

My Pathway Plan



Full Name:

www.surreycc.gov.uk/carezone

Care
Leavers'
Service



SURREY

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Surrey Care Leavers' Service

MY PATHWAY PLAN

This Plan sets out the support arrangements for you over the six months and identifies the help we will give you to achieve gradual independence from the Local Authority.

The Pathway Plan will be reviewed by you and your Social Worker every six months or sooner if any significant changes occur and will be presented at your Looked After Statutory Review. Once you reach the age of eighteen your Pathway Plan will be reviewed by you and your Personal Adviser from The Care Leavers' Service every six months or sooner if any significant changes occur.

If you are not satisfied with the service offered, you can make representation to the Team Manager of the team working with you.

You should always sign and have your own copy of your Pathway Plan. It is very important that you keep this copy safe at all times.

Personal Details

Your current address:	
Your term time address (If applicable)	

Telephone Number

Home:	
Mobile:	

Date of this Plan:	
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Key contacts:

Who will be your main worker over the next 6 months? e.g. foster carer, key worker, Personal Adviser.

Social worker name:	
Contact details:	

Personal advisor (PA) name:	
Contact details:	
Agreed minimum contact:	
Where they are based:	
LCS number [Social Worker/PA to complete].	

Personal Advisor's Manager:	
Contact details:	

Other:	
Contact details:	

Who would you contact in an emergency?

Emergency Duty Team (EDT): 01483517898

What do you feel is working well?

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Is there anything you are worried about?

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What do you want to happen?

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1. Your home

This section is about where you'd like to live, and who with

Backup Plan & my other options:

What will you do if you get stuck?

Other related questions:

	Yes	No
Are you on a housing register?		
If you are not, would you like be?		

If you are on a housing register, which council? _____

Are you in a 'Staying Put' arrangement?		
Are you in a privately rented home?		
Do you feel safe in your current accommodation?		

If you do not feel safe in your current accommodation, what needs to happen to make you feel safe?

How much of your Setting up Home Allowance (SHA) is left? (needs assessed by your Personal Advisor)	
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You can ask your Personal Advisor (PA) for more information about the SHA.

2. Your Education, Employment and Training

This section is about whether you want to keep learning or find a job.
Think about where you'd like to work and what you need to do to get there.
Consider school, college, university or apprenticeships.

Backup Plan & my other options:

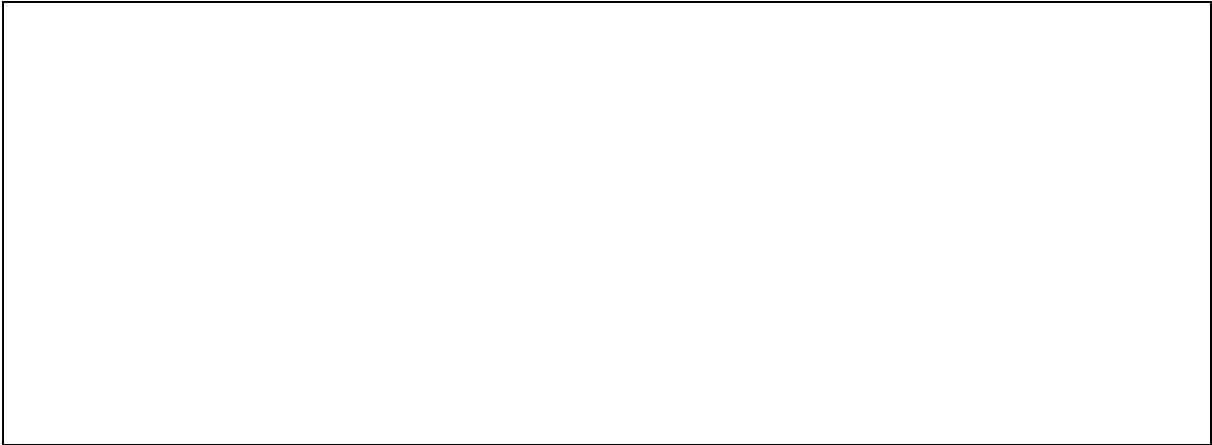
What will you do if you get stuck?

Useful information & contacts:

Details of college (or university, training provider, etc.) or employer:

Course or job title:	
Name of college or employer:	

Any Previous Qualifications:



3. Your Health

This section is about what you need to do to keep yourself healthy and eat well.

Current health situation:

My long-term goals:

Backup Plan & my other options:

What will you do if you get stuck?

Useful information & contacts:

Do you take part in any of the following: (Please tick)

	Yes	No
Drinking Alcohol		
Smoking		
Taking drugs		

Do you feel you need any help or advice with any of the following: (Please tick)

	Yes	No
Alcohol		
Smoking		
Drugs		
Making and attending appointments		
Eating well and taking care of yourself		
Mental Health		
Sexual Health		
Physical Health		
Under 18: Accessing your Looked After Children Health Assessment		
Over 18: Information about how to access your health history		

Other related questions:

	Yes	No
Do you know how to register with a GP?		
Do you know how to access local health services?		
Have you had an eye test in the last 12 months?		
Have you had a dental check in the last 9 months?		
Under 18: Have you had your Looked after Children Health Assessment in the last 12 months?		
Over 18: Have you got a copy of your Care Leavers Access to Health History Report and a list of your immunisations?		

Doctor:	
Contact details:	

Dentist:	
Contact details:	

Optician:	
Contact details:	

4. Your Friends and Family

This section is who you want to stay connected with.
Important family and friends who give us support.

Who in your life is supportive to you? (For example friends, family, foster carer):

Backup Plan & my other options:

What will you do if you get stuck?

