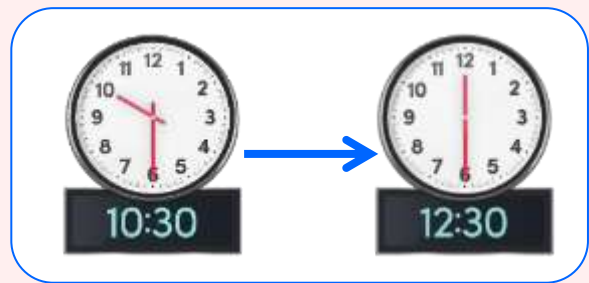
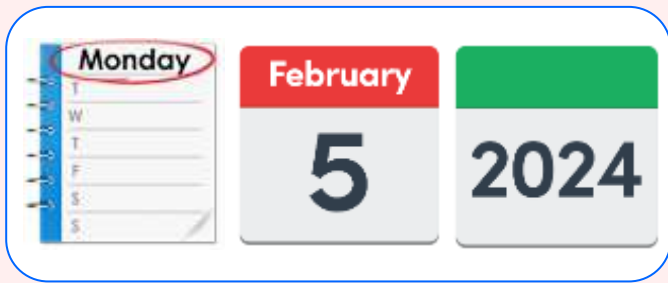




# North West Surrey Local Valuing People Group Minutes



Helen Hunt and Carinder Malhi chaired the meeting..



Helen Hunt



Carinder Malhi



The meeting was at the Maybury Centre in Woking and Teams.





## At the meeting we talked about:



- Social Activities available at LinkAble



- Social Activities available at Surrey Choices



- What people wanted to see more of and how to improve services in Surrey

# Welcome and Introductions

Helen welcomed everyone to the first in person meeting of 2024.



19 people attended the meeting. Alison from Surrey Adult Learning joined us on Teams.

The were introductions from Dramatize, Surrey Choices, Avenues South and Linkable.



Katie from Gig and Sports Buddies was due to present for the meeting but was unable to make it.

Amanda gave some information of what they do. Gig Buddies help people find a buddy to go with people to gigs and sports events.



People voted for them to come back to the next meeting.

# Feedback from the Partnership Board



Amanda went over the key topics from the last meeting in January

## Key Points



There was a discussion about the terms of reference as this has not been updated in a while.



There are currently 5 meetings planned for 2024.



At the next meeting, The Director for Learning Disabilities and Autism will be giving an update. There will also be an update from commissioners.



Carinder said it would be a good idea to feedback to the Partnership Board on what they are doing at the North West Valuing People Group



Amanda said that next week the easy read booklets about safeguarding will be sent out.



There was also discussion about last Surrey People's Group which took place in December about Travel.



You can read the minutes from the January Learning Disability and Partnership Board on the [Learning Disability and Autism Hub](#).

# Presentation by LinkAble and Questions

Rachel at LinkAble gave a talk about the activities they run and upcoming events.



Lorna spoke about what Linkable meant to her. She said Linkable has helped her to learn lots of new skills and has helped her to build her confidence, even when things don't go to plan all the time.



Lorna has been with the service since she was 7 years old and she enjoys taking part in different activities like choir and drama.



She also shadows the reception team and she has learnt a lot doing this.





Hannah said that Linkable has been able to help her with courage, social skills and developing her independence. She attends drama class, chill out on Wednesday and Hobby Club. Cooking, drama, and travel training are some of skills she has learnt.



LinkAble is a charity that supports children and adults with learning disabilities in Woking and Surrey. They run a variety of onsite activities at their Woking Centre as well as offsite.

There are activities taking place 5 days a week including evening clubs. The evening social groups take place on Monday, Wednesday and Thursday. Saturday evenings is Mayhem Club nights which are usually between 7-11pm and Sunday is ActAbles Drama Group for 16+ from 11:15pm-1pm.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Complex needs 10:30-12:00</b> • Art • Music • Games • Story • Roleplay	<b>Skills Based 10:30-12:00</b> • English • Maths • History • Science • ICT • PE • Art • Music • Games • Roleplay	<b>Cooking &amp; Gardening 10:30-12:00</b> • Gardening • Cooking • Sewing • Knitting • Crocheting • Painting • Drawing • Writing • Reading • Listening • Speaking • Thinking • Problem Solving	<b>Sport and Fitness 10:30-12:00</b> • Football • Basketball • Table Tennis • Badminton • Snooker • Darts • Billiards • Chess • Go • Scrabble • Trivial Pursuit • Cluedo • Monopoly • Risk • Ludo • Snakes and Ladders • Backgammon • Connect Four • Risk • Ludo • Snakes and Ladders • Backgammon • Connect Four	<b>Creative Hobby Club 10:30-12:00</b> • Pottery • Sewing • Knitting • Crocheting • Painting • Drawing • Writing • Reading • Listening • Speaking • Thinking • Problem Solving	<b>ActAbles Drama Group 11:15-1pm</b>	
<b>10:30-12:00</b> • Coffee • Games • Roleplay • Art • Music • Story • Games • Roleplay	<b>10:30-12:00</b> • English • Maths • History • Science • ICT • PE • Art • Music • Games • Roleplay	<b>10:30-12:00</b> • Gardening • Cooking • Sewing • Knitting • Crocheting • Painting • Drawing • Writing • Reading • Listening • Speaking • Thinking • Problem Solving	<b>10:30-12:00</b> • Football • Basketball • Table Tennis • Badminton • Snooker • Darts • Billiards • Chess • Go • Scrabble • Trivial Pursuit • Cluedo • Monopoly • Risk • Ludo • Snakes and Ladders • Backgammon • Connect Four	<b>10:30-12:00</b> • Pottery • Sewing • Knitting • Crocheting • Painting • Drawing • Writing • Reading • Listening • Speaking • Thinking • Problem Solving		
<b>Monday Night Club 6:30-8:30pm</b>	<b>10:30-12:00</b> <b>Evening Social 7pm</b>	<b>10:30-12:00</b> <b>Club Day 7pm</b>	<b>10:30-12:00</b> <b>10:30-12:00</b> <b>Community Club 7pm</b>	<b>10:30-12:00</b> <b>10:30-12:00</b> <b>Evening Social 8:30-10pm</b>	<b>10:30-12:00</b> <b>10:30-12:00</b> <b>Mayhem Club 7-11pm</b>	





