.



You may want help with:

- daily living



- going to school or college



- finding a job



- taking part in activities and getting out and about.



You may also need equipment in your home which will help you to live independently.



We will help you and your family get ready for your assessment.

Support for your family or carers



Your family or carers need support too.



They will also be part of the assessment.



We need to find out what they need so that they can carry on caring and supporting you.



We could help them with:

- finding a way to have a break from caring
- talking to someone about their feelings





- finding out where to get information



- getting education or training



- going back to work.



If they need extra support, we could also put them in touch with organisations that could help.

Support from Surrey County Council



At your assessment, we will think about if we can pay for the support you need.



We need to work out what care and support you might need because of any physical or mental disabilities or illnesses.



We need to know:

- what you can do without support
- if your **wellbeing** is affected if you don't have support.



Wellbeing is feeling good in your mind and body.



If we can't pay for the support you want, we will tell you about other organisations who may help you.

Making your support plan



If you can receive support from us, we will make a plan together.



Your plan will have the right support for you to be as independent as possible and do the things you want to do.



We will work with you and your family or carer to make your support plan.



We will also work out if you need to pay anything towards your care.



Your plan might include:

- the care and support you need to do everyday things



- the support you need to carry on at school or college



- support to get a job or become a volunteer



- help with money



- taking part in activities to get you out and about



- help deciding where you want to live



- advice with relationships or wellbeing.

Paying towards your support



When we know what support you need, we will work out:

- if you need to pay for some of it



- what we can pay for.



The money you will get from us to pay for your support is called a 'Direct Payment' or 'Personal Budget'.



We will find the best way to help you pay for the services you need.

Keeping in touch



We will check that your support is working for you and your family.



If anything changes as you go through your transition, we can change your support too.



This might happen if you:

- leave education
- want to try something new
- move into new supported accommodation or a new area.



Our contact details



To see how we could support you during your transition, contact us by:

- phone: **01276 800 270**



- e-mail:
transitionteam@surreycc.gov.uk



- SMS number: **07527 182 861**
(for deaf and hard of hearing callers online)



- sign language video relay service (VRS): **www.surreycc.gov.uk/contact-us/british-sign-language**



More information is available at:

- website:
www.preparingforadulthood.org.uk
- website: **www.surreycc.gov.uk**
- website:
www.surreyinformationpoint.org.uk

In an emergency between 5pm and 9am you can contact the Emergency Duty Team by:



- phone: **01483 517898**



- SMS number: **07800 000388**
(for deaf and hard of hearing callers online)



- textphone (via Text Relay):
18001 01483 517898



- e-mail: **edt.ssd@surreycc.gov.uk**