



For further information please contact:

Surrey Adult Learning Customer Service Team

Tel: 0300 200 1044

Email: adultlearning@surreycc.gov.uk

SMS: 07527 182 861

Textphone (via Text Relay): 18001 0300 200 1044

www.surreycc.gov.uk/adultlearning

National Careers Service

The National Careers Service provides access to free, impartial, professional advice on careers, skills and the job market

<https://nationalcareersservice.direct.gov.uk/>

Tel: 0800 100 900

Surrey County Council's Adult Learning service offers a variety of Exercise and Bridge courses suitable for beginners to more experienced learners.

A list of these courses can be found in our Surrey Adult Learning course directory, which is published prior to the start of courses in the autumn term, and online. The brochures are available at all our Adult Learning Centres and in Surrey Libraries. New courses are added throughout the year. You can also search our website:

www.surreycc.gov.uk/adultlearning.

The purpose of this leaflet is to give additional information to any person wishing to extend their learning by progressing to courses at a higher level or training to teach.



List of courses leading to a qualification

<u>Qualification</u>	<u>College or Training Body</u>	<u>Contact Details</u>
Bridge Teacher Training	English Bridge Union (EBU)	www.ebu.co.uk 01296 317200
Exercise to Music Level 2	YMCA	www.ymcafit.org.uk 0333 920 499989
Exercise to Music Level 2	Focus Training	www.focustraining.com 0800 999 6664
Active IQ Level 2 Certificate in Fitness Instructing	Nescot, Epsom	www.nescot.ac.uk 0208 394 1731
Foundation Degree in Personal Training & Fitness	Farnborough College of Technology	www.farn-ct.ac.uk 01252 405555
Pilates Teacher Training	Body Control Pilates	www.bodycontrolpilates.com 02076 368900
Pilates Teacher Training	Pilates Foundation	www.pilatesfoundation.com 02070 330078
Pilates Teacher Training	Stott Pilates	www.ymcafit.org.uk 03333 314196
Yoga Teacher Training	British Wheel of Yoga	www.bwy.org.uk 01529 306851

Updated June 2019

Qualification**College or Training Body****Contact Details**

Yoga Teacher Training

Iyengar Yoga (UK)

www.iyengaryoga.org.uk
07510 326997

Yoga Teacher Training

FRYOG

www.friendsofyoga.co.uk