If you have been abused we will:

- Make sure you are supported and protected.
- Talk to everyone involved to find out what happened.
- Take action to stop the abuse happening again.

If we think a crime has happened Surrey Police will investigate.

In an emergency phone 999

Surrey County Council

Adult Social Care Helpline: 0300 200 1005
Minicom: 020 8541 8914
Monday to Friday: 8am to 6pm
SMS: 07527 182861
Out of office hours phone: 01483 517898
Email: contactcentre.adults@surreycc.gov.uk
Website: www.surreycc.gov.uk/safeguardingadults

True Vision

Police website for information about Hate Crime. You can report a Hate Crime online.
Website: www.report-it.org.uk

Surrey Police

Phone: 101
open 24hrs a day, 7 days a week.
You have the right to:

- Live free from violence, fear and abuse.
- Be protected from harm and from being made to do something you do not want to do.
- Be independent which may involve some risk.
- Say ‘no’ to anything you do not fully understand.

We want to stop abuse

When someone does bad things to you, that make you feel frightened or unhappy this is called abuse.

Abuse is wrong.

There are six different kinds of abuse:

- verbal abuse
- physical abuse
- discriminatory abuse
- neglect
- sexual abuse
- financial abuse.

They are all wrong and must be stopped.

Tell someone you trust

What to do if you, or someone you know, is being abused:

- tell someone if you think you, or someone you know, is being abused
- phone one of the contact numbers on the back page.
- In an emergency phone 999.

What not to do:

- do not ignore it
- do not promise to keep it a secret
- do not put off doing anything about it.