



# Useful organisations for fathers and those waiting to be fathers

# Young Fathers Initiative (YFI)

The Young Father's initiative (YFI) aims to support and benefit young fathers – those aged 25 years and under – and expectant young fathers.

It has useful downloadable leaflet on advice for men who are about to become fathers.

Young Father's Initiative website: <a href="https://www.young-fathers.org.uk">www.young-fathers.org.uk</a> Young Father's Initiative Telephone No: 020 237 5353

## **Dad Info**

Dad info gets information to dads so that they can get the best for their children, information covers everything from pregnancy, birth and babies, to financial, legal and education information – from a dads perspective

www.dad.info

### **Home Dad**

Social website for stay at home dads. Has a forum and lots of interesting features on being a dad.

www.homedad.org.uk

# **Babycentre**

As well as lots of general information, this site also has a good section for dads, with a handy 'Dads ask mum's forum. <a href="https://www.babycentre.co.uk/pregnancy/dads">www.babycentre.co.uk/pregnancy/dads</a>

## **Families Need Fathers**

Because both parents matter

www.fnf.org.uk

Families Need Fathers Helpline Telephone No: 0300 0300 363

Mon - Fri 9am -10pm, Sat- Sun 10am -3pm





#### **Fatherhood Institute**

A small charity that has been working to raise the profile of 'involved fatherhood'

www.fatherhoodinstitute.org

# **Family Rights Group**

A charity that works with parents in England and Wales whose children are in need, at risk, or in the care system and with members of the wider family who are raising children unable to remain at home

www.frg.org.uk

Confidential Advice Line 0808 801 0366

# Fun activities for children of all ages:

Some of these activities can be done at home or in a quiet outdoor space- <a href="https://www.nhs.uk/change4life/activities">https://www.nhs.uk/change4life/activities</a>

And some activities just for indoors-

https://www.nhs.uk/change4life/activities/indoor-activities

At 9am every weekday Jo Wicks will be running virtual PE classes every weekday to ensure children are still keeping fit from home. Should be suitable for all ages and for children with SEND

https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ

Great ideas from Scouts for indoor activities at home for children when schools are closed or you're self-isolating due to coronavirus (Covid-19)

https://www.scouts.org.uk/the-great-indoors/

Simple, fun activities for children, from new born to fivehttps://hungrylittleminds.campaign.gov.uk/