

Meeting Minutes



Meeting Title: Surrey People's Group

Date: 4 May



Time: 10.30-12pm

Location: Zoom

Meeting Summary



Welcome and introductions

- Welcome and introductions were made

Mental Health Awareness Week



- The two key themes for mental health awareness week are loneliness and connections.
- The group talked about who was important to them in their life and how they could reach out to those who may need connection and support.
- The group also said they will support awareness by wearing green
- Moth's Mash up have a special show for the awareness week. Zoom details to be shared with the group

The Big Plastic Count



- The group spoke about the big plastic count and how it would be good to all get involved with this initiative.
- The website was shared, and details of how to sign up and how to count how much plastic you use

June Plan - SPG



- The group were asked what they would like to do for the June face to face meet up
- Members said they would like to have an outdoor meet up where they could have a lunch all together after the meeting
- People would like to bring their own lunch but would also be happy to do a shared lunch.
- The group voted for an outdoor area like a park for lunch and an indoor venue for the meeting.
- Helen informed the group we would have someone attending the June meet up to talk about skin care and the importance of looking after ourselves in the sunshine and different seasons.

Attendance

Lizzie Wheeler

Carinder

Michael

Emma

Matt

Leanne

Adrian Lowther

Robert

Helen Guest

Imogen Osborne