Useful information & contacts:

Questions about family

	Yes	No
Do you wish to see your family or people important to you?		
Is support in place to see your family or people that are important to you?		
Do you need support when you see your family or people that are important to you?		

How often do you see family/these people? ___ times per week

How often *would you like* to see family/these people? ___ times per week/month/year

5. Your Life Skills (needed to live independently)

This section is about skills you need to learn, e.g: cooking, cleaning, doing the laundry, getting to places; and, about how confident you feel doing these things.

Think about whether there are skills you'd like to learn more about.

These are my present life skills:

My long-term goals:

Backup Plan & my other options:

What will you do if you get stuck?

Useful information & contacts:

Other related questions:

How confident do you feel about doing the following tasks (tick):

	Not confident	Confident	Very confident
Shopping			
Preparing meals			
Eating a balanced diet			
Getting to/from places			
Doing laundry			
Practical tasks in a home e.g. boiler, heating, smoke alarm, meter readings, knowing how to switch the water off in an emergency			
Making and keeping appointments			
Being at home on my own			
Contacting emergency services			

The next section, 'Your Money', looks at managing a budget and any further support you may need with managing money.

	Yes	No
Do you know what a tenancy agreement is?		

6. Your Money

This section is about whether you'd like help budgeting and managing your money. For example, you might want to save up for something important.

Questions about how confident you are managing your money:

	Not confident	Confident	Very confident
Budgeting			
Paying bills			
Dealing with banks			
Coping with debt			

Other related questions:

	Yes	No
Do you have a bank account?		
Do you have a savings account?		
Do you save money regularly?		

If you do not save currently, this is something you may want to think about doing now, so you have money for the future. Your Social Worker/Personal Advisor can provide information about how to access Child Trust Fund (CTF) or Junior Savings Account (JSA)/ Individual Savings Account (ISA).

MONEY COMING IN

	Yes	No	Amount per month
Do you receive wages?			£
Do you receive housing benefit?			£
Do you receive other benefits?			£
Do you receive student loan?			£
Do you receive maintenance?			£
	<i>TOTAL</i>		£

MONEY GOING OUT

Budgeting - my weekly/monthly budget is (use *TOTAL* above): _____

	Amount spent per month
Rent (accommodation cost)	£
Food	£
Bills	£
Travel	£
Clothing	£
Leisure	£
Other	£
<i>TOTAL</i>	£

Is the total COMING IN _____ more than the total GOING OUT _____?

If not, then you may wish to ask your Social Worker/Personal Advisor to support you with managing your budget each month, including Independent Living Allowance (ILA) payments.

My long-term goals:

There may be times The Looked After Children’s Team/Care Leavers’ Service can support you by giving you money for something, and will transfer money to your bank account.

What are your account details?

Bank name:	
Account number:	
Sort code:	

What are your hobbies and interests? Do you need any support?

See end of this document for details of Care Council/Participation

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Your status (If asylum seeking):

Legal status:	
Immigration Status:	
Asylum status:	

Questions about your identity documents

	Yes	No
Do you have a current passport?		
Do you have a national insurance number?		
Do you have a birth certificate?		
Over 18: Are you registered to vote?		

Your passport number and national insurance number will be recorded on Surrey County Council data recording system.

8. Emotion and Behaviour

Your feelings, what you are confident about, things you would like to improve and how you behave.

Things you feel you are good at and are confident about:

Are there situations you don't feel confident or in control? Or that worry you?

Are there situations you struggle in / what support do you need?

Questions about social presentation

	Yes	No
Are you confident talking to professionals?		
Are you confident going to interviews?		
Do you feel able to say no to friends/family?		

Actions

Home: The steps I will take over the next 6 months to achieve my long term accommodation goals:	From who?	By when?
Education, Employment & Education: The steps I will take over the next 6 months to achieve my long term Education, Employment & Training goals:		
Health: The steps I will take over the next 6 months to achieve my long term health goals:		

<p>People that are important to you: The steps I will take over the next 6 months to achieve my long term friends and family goals:</p>	From who?	By when?
<p>Life skills: The steps I will take over the next 6 months to achieve my long term life skills goals:</p>		
<p>Money: The steps I will take over the next 6 months to achieve my long term money goals:</p>		

Identity: The steps I will take over the next 6 months to achieve my long term identity goals:	From who?	By when?

Final comments

This section is for you; your Carer, Social Worker/Personal Advisor and Team Manager to comment on things they are proud of you achieving, and how they think you are doing.

Final comments from you:

Final comments from Carer/Key Worker:

Final comments from Social Worker/Personal Advisor (PA):

Final comments from Team Manager:

Signatures

Your signature:

Social Care/Personal Advisor (PA):

Team Manager:

The Surrey Care Council

At Care Council we:

- Chat about the things that are important to children and young people in care.
- Take all the issues and things we want to change to the top managers in the corporate parenting group at Surrey.
- Meet other young people in care and make new friends.
- Go on fun days out doing things like go-karting and concerts and lots more with the group.

Being a part of Care Council means you:

- Can get involved in 'recruit crew' and help interview any new workers in Surrey.
- Can take issues to the corporate parenting board (a group of senior managers who have the power to change things).
- Have the chance to become a professional and help train social workers and foster carers who work with children and young people – this is called Total Respect training.
- Meet up once a month for discussions, food and activities.
- Make a difference to the care system.

Contact

- Email: care.council@surreycc.gov.uk
- Text: 07896 998 796
- Freephone: 08000 562 132 (not free from mobiles)

The Children's Rights team, who run care council, can also support you if you need to make a complaint. If you are not getting what you need from Surrey County Council, you can contact them on:

- Email: be.heard@surreycc.gov.uk
- Text: 07805 846 386
- Freephone: 08000 562 132 (not free from mobiles)