The next Mayhem Club Night is taking place at on 17th February at their new venue Fiery Bird.

# Discussion



Carinder said it was great to see the amazing work LinkAble are doing.



Amanda asked how many people attend Mayhem.



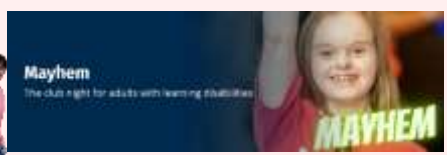
Rachel said at least 100 people attend the club nights, but the new venue can hold at least 150 people.



Phil asked whether there was a quiet place available should people need this.



Rachel said there was space available at the venue for people should they need this.



Amanda said she was also hoping to attend the next Mayhem event.







Helen asked about where their evening activities take place.



Rachel said most of the evening activities take place onsite at their Woking Centre.



There are some activities like eating out or bowling which would be offsite.



Carinder whether they had any easy read formats for their activities or for a timetable?



Rachel said they did have easy read available and she was working on a new easy read timetable.



Carla asked the costs for the sessions.



Rachel said that from April there would be £40 charge for most sessions. Thursday group £15 which is pay as you go, drama group is £12.50 and Mayhem is £7.

# Presentation and Feedback from Surrey Choices



Carinder introduced the presentation by Surrey Choices on Social Activities.

## Key Points



- Ioanis is from Cranstock activity centre. As of last year, Woking Centre and Cranstock have merged together to host a wide range of activities and support for people with learning disabilities and autism in the community.
- They run a wide range of activities including gardening, cookery and arts and crafts. Outdoor activities include Badminton, soft play and gym sessions.
- Claire said she enjoyed playing Badminton.
- Ajay said he likes painting and doing woodwork. He also participates in gardening.





- They are one big family.
- They have travel training, bowling, swim sessions, golf, shopping, days out.
- They give options to members on what they want to do and this encourages their independence.



## Discussion



Helen asked where the Badminton sessions take place.

Ioanis said that the sessions taking place at Woking Leisure Centre.

Helen asked about what sort of things they grow in the garden.

Ioanis said they grow herbs and some vegetables. Ajay said gardening can be quite hard work but he enjoys it.



# Discussion about what people want more of and how to improve services in Surrey

There was a discussion at each table about what people want to see more of and what could be improved.

## Key Points

### Feedback

Helen gave feedback on what people thought.

- People discussed about how transport can be difficult, at times using staff cars to get around
- Getting to work placements on time
- Questions over the future of Buster Dial a Ride
- Lack of PA Support
- Finding accessible venues. For example changing rooms at the swimming pools







- Card payments over cash payments- Major impact as people don't have bank cards



- ACTION: Finding out more about pre-paid card options.



- People wanted to participate in more activities like Gym, Drama Class, Charity Sport events, Dance shows, Swimming Gala and Sport Tournaments.



- To have a Surrey Bake Off to socialise and make friends



- Would like more time for volunteering and work opportunities



- Employer/ Volunteers are not as flexible about people's needs



# Local Updates

Carinder said he is going to the Learning Disability England Conference. He said you can join in person or online. It is taking place on Wednesday 14th February.



Carinder said the theme is going to be about National Politics.



Amanda spoke about the upcoming Surrey People's Group. The theme is going to be about voting. They are going to use resources from 'My Vote, My Voice'.



There will be information about the political parties.

## Actions:



Amanda said she will speak to Gig Buddies about coming back to the next meeting.



Amanda will also look about payment options.



Surrey People's Group discussions about voting will be brought to the next meeting.

## Next Meeting:



Next meeting is taking place on Monday 13 May 2024 at Maybury Centre and Microsoft Teams.

