

Surrey

People's Group



Surrey People's Group in the West

14 November 2025



Who came to the meeting?



The meeting was at Emmanuel Church in Guildford.

There were 16 people there.

Ideas for our meetings in 2026



We talked in groups about:



What have we done that we are proud of?



What makes it hard to live the life you want?



What we have done that we are proud of - independence



- Getting a job



- Getting a bank card and passport



- Moving into my own place



- Having my own room



- Planning my own food and shopping



What we have done that we are proud of - confidence



- Believing in myself

- Making choices

- Going to the shop

- Travel training

- Completing my college course

- Going to college to learn cooking skills



What we have done that we are proud of – making a difference



- Supporting people with dementia
- Starting a choir
- Cooking for myself and friends, helping the people I live with
- Work in the community – people with dementia, volunteering at library
- Oliver McGowan trainer / quality checking





What makes it hard to live the life you want – money and transport



- Money / cost of living
- Too expensive to go to shows / theatre / cinema / holidays
- Waiting for bus pass
- Unreliable public transport / taxis too expensive
- Lack of drivers





What makes it hard to live the life you want – staff and support



- Not enough staff



- Getting on with staff



- Staff not being able to support



- Staff may not realise what you can do



What makes it hard to live the life you want – accessibility and belief



- pain / health



- mobility / accessibility / parking



- hard to read information



- communication



- confidence – not believing in myself



- people not being considerate / patience

What we will do with these ideas



The chair and deputy chair will use these ideas to plan our meetings for next year

Dates for next year's meetings (2026):

April
17

August
21

December
12

- 17 April
- 21 August
- 12 December

We found out about keeping your money safe from cyber fraud



Fraud is when someone tricks you so that they can steal your money

We thought about



- what we can do to keep our money safe
- what to do if we think we may have been a victim of fraud





Important points we learnt about



- If you get a phone call about your money, don't tell them anything.



- Ask for advice from your trusted person.



- You can get help from your bank, call customer services.



- Never click on a link without checking first.